

Summer Health & Safety - Many Things to Consider

Richland Public Health wants Richland County residents to have a fun and productive summer while keeping safety in mind during summer planning. The information below is available at richlandhealth.org under the “Personal” menu and listed as “Summer Safety” (<https://richlandhealth.org/personal/summer-safety/>). A quick synopsis:



Heat Safety: People suffer **heat-related illnesses** such as heat stroke, heat exhaustion and hyperthermia (when the body’s temperature-control system is overloaded). Sweating is the body’s natural way of cooling itself. In periods of high humidity, sweating alone will not provide an adequate release of body heat.

Recreational Water Illnesses: **RWIs** are caused by germs spread by swallowing, breathing in mists, or having contact with contaminated water in swimming pools, water parks, hot tubs,

interactive fountains, water play areas, lakes, rivers, or oceans. RWI advice on our website includes steps for all swimmers and for parents of young children.

Water Safety: Playing in the water is an excellent way to have fun and get exercise. However, young children are at greater risk of drowning in swimming pools while older youth are at greater risk of drowning in natural bodies of water. Find safe swimming tips for all ages.

Skin Cancer: The most common form of cancer, affecting over 1 million Americans a year, even with awareness about prevention and early detection.

Summer Weather Tips: Learn about heat safety and lightning safety on our summer safety page.

Picnics: A special part of many summertime activities. But if picnic foods are not handled safely, they can cause foodborne illness. To prevent illness, take safety on your picnic.

A COVID-19 NOTE: Being outside decreases the chances to spread COVID-19. Vaccinated or not, everyone should continue to wash hands or use hand sanitizer as a common defense against any virus.

COVID-19 Vaccination Information

All adults ages 18 and older can get a COVID-19 vaccination using either the two-dose Moderna and Pfizer vaccines or the one-dose Johnson and Johnson vaccine. Individuals 12 and older can get the two-dose Pfizer vaccine.

Our registration number is **1-419-774-4700**. See richlandhealth.org/vaccine-registration for updates and contacts for all Richland County providers.

As of June 2, Richland County had vaccinated 40,535 with at least one dose of the vaccine and Ohio had vaccinated 5.32 million individuals.

COVID-19 Cases as of June 2, 2021 (cases since 12/31/2019)

Location	Total Cases	Deaths	Total Recovered
Richland County	11,556	215	11,152
Ohio	1,102,890	19,923	1,066,673
United States	33,308,110	595,849	27,986,542
Worldwide	171,758,358	3,693,432	155,184,686

The Richland Public Health “Health Report” is a monthly production of the Community Health and Prevention Sciences Division. Suggestions and corrections, including mailing label corrections, are welcome. Call Reed Richmond, Health Education and Communications Specialist, at 419-774-4726 or email r-richmond@richlandhealth.org

VITAL STATISTICS

The Vital Statistics division maintains records of all births and deaths in Richland County since 1908. For information on obtaining a birth or death certificate, check the website at richlandhealth.org or call 419-774-4500.

	April . .	YTD
Total Births (all ages)	108	441
Births to Teens.....	7	26
Repeat Births*.....	65	277

	April . .	YTD
Total Deaths	115	558
Female.....	53	276
Male.....	62	282

Causes of Death

Heart Related.....	36	169
Cancer.....	19	80
COVID-19 (coronavirus).....	3	74
Alzheimer's/Dementia.....	7	36
Lung Diseases.....	7	33
Accidents (drugs/falls/crashes).....	4	25
Strokes/CVA.....	4	24
Flu/Pneumonia.....	5	14
Renal/Kidney.....	4	12
Parkinsons.....	1	4
Suicides.....	2	4
Homicides.....	1	3
Other (not listed above).....	14	62
Deaths Pending Autopsy.....	8	17

*repeat births = 2nd or more live births
Birth & Death statistics include City of Shelby

Infant Mortality: Richland County
For April: 0 **For 2021 to date: 1**

Infant mortality is defined as the death of a baby before his or her first birthday. Infant deaths are considered an important indicator of the overall health of a society. Deaths to residents occurring outside of Richland County are not reflected in county death statistics. **KNOW the SAFE SLEEP ABC's: Alone, on Back, in a Crib.**

CALLING THE HEALTH DEPARTMENT

Main Number.....	419-774-4500
Public Health Clinic.....	419-774-4700
Public Health Nursing.....	419-774-4540
Environmental Health.....	419-774-4520
Com. Health & Prev. Sciences.....	419-774-4761
WIC.....	419-774-4560

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