

Say "HELLO" to summer!

The first day of summer is June 21st!



Water activities are a great way to stay cool and to engage in healthy exercise. **Richland Public Health wants to remind everyone to stay safe in and around water.**

The Environmental Health Division licenses approximately 65 public swimming/wading pools, and spas including those located in apartments, hotels, motels, neighborhood associations, parks, health clubs, and other health regulated recreational establishments to minimize the risk of illness and to reduce safety hazards resulting in accidents. Year-round pools are inspected twice a year and seasonal outdoor pools are inspected annually.

Check Yourself



BEE Safe



BEE Responsible



BEE Kind



Honey Do(s) for Swimming

- Before you go -->Check the latest inspection results on state or local health department website.
- Shower before you get into the water.
- Use well-fitting, Coast Guard-approved life jackets for flotation assistance.
- Watch children at all times. Kids can drown in seconds and in silence.
- Take kids on bathroom breaks and check diapers (away from swimming areas) every hour.
- Dry your ears thoroughly after swimming.

Honey Don't (s)

- Don't swallow the water.
- Don't pee or poop in the water.
- Don't swim if you had diarrhea or sickness in the last 2 weeks.
- Don't swim with open wounds (new tattoos or piercings included).

For more Summer Safety Tips on swimming, food safety, and sun safety

See richlandhealth.org; cdc.gov/healthywater/swimming

PUBLIC HEALTH NURSING

Health services for people of all ages who are residents of Richland County. Services are provided through our on-site clinic, in the community and through our home visits.

Public Health Clinic	April	YTD
Immunizations (visits).....	119.....	469
International Travel (visits).....	8.....	13
Nurse Appointments.....	18.....	129
Vaccinations (COVID/Other).....	45.....	295
Total Visits.....	229.....	797

All visits to the clinic are by appointment. Call 419-774-4700 to schedule an appointment.

Public Health Nursing	April	YTD
CMH (case contacts).....	299.....	1,195
Community Health Screenings.....	107.....	119
Influenza Vaccines.....	0.....	13
Lead Case Management.....	0.....	0
Newborn/Prenatal Home Visits.....	11.....	109
Cribettes distributed.....	3.....	12
School Nurses (student care YTD).....	237.....	707

Communicable Disease Report	April	YTD
Infectious Disease (not flu/sti/COVID).....	20.....	50
Influenza (A&B).....	121.....	335
Hospitalizations due to Influenza.....	4.....	6
COVID-19 (Coronavirus).....	165.....	6,874
Hospitalizations due to COVID.....	45.....	143

Sexually Transmitted Infections	April	YTD
STI Positive Results.....	54.....	228
Chlamydia.....	38.....	166
Gonorrhea.....	16.....	62
Syphilis.....	0.....	0

WIC Services- April

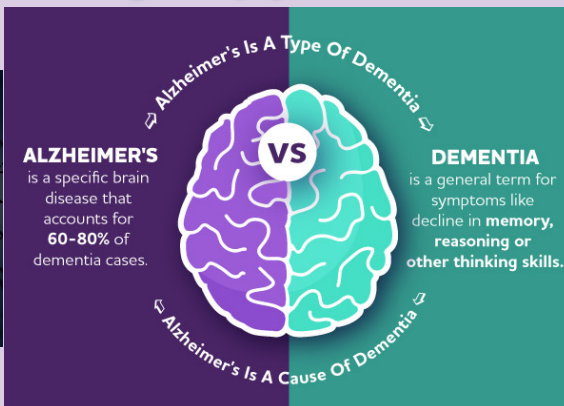
New Participants	201
Recertifications	130
Other Contacts	572
Total Ashland & Richland Counties:	903



Alzheimer's & Brain Awareness Month

The Longest Day
June 21, 2022

The Longest Day is the day with the most light — the summer solstice. On June 21, people from across the world will fight the darkness of Alzheimer's through a fundraising activity of their choice.



Imagine living your whole life and not remembering it.
Imagine forgetting those you love the most.
Imagine becoming as vulnerable as a small child.
Imagine how terrifying it must be to have dementia.

You can't...but you can be dementia friendly.
Raise Awareness

Learn more at: richlandhealth.org; richlandmentalhealth.com; alz.org/nwohio; nami.org; nimh.nih.gov

National Health Observances June: National Safety Month; Cataract Awareness Month; Men's Health Month; Migraine and Headache Awareness Month; June 14-19: Men's Health Week; June 20-26: National Lightning Safety Awareness Week; June 6: Cancer Survivor's Day; June 27: PTSD Awareness Day

June 13-19 is Men's Health Week



Fellas, don't put off until tomorrow, what you can do today. Schedule your wellness visit with your health care provider. Discuss family history, family planning, mental health, and personal habits, such as alcohol and tobacco use. Schedule necessary tests and screenings like the ones offered by **Richland Public Health Nurses**.

Set healthy goals like: keep good sleep habits, maintain healthy relationships, be active, maintain a healthy weight and do good things for you and your happiness.

LIVE WELL & BE WELL

STAY AHEAD & STAY SAFE

Call today to get your BOOSTER

419-774-4700

For COVID-19 Updated guidance:

Visit richlandhealth.org

VITAL STATISTICS

The Vital Statistics division maintains records of all births and deaths in Richland County since 1908. For information on obtaining a birth certificate, visit our website at richlandhealth.org or call 419-774-4500.

	<u>April</u>	<u>YTD</u>
Total Births (all ages).....	95.....	439
Births to Teens	9.....	21
Repeat Births*.....	63.....	267
Total Deaths	144.....	693
Female.....	76.....	348
Male.....	68.....	345

Causes of Death

Accidents (drugs/falls/crashes).....	6.....	15
Alzheimers/Dementia.....	9.....	61
Cancer.....	24.....	114
COVID-19 (Coronavirus).....	1.....	80
Flu/Pneumonia.....	6.....	25
Heart Related.....	37.....	175
Homicides.....	2.....	3
Lung Diseases.....	10.....	35
Renal/Kidney.....	9.....	28
Strokes/CVA.....	6.....	22
Suicides.....	3.....	12
Other (not listed above).....	23.....	76
Deaths Pending Autopsy.....	8.....	8

*Repeat Birth= two or more live births
Birth & Death statistics include City of Shelby
Deaths of residents occurring outside of Richland County are not reflected in county death statistics.

MOSQUITOS AND TICKS



The Mosquito Control Program's primary focus is to reduce the risk of mosquito borne disease.



It takes just 7 -14 days to go from eggs to adult flying mosquitoes



DISEASES CARRIED BY MOSQUITOES

- * Chikungunya * Dengue
- * Eastern equine encephalitis
- * St. Louis encephalitis
- * West Nile * Yellow fever * Zika



Richland Public Health's (RPH) **Environmental Health Division** encourages all Richland County residents to take action and prevent **mosquito bites**. Reducing the number of mosquitoes reduces the risk of mosquito bites. Mosquitoes can breed and lay eggs in any standing water.

***ONCE EVERY WEEK--->GET RID OF STANDING WATER AROUND YOUR PROPERTY<---**

Pick up and throw away items that hold water like tires, trash, and containers.

Empty excess water from buckets, planters, flowerpot saucers and trash cans.

Scrub clean and refill with fresh water in toys, kiddie pools, and birdbaths.

RPH conducts **mosquito trapping and surveillance** to identify the types of mosquitoes present and to see if they carry any disease. Mosquito spraying, weather-permitting, helps control mosquito breeding. Spraying events are posted every Friday during the active mosquito season, on the Richland Public Health website, Facebook and Twitter pages.

Richland Public Health also encourages residents to take precautions against **tick bites**, and possible transmittal of diseases, like Lyme disease. **Always check for ticks on clothing and on pets when returning from outside particularly after being in brush or forested areas.**

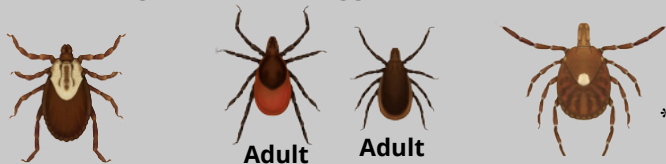
Infant Mortality: Richland County

April: 0 **Year To Date: 1**

Infant mortality is defined as the death of a baby before his or her first birthday. Infant deaths are considered an important indicator of the overall health of a society. Remember:

SAFE SLEEP ABC's: Alone, on Back, in a Crib.

American Dog Tick * Blacklegged Tick * Lone Star Tick **DISEASES CARRIED BY**



Adult Female **Adult Male**

- TICKS**
- *Anaplasmosis
 - *Ehrlichiosis
 - *Lyme disease*Powassan
 - *Rocky Mountain spotted fever
 - *Tularemia

Learn more at: richlandhealth.org; cdc.gov/mosquitoes; cdc.gov/ticks

CALLING THE HEALTH DEPARTMENT

Main Number.....	419-774-4500
Comm. Health/Prev. Sciences.....	419-774-4761
Environmental Health.....	419-774-4520
Public Health Clinic.....	419-774-4700
Public Health Nursing.....	419-774-4540
WIC.....	419-774-4560

The Richland Public Health "Health Report" is a monthly production of the Community Health & Prevention Sciences Division. Suggestions and corrections, including mailing label corrections, are welcome. Call Shannon Nelson, CHPS Coordinator, at 419-774-4761 or email snelson@richlandhealth.org

Richland Public Health is an equal opportunity employer/provider of services.

RETURN SERVICE REQUESTED

**GET YOUR VACCINES!
Call 419-774-4700 for appointment**



Richland Public Health
Prevent. Promote. Protect.
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