

Don't Leave Children Unattended in Cars

Heatstroke (body temperature exceeds 104°) is caused by prolonged exposure to high temperatures. The medical symptoms include dizziness, disorientation, agitation, confusion, sluggishness, seizure, hot dry skin that is flushed but not sweaty, loss of consciousness, rapid heart beat, and hallucinations. A core body temperature of 107° can be lethal.

Heatstroke is a particular problem for children. Their thermoregulatory systems are not as efficient as an adult's and their body temperatures warm at a rate 3 to 5 times faster than an adult's.

Children being left in cars is the most common reason for childhood death due to heatstroke. Here's the number of U.S. heatstroke deaths for children left in cars: 2021: 5 (through July 1); and for the last four years, 2020: 25; 2019: 53; 2018: 53; 2017: 44. Since 1998 to present: 888; Average per year since 1998: 38 or one every nine days. (see: <http://www.noheatstroke.org>)

Sadly, the most common reason for a child death from vehicular heatstroke is the child was "forgotten" by the caregiver.

Temperatures inside a car even on a mild day (70°) can rise as much as 43° in an hour. Cracking the window does little to help. On a very hot day, temperatures of some objects in a car (dashboard) can rise to 200°.



SAFETY FIRST

- Never leave a child unattended in a car; not even for a minute.
- If you see an unattended child in a car, call 9-1-1.
- Be sure that all occupants leave the vehicle when unloading.
- Put something you'll need later in the back seat with the child.
- Make "look before you lock" a routine whenever you get out of the car. Remember: **"Beat the Heat; Check the Back Seat."**

Need your car seat install checked? Richland Public Health has three child passenger safety technicians. Call 419-774-4726. (CPST Reed Richmond's granddaughter Mariah Stoner, above).

COVID-19 Vaccination Information

All adults ages 18 and older can get a COVID-19 vaccination using either the two-dose Moderna and Pfizer vaccines or the one-dose Johnson and Johnson vaccine. Individuals 12 and older can get the Pfizer vaccines (Moderna is pending approval).

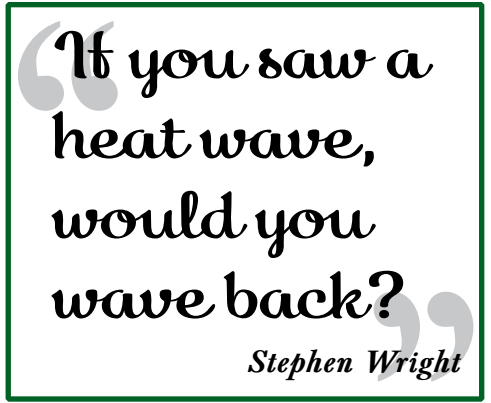
Our registration number is 1-419-774-4700. See richlandhealth.org/vaccine-registration for updates and contacts for all Richland County providers.

As of July 1, Richland County had vaccinated 42,235 with at least one dose of the vaccine and Ohio had vaccinated 5.57 million individuals.

COVID-19 Cases as of July 1, 2021 (cases since 12/31/2019)

Location	Total Cases	Deaths	Total Recovered
Richland County	11,622	215	11,322
Ohio	1,111,324	20,299	1,083,949
United States	33,666,198	604,718	29,026,688
Worldwide	182,303,080	3,948,970	167,641,971

The Richland Public Health "Health Report" is a monthly production of the Community Health and Prevention Sciences Division. Suggestions and corrections, including mailing label corrections, are welcome. Call Reed Richmond, Health Education and Communications Specialist, at 419-774-4726 or email richmond@richlandhealth.org



VITAL STATISTICS

The Vital Statistics division maintains records of all births and deaths in Richland County since 1908. For information on obtaining a birth or death certificate, check the website at richlandhealth.org or call 419-774-4500.

	May	YTD
Total Births (all ages)	106	547
Births to Teens.....	7	33
Repeat Births*.....	71	348
Total Deaths	123	680
Female.....	50	325
Male.....	73	355
Causes of Death		
Heart Related.....	38	210
Cancer.....	22	102
COVID-19 (coronavirus).....	8	82
Alzheimer's/Dementia.....	9	45
Lung Diseases.....	4	37
Accidents (drugs/falls/crashes).....	3	31
Strokes/CVA.....	6	30
Renal/Kidney.....	10	22
Flu/Pneumonia.....	2	16
Suicides.....	1	6
Parkinson's.....	1	5
Homicides.....	0	3
Other (not listed above).....	11	73
Deaths Pending Autopsy.....	8	17

*repeat births = 2nd or more live births
Birth & Death statistics include City of Shelby

Infant Mortality: Richland County

For May: 0 **For 2021 to date: 1**

Infant mortality is defined as the death of a baby before his or her first birthday. Infant deaths are considered an important indicator of the overall health of a society. Deaths to residents occurring outside of Richland County are not reflected in county death statistics. **KNOW the SAFE SLEEP ABC's: Alone, on Back, in a Crib.**

CALLING THE HEALTH DEPARTMENT

Main Number	419-774-4500
Public Health Clinic.....	419-774-4700
Public Health Nursing.....	419-774-4540
Environmental Health.....	419-774-4520
Community Health Sciences.....	419-774-4761
WIC.....	419-774-4560

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RETURN SERVICE REQUESTED



555 Lexington Avenue, Mansfield, OH 44907
Prevent, Promote, Protect.
Richland Public Health