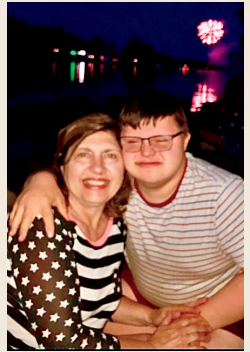


Richland Public Health Nurses assist families to navigate, network and advocate

Richland Public Health's (RPH) **Children with Medical Handicaps Program (CMH)**, is administered by the Ohio Department of Health. Public Health Nurses (PHN) provide case management services to connect families of children with health care needs to a network of providers and payment for services. **Penny Gardiner RN, BSN**, works with the family of 18 year old Aaron, whose journey with RPH began when he was just an infant in the Newborn Home Visits program. His PHN during the visits provided health care resources, made referrals, and also assessed his growth and development.



Aaron and Donna

Aaron has thyroid, vision, hearing and craniofacial structure abnormalities which qualify him for CMH. Donna, Aaron's mother, remembers the feeling of relief when they became part of CMH. It was a difficult time, when issues burdened her financially, mentally and physically. She states everything changed when she met Penny. Penny immediately helped her compile a "watch for" list of issues Aaron could encounter due to his overarching diagnosis of Down Syndrome-which is not a CMH qualifying diagnosis. The list included everything Aaron deals with today. Aaron has an upcoming plastic surgery to align the bones in his face, followed by braces to correct his underbite. He's had procedures to correct his vision and hearing and his hearing aids will arrive very soon. Donna remarks, "I am so surprised the program picks up the tab on majority of Aaron's medical bills. There were about seven years I thought we no longer qualified because we made too much money for other programs. Then one day in 2011 Penny called and asked me why Aaron was no longer in CMH. I told her, 'we don't qualify' but she repeatedly insisted I apply anyway, so I did. Penny's persistence is exactly what I needed." Donna says the guidance, support and encouragement from Penny is sometimes so vital to completing overwhelmingly daunting tasks. Penny's support extends to locating and sometimes calling and advocating to healthcare providers and service agencies for Aaron in ways Donna never knew possible. This is largely due to Penny's experience, knowledge of the field and her genuine desire to get the best outcomes for Aaron.



Donna and Penny BSN, RN

Donna encourages every parent in Richland County who has a child with a not so typical healthy journey to call Richland Public Health and inquire about the

Children with Medical Handicaps program. No matter how much money you make or how many other programs you have been denied, she urges "apply for this program." She says her only regret was time spent out of the program when she thought they no longer qualified. Thanks to Penny's persistence and patience, Aaron has been able to get the medical services he needs for a fulfilling and productive life, without the financial defeat associated with, "making too much (money to qualify) for public assistance, but not enough to cover the needs. People who typically fall between the cracks." Penny explains, "So many people don't realize they actually qualify for the program. We use a cost share analysis tool which compares what the family earns to what they actually use for all household expenses including childcare, medical expenses and deductibles. People are shocked to learn there really is help for them"

The CMH program is not just for infants and small children. The program is for qualifying children from birth to 23 years old. Donna says during Penny's recent annual, she assisted her with completing guardianship documents. Aaron is legally an adult, but he is not competent to make sound decisions for himself. While this is a really big step in their lives, "I have never felt alone with anything, because I know I can always call Penny to help me with anything" says Donna with a warm smile.

Call 419-774-4540 for information about Children with Medical Handicaps Program.



August 15
National Relaxation
Day

"Rest is not idle, it is not wasteful. Sometimes rest is the most productive thing you can do for body and soul."
Erica Layne

PUBLIC HEALTH NURSING

Health services are for Richland County residents of all ages. Services are provided through our on-site clinic, in the community and through our home visits.

Public Health Clinic	June	YTD
Immunizations (visits).....	125.....	716
International Travel (visits).....	9.....	26
Nurse Appointments.....	44.....	209
Vaccinations (COVID/Other).....	59.....	574
Total Visits.....	164.....	1,158

All visits to the clinic are by appointment.
Call 419-774-4700 to schedule an appointment.

Public Health Nursing	June	YTD
CMH (case contacts).....	411.....	2,278
Community Health Screenings.....	56.....	335
Influenza Vaccines.....	0.....	13
Lead Case Management.....	0.....	0
Newborn/Prenatal Home Visits.....	8.....	127
Cribettes distributed.....	3.....	21
School Nurses (student care YTD).....	7.....	979

Communicable Disease Report

Infectious Disease (not flu/sti/COVID).....	10.....	76
Influenza (A&B).....	4.....	357
Hospitalizations due to Influenza.....	0.....	6
COVID-19 (Coronavirus).....	632.....	8,166
Hospitalizations due to COVID.....	14.....	282

Sexually Transmitted Infections

STI Positive Results.....	64.....	338
Chlamydia.....	49.....	251
Gonorrhea.....	15.....	87
Syphilis.....	0.....	0

WIC Services- June

New Participants	147
Recertifications	107
Other Contacts	505
Total Ashland & Richland Counties	759



National Health Observances August: National Eye Exam Month; Children's Eye Health and Safety Month; Psoriasis Awareness Month; August 8-14: National Health Center Week; August 30: National Grief Awareness Day

Breastfeeding Awareness Month 2022 Theme; Step up for Breastfeeding

Moms exclusively breastfeeding at discharge after birth

Ohio Department of Health 2020

White, Non-Hispanic 56.7%

Black, Non-Hispanic 36.8%

Hispanic 45.9%



May you always walk in sunshine.
May you never want for more.

Irish Blessing



VITAL STATISTICS



The Vital Statistics division maintains records of all births and deaths in Richland County since 1908. For information on obtaining a birth certificate, visit our website at richlandhealth.org or call 419-774-4500.

	June	YTD
Total Births (all ages).....	110.....	639
Births to Teens	8.....	34
Repeat Births*	70.....	388

	June	YTD
Total Deaths	122.....	969
Female.....	60.....	471
Male.....	62.....	473

Causes of Death

Accidents (drugs/falls/crashes).....	5.....	44
Alzheimers/Dementia.....	4.....	78
Cancer.....	17.....	152
COVID-19 (Coronavirus).....	1.....	87
Flu/Pneumonia.....	7.....	37
Heart Related.....	42.....	251
Homicides.....	1.....	4
Lung Diseases.....	7.....	47
Renal/Kidney.....	5.....	42
Strokes/CVA.....	6.....	32
Suicides.....	1.....	20
Other (not listed above).....	22.....	115
Deaths Pending Autopsy.....	3.....	24

*Repeat Birth= two or more live births

Birth & Death statistics include City of Shelby
Deaths of residents occurring outside of Richland County are not reflected in county death statistics.

Infant Mortality: Richland County

June: 0

Year To Date: 1

Infant mortality is defined as the death of a baby before his or her first birthday. Infant deaths are considered an important indicator of the overall health of a society. Remember:

SAFE SLEEP ABC's: Alone, on Back, in a Crib.

CALLING THE HEALTH DEPARTMENT

Main Number.....	419-774-4500
Comm. Health/Prev. Sciences.....	419-774-4761
Environmental Health.....	419-774-4520
Public Health Clinic.....	419-774-4700
Public Health Nursing.....	419-774-4540
WIC.....	419-774-4560

Breastfeeding is best for baby. Richland Public Health (RPH) can assist moms who chose to breastfeed their babies.

RPH's Women Infant and Children (WIC) is the nation's premier health and nutrition program for pregnant women, women with a baby less than six months old, breastfeeding mothers, and families of infants and children up to 5 years old. Breastfeeding consultants provide support for everything from education, to providing nutritious food to nurture a successful breastfeeding journey for the mother and the baby.

Aug. 1-7 is World Breastfeeding Week (WBW). August 25-31 is Black Breastfeeding Week. Research suggests that breastfeeding is a key modifiable factor for disease in both mothers and infants. The American Academy of Pediatrics (AAP) and the World Health Organization (WHO) recommend exclusive breastfeeding for the first six months of life with the addition of appropriate solid food for the first year and beyond.

Call for an appointment: Richland WIC: 419-774-4560; Ashland WIC: 419-289-3359
richlandhealth.org/departments/wic/; womenshealth.gov/breastfeeding/; waba.org/my/warm-chain/

August is National Immunization Awareness Month

You have the power to protect against
Vaccine Preventable Diseases and their complications.
Vaccines are safe and effective.

Polio



Whooping Cough
(Pertussis)

Flu (Influenza)

Tetanus

Measles

Pneumococcal
Disease

Rotavirus

Rubella

Diphtheria

Chickenpox

Hepatitis B

Mumps

Hepatitis A

Stay current with Child and Adult Routine Vaccinations

Call 419-774-4700 today to schedule an appointment

Immunizations to keep friends TOGETHER!

Vaccinate

on time.

Getting vaccines at the recommended time is the best way to protect against serious diseases.

National Immunization
Awareness Month



Ask Your Child's Healthcare Provider about their COVID-19 Vaccination or Booster

*The CDC recommends children and adolescents age 6 months to 17 years who are moderately or severely immunocompromised should receive a three-shot series of the Pfizer or Moderna vaccine.

For updated COVID-19 guidance: Visit richlandhealth.org

The Richland Public Health "Health Report" is a monthly production of the Community Health & Prevention Sciences Division. Suggestions and corrections, including mailing label corrections, are welcome. Call Renda Cline, Health Education and Communications Specialist, at 419-774-4726 or email rcline@richlandhealth.org

Richland Public Health is an equal opportunity employer/provider of services.

RETURN SERVICE REQUESTED

GET YOUR VACCINES!
Call 419-774-4700 for appointment



555 Lexington Ave., Mansfield, Ohio 44907
419-774-4500 • www.richlandhealth.org
Prevent. Promote. Protect.
Richland Public Health