

27th National Public Health Week: April 4-10-2022

Theme: Public Health is Where You Are

Public Health is indeed Where Your Are. It is the air you breathe, the food you eat, and the community where you live, laugh and love. Public Health is part of all our lives. We each play a role, passively or actively, we have a part in all of it. Take an intentional look at the daily themes and decide where you can actively make a positive impact in your Richland County's Public Health.



Daily Themes of National Health Week

- Monday: **Racism: A Public Health Crisis** - Apply a racial equity lens to all decisions about policies and programs.
- Tuesday: **Public Health Workforce**: Advocate for a diverse public health workforce and training addressing implicit bias and cultural competency.
- Wednesday: **Community: Collaboration and Resilience** - Encourage local government to support and fund healthy community design.
- Thursday: **World Health Day: Health is a Human Right** - Support public health leaders and workers defending our right to health.
- Friday: **Accessibility: Closing the Health Equity Gap** - Encourage your representatives in Congress to support health equity legislation.
- Saturday: **Climate Change: Taking Action for Equity** - Support your local health department to advance health equity and climate resilience.
- Sunday: **Mental Wellness: Redefining the Meaning of Health**.

April is National Minority Health Month Give Your Community a Boost



Getting the COVID-19 vaccination and booster are ways to promote a healthy community. Schedule your appointment today at Richland Public Health 419-774-4700 or visit richlandhealth.org/covid-vaccine-qa for a list of area providers. Richland County has vaccinated 54,916 individuals with at least one dose and the state of Ohio has vaccinated 7.159 million individuals as of February 28, 2022.

RPH's Public Health Nurses offer Community Health Screens to help find diseases before symptoms appear. Prevention and early detection help individuals stay happy, healthy and safe. A few of the available screens include:

Type of Screening	Checks Levels of
Blood Pressure Reading (Free)	Hypertension (High blood pressure) Hypotension (Low blood pressure)
Blood Sugar Check (Free)	Hyperglycemia (high blood sugar) Hypoglycemia (low blood sugar)
Cholesterol Check (\$12)	Good cholesterol (HDL) Bad cholesterol (LDL) Triglycerides



Free education and referrals provide helpful information to the public about health issues and how to connect with community resources when those services are needed.

View the 2022 Schedule at
<https://richlandhealth.org>

DID YOU KNOW?

Heart Disease and Cancer continue to be the leading causes of minority fatalities.



Maintaining a healthy diet and regular exercise help promote a healthy lifestyle and prevent diseases.



Prevent illness. Promote healthy lifestyles. Protect your health.

PUBLIC HEALTH NURSING

Health services for people of all ages who are residents of Richland County. Services are provided through our on-site clinic, in the community and through our home visits.

Public Health Clinic	February	YTD
Immunizations (visits).....	124.....	223
International Travel (visits).....	1.....	4
Nurse Appointments.....	0.....	0
Vaccinations (COVID/Other).....	45.....	274
Total		
Visits	135.....	428

All visits to the clinic are by appointment.
Call 419-774-4700 to schedule an appointment.

Public Health Nursing	February	YTD
CMH (case contacts).....	261.....	567
Community Health Screenings.....	4.....	8
Influenza Vaccines.....	13.....	13
Lead Case Management.....	0.....	0
Newborn/Prenatal Home Visits.....	8.....	17
Cribettes distributed.....	4.....	9
School Nurses (student care YTD).....	221.5.....	468.5

Communicable Disease Report	February	YTD
Infectious Disease (not flu/sti/COVID).....	20.....	27
Influenza (A&B).....	12.....	44
Hospitalizations due to Influenza.....	0.....	1
COVID-19 (Coronavirus).....	689.....	6,482
Hospitalizations due to COVID.....	45.....	143

Sexually Transmitted Infections	February	YTD
STI Positive Results.....	56.....	56
Chlamydia.....	43.....	79
Gonorrhea.....	9.....	24
Syphilis.....	4.....	9

WIC Services- Jan.

New Participants	111
Recertifications	117
Other Contacts	400
Total Ashland & Richland Counties:	635



National Health Observances for April: Alcohol Awareness Month; Distracted Driving Awareness Month; Sexual Assault Prevention and Awareness Month; Donate Life Month; **April 5-11**: STD Awareness Week; **April 10-16**: World Immunization Week; **April 24-30**: National Infant Immunization Week; **April 7**: World Health Day

National Stewardship Week is April 24- May 1

Healthy Soil + Health= "Rich-Land"

How can you invest in our planet and help build a healthy community?

We are so glad you asked!!



- 1-Don't Litter! Put trash in trash cans.
- 2-Recycle-Learn how at:
richlandhealth.org/our-community/recycle-richland
- 3-Properly dispose of unused or expired medications:



National Take Back Day

April 30th, 2022 10AM-2PM

125 National Parkway, Mansfield, OH 44906



- 4-Join Earth Stewardship activities:
<https://ci.mansfield.oh.us/earth-stewardship-celebration-2021>

April is National Child Abuse Prevention Month

Child abuse and neglect definition (noun):

1. Any act or series of acts of commission or omission by a parent, caregiver, or another person in custodial role that results in harm, potential for harm, or threat of harm to a child.
2. A preventable act:
 - Physical abuse** Ex. hitting, kicking, shaking, burning, or other shows of force against a child.
 - Sexual abuse** Ex. fondling, penetration, and exposing a child to other sexual activities.
 - Emotional abuse** Ex. name-calling, shaming, rejection, withholding love, and threatening.
 - Neglect** Ex. withholding housing, food, clothing, education, and medical care.



How Communities Help Prevent Child Abuse and Neglect

Strengthen economic supports for families	*Strengthening household financial security *Family-friendly work policies
Change social norms to support parents and positive parenting	*Public engagement and education campaigns *Legislation to reduce corporal punishment
Provide quality care and education early in life	*Preschool enrichment with family engagement *Quality child care with licensing and accreditation
Enhance parenting skills to promote healthy child development	*Early childhood home visitation *Parenting skills and family relationship approaches
Intervene to lessen harms and prevent future risk	*Enhanced primary care *Behavioral parent training programs *Treatment to lessen harms of abuse and neglect exposure *Treatment to prevent future problem behavior and violence



Report Child Abuse
Richland County Children Services
419-774-4100
or
Toll Free 1-800-422-4453
or
1-800-4-A-Child

Wear Blue
4/13



The Richland Public Health "Health Report" is a monthly production of the Community Health & Prevention Sciences Division. Suggestions and corrections, including mailing label corrections, are welcome. Call Shannon Nelson, CHPS Coordinator, at 419-774-4761 or email snelson@richlandhealth.org



Earth Day
April 22

Theme: Invest In Our Planet

What do you call a worm with no teeth?

A gummy worm!!!

VITAL STATISTICS

The Vital Statistics division maintains records of all births and deaths in Richland County since 1908. For information on obtaining a birth certificate, visit our website at richlandhealth.org or call 419-774-4500.

	February	YTD
Total Births (all ages).....	120	215
Births to Teens	5	8
Repeat Births*.....	57	125

	February	YTD
Total Deaths	150	394
Female.....	71	205
Male.....	79	189

Causes of Death

Accidents (drugs/falls/crashes).....	5	6
Alzheimers/Dementia.....	14	35
Cancer.....	22	62
COVID-19 (Coronavirus).....	16	73
Flu/Pneumonia.....	6	11
Heart Related.....	37	89
Homicides.....	0	1
Lung Diseases.....	9	18
Renal/Kidney.....	6	11
Strokes/CVA.....	6	12
Suicides.....	4	7
Other (not listed above).....	13	39
Deaths Pending Autopsy.....	9	24

*Repeat Birth= two or more live births
Birth & Death statistics include City of Shelby
Deaths of residents occurring outside of Richland County are not reflected in county death statistics.

Infant Mortality: Richland County

February: 1 **Year To Date: 1**

Infant mortality is defined as the death of a baby before his or her first birthday. Infant deaths are considered an important indicator of the overall health of a society. Remember:

SAFE SLEEP ABC's: Alone, on Back, in a Crib.

CALLING THE HEALTH DEPARTMENT

Main Number.....	419-774-4500
Comm. Health/Prev. Sciences.....	419-774-4761
Environmental Health.....	419-774-4520
Public Health Clinic.....	419-774-4700
Public Health Nursing.....	419-774-4540
WIC.....	419-774-4560

RETURN SERVICE REQUESTED

Richland Public Health is an equal opportunity employer/provider of services.

GET YOUR VACCINES!
Call 419-774-4700 for appointment

