

Black History is American History. Black History Month 2023 Theme: Black Resistance

For communities to be healthy, it is necessary everyone has access to quality healthcare.

Those communities can then effectively and efficiently address racial health disparities and increase diversity in medicine. Healthy communities resist anything but

Liberty and Justice for All. Black History is American History.



Rebecca Lee Crumpler, MD

endured various forms of disrespect and discrimination, but she did not let that stop her. She began her career as a nurse and later became the first black woman in the United States to receive an MD degree in 1864 from Boston Massachusetts's New England Female Medical College.

She wrote a book that dealt with children's and women's issues, *A Book of Medical Discourses: In Two Parts*, in 1883. It was for "mothers, nurses, and all who may desire to mitigate the afflictions of the human race."



Did you Know?

Dr. Daniel Hale Williams wouldn't take "no" or settle for "less than". Through his persistent drive, community partnerships and support, he founded Provident Hospital and Training School, the first black-owned hospital in America in 1891.

Dr. Daniel Hale Williams, a black man, performed the world's first successful heart surgery in 1893.

How fitting that February is

American Heart Month

and also

Black History Month.

Black History is American History.

<https://www.nps.gov/people/dr-rebecca-lee-crumpler>; https://cfmedicine.nlm.nih.gov/physicians/biography_73.html; <https://www.britannica.com/biography/Daniel-Hale-Williams>; <https://www.heart.org/en/news/2022/02/16/the-legacy-of-dr-daniel-hale-williams-a-heart-surgery-pioneer>

February is National Children's Dental Health Month!

Dental Disease is preventable. Yet, the most common unmet health need of children is dental care. The American Dental Association reports about 20% of children between the ages of 5 to 11 have **at least one** untreated decayed tooth. Poor oral hygiene and lack of dental care can lead to Dental Disease.

Richland Public Health(RPH) is Accredited by the Public Health Accreditation Board, and promotes optimal health for the entire community. Equity is at the center of the 10 Essential Public Health Services (EPHS) which encourages active promotion of policies, systems, and overall community conditions that enable optimal health for all. Richland Public Health's "Smile BIG Richland!" **Pediatric Dental Health Program** serves all children aged 0-18 years-old. Each participant receives FREE age-appropriate dental hygiene products and dental health information to promote and support good dental and oral health.



Come Join us **February 11 from 9a.m.-12p.m.**

Winter Hike for Health at Malabar State Farm

Free and Healthy Fun!

Sign in anytime at the Visitors Center. Maps and Refreshments will be available. Everyone can enjoy a Self-Guided Hike!

Featured Guided Hike starts at 9 a.m. (Starts at Visitor's Center)



PUBLIC HEALTH NURSING

Health services are for Richland County residents of all ages. Services are provided through our on-site clinic, in the community and through our home visits.

Public Health Clinic	Dec	YTD
Immunizations (visits).....	174.....	2,325
International Travel (visits).....	4.....	80
Nurse Appointments.....	18.....	469
Vaccinations (COVID/Other).....	50.....	1,136
Total Visits.....	218.....	2,891

All visits to the clinic are by appointment.
Call 419-774-4700 to schedule an appointment.
Walk-In's are Welcomed

Public Health Nursing	Dec	YTD
CMH (case contacts).....	438.....	4,752
Community Health Screenings.....	0.....	825
Lead Case Management.....	0.....	0
Newborn/Prenatal Home Visits.....	10.....	54
Cribettes distributed.....	5.....	49
School Nurses (contract hrs YTD).....	210.....	1,147

Communicable Disease Report

Infectious Disease (not flu/sti/COVID).....	22.....	187
Hospitalizations due to Influenza.....	70.....	92
COVID-19 (Coronavirus).....	700.....	13,824
Hospitalizations due to COVID.....	12.....	431

Sexually Transmitted Infections

STI Positive Results.....	58.....	556
Chlamydia.....	29.....	481
Ghonorreha.....	10.....	160
Syphilis.....	1.....	2

WIC Services- Dec.

New Participants	171
Recertifications	137
Other Contacts	554
Total Ashland & Richland Counties-	862



February is American Heart Month

Cardiovascular Disease (CVD) is the No. 1 killer of Americans.

HEART ATTACK SYMPTOMS

SPOT STROKE SYMPTOMS F.A.S.T.

Chest Discomfort

FACE DROOPING

Discomfort in the Upper Body

ARM WEAKNESS

Shortness of Breath

SPEECH DIFFICULTY

Other Signs
cold sweats, nausea or lightheadedness.

TIME TO CALL 911

If the someone has any of these symptoms, even if they go away, call 911 and get them to the hospital immediately.

Wear Red February 3rd ~ GO RED FOR WOMEN

3 need to know facts about women and cardiovascular disease

1. Cardiovascular disease kills more women than all cancers combined. It's the No. 1 killer of new moms. It kills 50,000 African American women annually. Yet, **only 44% of women recognize it is their greatest health threat.**
2. 10% to 20% of women have a health issues like **high blood pressure, preeclampsia and gestational diabetes during pregnancy which greatly increases a women's risk for developing cardiovascular disease later in life.**
3. 51.9% of high blood pressure deaths, otherwise known as hypertension or the "silent killer," occur in women, and out of all women, **57.6% of Black females have hypertension — more than any other race or ethnicity.**

Regularly check your blood pressure.

Richland Public Health has made available

Electronic Blood Pressure Monitoring Kits, at all locations of the Mansfield Richland County Public Library and Shelby Marvin Memorial Library.

Borrow a kit with a valid library card and check yours today.

Live Well Richland County!

for more information see: cdc.gov/heartdisease/index; heart.org; or richlandhealth.org

"We can disagree and still love each other unless your disagreement is rooted in my oppression and denial of my humanity and right to exist." — James Baldwin

"Injustice anywhere is a threat to justice everywhere." — Martin Luther King, Jr.

VITAL STATISTICS

The Vital Statistics division maintains records of all births and deaths in Richland County since 1908. For information on obtaining a birth certificate, visit our website at richlandhealth.org or call 419-774-4500.

	December	YTD
Total Births (all ages).....	121	1,274
Births to Teens	12	76
Repeat Births*.....	66	780

*Repeat Birth= two or more live births

	December	YTD
Total Deaths	164	1,804
Female.....	80	877
Male.....	84	889

Causes of Death

Accidents (drugs/falls/crashes).....	4	88
Alzheimers/Dementia.....	12	144
Cancer.....	28	294
COVID-19 (Coronavirus).....	5	110
Flu/Pneumonia.....	9	83
Heart Related.....	36	463
Homicides.....	1	8
Lung Diseases.....	9	83
Renal/Kidney.....	7	68
Strokes/CVA.....	11	67
Suicides.....	4	30
Other (not listed above).....	32	283
Deaths Pending Autopsy.....	4	8

Birth & Death statistics include City of Shelby Deaths of residents occurring outside of Richland County are not reflected in county death statistics.

Infant Mortality: Richland County

December: 0

Year To Date: 7

Infant mortality is defined as the death of a baby before his or her first birthday. Infant deaths are considered an important indicator of the overall health of a society.

Remember:

SAFE SLEEP ABC's: Alone, on Back, in a Crib.

CALLING THE HEALTH DEPARTMENT

Main Number.....	419-774-4500
Comm. Health/Prev. Sciences.....	419-774-4761
Environmental Health.....	419-774-4520
Public Health Clinic.....	419-774-4700
Public Health Nursing.....	419-774-4540
WIC.....	419-774-4560



EVEN SUPERHEROES NEED A FIGHTING CHANCE AGAINST COVID-19 FLU MEASLES

Protect the people you care about :
schedule your vaccination at 419-774-4700

The Richland Public Health "Health Report" is a monthly production of the Community Health & Prevention Sciences Division. Suggestions and corrections, including mailing label corrections, are welcome. Call Renda Cline, Health Education and Communications Specialist, at 419-774-4726 or email rcline@richlandhealth.org

Richland Public Health is an equal opportunity employer/provider of services.

RETURN SERVICE REQUESTED

GET YOUR VACCINES!
Call 419-774-4700 for appointment

