

# Community Health Screenings 2024 Schedule

Please see reverse for description of screening services.

<p><b>Area Agency on Aging</b>    2131 Park Ave W Suite 300, Mansfield</p> <p>11:00 AM-12:30 PM ☐ 1<sup>st</sup> Tuesday of <u>even months</u> Apr 2 ♦ Jun 4 ♦ Aug 6 ♦ Oct 1</p>
<p><b>Catholic Charities of Mansfield Hope Food Pantry</b>    523 Park Ave E, Mansfield</p> <p>12:00 PM-1:30 PM <i>Thursdays on</i> May 9 ♦ Aug 8 ♦ Nov 14</p>
<p><b>Crossroads City Center</b>    29 N. Main St, Mansfield</p> <p>9:00-10:30 AM <i>Tuesdays on</i> April 30 ♦ Aug 6 ♦ Nov 5</p>
<p><b>Dewald Community Center</b>    47 S Main St, Mansfield</p> <p>11:30 AM–1:00 PM <i>Fridays on</i> Apr 19♦ Jul 19♦ Oct 18</p>
<p><b>Grace Episcopal Church</b>    41 Bowman St, Mansfield</p> <p>8:30–10:30 AM <i>Thursdays on</i> May 16♦ Jul 18♦ Sep 19♦ Nov 21</p>
<p><b>Friendly House</b>    380 N Mulberry St, Mansfield</p> <p>10:00–11:30 AM <i>Mondays on</i> Apr 1 ♦ Nov 4</p> <p>May 6 &amp; Oct 7 screenings located at <u>Hidden Hollow Camp</u>: 5127 Possum Run Rd, Bellville</p>
<p><b>Lexington Senior Civic Center</b>    67 E Main St, Lexington</p> <p>10:30-11:30 AM <i>Tuesdays on</i> Jun 11 ♦ Sep 10</p>
<p><b>Lucas Community Center</b>    252 W Main St, Lucas</p> <p>9:00-10:30 AM <i>Thursdays on</i> Apr 25 ♦ Jun 27 ♦ Aug 22 ♦ Oct 24</p>
<p><b>Mansfield Memorial Homes Apartments</b>    10 Blymyer Ave, Mansfield</p> <p>9:00–10:00 AM <i>Mondays on</i> May 20 ♦ Aug 19 ♦ Nov 18</p>
<p><b>Oasis of Love Church</b>    190 Chester Ave, Mansfield</p> <p>11:00 AM–12:00 PM <i>Wednesdays on</i> May 8 ♦ Aug 7♦ Nov 6</p>
<p><b>Richland Public Health</b>    555 Lexington Ave, Mansfield 9:00 –10:30 AM ☐ 3<sup>rd</sup> Tuesdays</p> <p>Jan 16 ♦ Feb 20 ♦ Mar 19 ♦ Apr 16 ♦ May 21 ♦ Jun 18 ♦ Jul 16 ♦ Aug 20 ♦ Sep 17 ♦ Oct 15 ♦ Nov 19</p>
<p><b>Robert Sturges Memorial Homes</b>    55 Wood St, Mansfield</p> <p>11:00 AM –12:00 PM ☐ 3<sup>rd</sup> Thursdays of <u>odd months</u> May 16 ♦ Jul 18 ♦ Sept 19 ♦ Nov 21</p>
<p><b>Shiloh Senior Center</b>    18 Main St W, Shiloh</p> <p>9:00 –10:30 AM ☐ 1<sup>st</sup> Thursdays of <u>odd months</u> (except July) May 2 ♦ Sept 5♦ Nov 7</p>
<p><b>Yes We Can Senior Center</b>    271 Hedges St, Mansfield</p> <p>11:30 AM- 1:00 PM <i>Thursdays on</i> Apr 18 ♦ Jun 20 ♦ Aug 15 ♦ Oct 17</p>

Provided by the Public Health Nursing Division for all adults in Richland County.

### Screening Services Include:



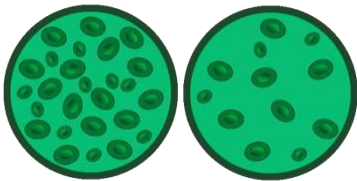
#### **Blood Pressure Reading** Cost: FREE

This simple check screens for hypertension (high blood pressure) and hypotension (low blood pressure). \* High blood pressure is a risk factor for cardiovascular disease.



#### **Blood Sugar Check** Cost: FREE **(3-hour fast preferred)**

This blood test screens for hyperglycemia (high blood sugar) and hypoglycemia (low blood sugar). One cause of high blood sugar is diabetes. \*



#### **Anemia Check** Cost: FREE

With a small fingerstick, two blood tests (hemoglobin and hematocrit) check red blood cells. Low hemoglobin and/or hematocrit can be a sign of anemia. \*



#### **Cholesterol Check** Cost: \$12.00. Cash or check only. **(Requires 9-12-hour fast)**

This blood test measures good cholesterol (HDL), bad cholesterol (LDL), and triglycerides. High cholesterol levels are a risk factor for cardiovascular disease.



#### **Education and Referrals** Cost: FREE

Receive information from a Public Health Nurse about various health issues and how to connect with community resources to assist you with your unique health and wellness needs.

### QUESTIONS? CALL THE NURSING DIVISION AT 419-774-4540

\* This screening is not intended to diagnose any medical condition. A healthcare provider should confirm any abnormal results.

**Please Note:** January, February, and March screenings are only held at Richland Public Health. There are no December screenings

For complete Richland Public Health calendar of events, visit [richlandhealth.org](http://richlandhealth.org). Current as of 03/18/2024.