



PREP District 1 Northwest Ohio Newsletter



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January 2024

Upcoming PREP Curriculum Training

Richland Public Health offers 1-day training to become an official facilitator of the PREP curriculum!



When: Thursday, February 29th, 2024



Time: 8:00am - 5:00pm



Where: Richland Public Health
555 Lexington Ave, Mansfield, OH 44907



Breakfast and Lunch will be provided



[Click Here to Register](#)

Upcoming Coalition Meeting

with guest speaker Stacey Mong – Clinical
Child & Adolescent Supervisor at Catalyst
Life Services

CATALYST
— LIFE SERVICES —



Tuesday, March 19th, 2024



10:00am - 12:00pm



Online event : Zoom link will
be sent out upon registration



[Click Here to Register](#)



Current Updates

We are looking forward to expanding the PREP program to OhioGuidestone in Perrysburg/Toledo, as well as, the Juvenile Residential Center of Northwest Ohio and Wood County's Detention Center in 2024.

Our partners at OhioGuidestone passed out over 100 PREP informational brochures at both Cuyahoga Hills and Indian Rivers' wellness days in the month of December. We appreciate them spreading the word about PREP in the community!

We held a total of 4 successful cohorts of PREP last year (May-December 2023), despite being new to the program. Thank you all for your efforts and dedication to running PREP at your facilities! We look forward to having more cohorts this upcoming year.

If you are interested in learning more about the PREP program, implementing it in your organization, becoming a trained facilitator, etc., please email me at crischar@richlandhealth.org for more information!



Highlighting the “Beyond the Birds and the Bees” Curriculum



Beyond the Birds and the Bees Curriculum is a parent/guardian focused workshop that is set to increase the ability for adults to talk with young people about sex, using accurate information and resources

This workshop is intended for anyone who serves youth of any age, parents, guardians, and/or caregivers

Upon completion of this workshop, you'll be more comfortable answering questions from young people about puberty, sexual health, relationships, consent and other sensitive topics

Please email me at crischar@richlandhealth.org if you would like more information or would like to inquire in being trained on this curriculum!

January is
Cervical Health
Awareness Month

[Click Here to Watch "Protecting Your Children from HPV-related Cancers"](#)



WHAT IS HPV?

HPV is the most common STI which can often lead to cervical cancer

HPV can be contracted by having vaginal, anal or oral sex with someone who has the virus

In most cases, HPV does go away on its own but in cases when it doesn't, it can lead to serious health issues

HPV can appear in the form of genital warts; but commonly are detected via Pap screens

PREVENTATIVE MEASURES

HPV Vaccine - recommended for all preteens (male or female) aged 11-12 years old and everyone through 26 years old

Cervical cancer screenings - routine screenings recommended for women aged 21-65

Use condoms correctly if sexually active

Being in a monogamous relationship - or exclusively engaging in sex with another HPV negative partner



Contact Us!

Catherine Rischar - PREP Coordinator
crischar@richlandhealth.org
419-774-0278

Andrea Wildenthaler - Director of Community Health &
Prevention Sciences
awildenthaler@richlandhealth.org
419-774-4510

Shannon Nelson - Administrative Coordinator
snelson@richlandhealth.org
419-774-4761



<https://richlandhealth.org/prep/>

