Breast cancer is a leading cause of cancer death in women and early detection is vital to successful treatment. Understanding and completing regular self exams, screenings, and mammograms is very important.

Richland Public Health (RPH) hosted a Mobile Mammogram Clinic on Thursday, July 13th. Through a partnership with the Cleveland Clinic, free mammograms were made available to everyone. Attendees had the opportunity to explore the Mega Breast. The larger-than-life exhibit offered a self guided tour to learn about the breast. The engaging educational experience included information on self breast exams, risk factors for breast cancer, breast cancer screenings, mammograms and so much more.

Community partners joined the efforts by providing a variety of resources to encourage and support health and wellness to everyone who came. RPH distributed information on resources available through the health department, and passed out bug bite prevention bags which included a supply of mosquito repellant wipes and a tick removal kit. Free health screenings were provided by RPH registered nurses, and Tesla the therapy dog shared her personality and love with everyone who met her!

Education and awareness can help prevent illness and disease. Richland Public Health's Mobile Mammogram Clinic is just one way our local health department is leading the way to a more healthy Richland County.

Mobilizing to Bring Awareness and Increase Prevention

Breast cancer is a leading cause of cancer death in women and early detection is vital to successful treatment. Understanding and completing regular self exams, screenings, and mammograms is very important.

Richland Public Health encourages and supports breastfeeding through the Women, Infant, and Children (WIC) program. WIC is the nation’s premier health and nutrition program for pregnant women, women with a baby younger than six months old, breastfeeding mothers, and families of infants and children up to 5 years old. WIC breastfeeding consultants provide support that nurtures a successful breastfeeding journey for the mother and the baby. This support includes educational resources, nutritious foods, demonstrations of bonding and latching techniques, and general assistance to promote breastfeeding success. World Breastfeeding Week is August 1st-7th and the theme is “Enabling breastfeeding: making a difference for working parents”. August 25th-31st is Black Breastfeeding Week and this year's theme is “We Outside! Celebrating Connection & Our Communities.” Breastfeeding encourages more than an individual healthy baby and mom, it promotes a healthy community. To find more “why’s” and additional information about breastfeeding support and the WIC program, visit richlandhealth.org/departments/wic.

.setVisibility(3);
Muscle Cars, Mega Body and Big Fun
The Heart of the City Cruise-In is an annual event that features a spectacular showcase of a wide variety of automobiles. You can find classics, pristinely restored vehicles, hot rods, convertibles, muscle cars and more in the show.

Car enthusiasts from all around will come together to celebrate the show’s 26th anniversary, admire collections and show their favorite cars. There will be food, live music and something for people of all ages to enjoy. Be sure to visit the fun and interactive medical inflatables sponsored by Richland Public Health.

Look for us at the corner of Park Ave. W. and S. Mulberry St. Saturday, August 26th from 12:00pm - 5:00pm in Downtown Mansfield!

Majority of eye injuries can be prevented by wearing the right protective eyewear or equipment. Sunglasses, goggles, face shields, masks, and helmets are made to protect eyes from injuries. Encourage and remind children to always use the correct protection for activities and sports to prevent eye injuries or loss of vision.

August is National Eye Exam and Children’s Eye Health and Safety Month. Many eye problems, diseases and infections do not have symptoms in the early stages. That's why routine exams are so important. Regular eye exams can help your doctor find issues early and possibly avoid serious problems in the future. Schedule your family’s annual eye exams today and keep an eye on everyone's visual health.

GET YOUR VACCINES!
Call 419-774-4700 for appointment

The Richland Public Health "Health Report" is a monthly production of the Community Health & Prevention Sciences Division. Suggestions and corrections, including mailing label corrections, are welcome. Call Renda Cline, Health Education & Communications Specialist at 419-774-4726 or email rcline@richlandhealth.org.

Richland Public Health is an equal opportunity/employer of services.

RETURN SERVICE REQUESTED

The Eyes Have it!

It's Fair Season in Ohio!
Take home good memories.
Don't take home bad germs.
Wash your hands often.

VITAL STATISTICS
The Vital Statistics division maintains records of all births and deaths in Richland County since 1908. For information to obtain a birth certificate, visit our website at richlandhealth.org or call 419-774-4500.

June 2022
Total Births (all ages).......................... 106 644
Total Deaths....................................... 113 749
Cancer.................................................. 18 128
COVID-19 (Coronavirus)......................... 1 13
Heart Related...................................... 27 177
Homicides............................................. 2 6
Lung Disease........................................ 12 59
Parkinson's.......................................... 2 7
Renal/Kidney....................................... 3 21
Strokes/CVA........................................ 2 26
Suicides.............................................. 1 11
Other(not listed above)......................... 30 175
Deaths Pending Autopsy......................... 5 6

Infant Mortality: Richland County
June: 2
Year To Date: 5

Infant mortality is defined as the death of a baby before his or her first birthday. Infant deaths are considered an important indicator of the overall health of a society. Deaths of residents occurring outside Richland County are not reflected in county death statistics. Remember:
SAFE SLEEP ABC’s: Alone, on Back, in a Crib.

CALLING THE HEALTH DEPARTMENT
Main Number........................................ 419-774-4500
Com. Health/Prev. Sciences................. 419-774-4510
Environmental Health........................ 419-774-4520
Public Health Clinic......................... 419-774-4700
Public Health Nursing....................... 419-774-4540
WIC...................................................... 419-774-4560