

## Community Health Screenings 2023 Schedule

Please see reverse for description of screening services.

<u>Please Note</u>: January, February, and March screenings will only be held at Richland Public Health.

There are no screenings in December.

**Dewald Community Center** 47 S Main St, Mansfield

11:30 AM-1:00 PM \*Apr 21\* Jul 21\* Oct 20

North End Community Outreach Center 486 Springmill Street, Mansfield

2-3:00 PM Friday: June 16 (Juneteenth Kickoff Event) Additional dates TBA

**The Friendly House** 380 N Mulberry St, Mansfield

10-11:30 AM • Apr 3 • Nov 6

May 1 & Oct 2 screenings located at Hidden Hollow Camp: 5127 Possum Run Rd, Bellville

**Lucas Community Center** 252 W Main St, Lucas

9–11 AM  $\square$  4<sup>th</sup> Thursdays of the month (except Nov):

Apr 27 \* May 25 \* Jun 22 \* Jul 27 \* Aug 24 \* Sep 28 \* Oct 26

Oasis of Love Church 190 Chester Ave, Mansfield

**10–11 AM Tuesdays \***May 9 \* Aug 8\* Nov 14

Crossroads City Center 29 N. Main St, Mansfield

9-10:30 AM: May 11 \* Aug 10\* Nov 9

Catholic Charities of Mansfield Hope Food Pantry 523 Park Ave E, Mansfield

2-3:00 PM • May 11 • Aug 10 • Nov 9

Richland Public Health 555 Lexington Ave, Mansfield

9–10:30 AM  $\square$  3<sup>rd</sup> Tuesdays of the month:

Jan 17 \* Feb 21 \* Mar 21 \* Apr 18 \* May 16 \* Jun 20 \* Jul 18 \* Aug 15 \* Sep 19 \* Oct 17 \* Nov 21

Shiloh Senior Center 18 Main St W, Shiloh

9-10:30 AM 

1st Thursdays of odd Months (except July) \*May 4 \* Sept 7\* Nov 2

**Area Agency on Aging** 2131 Park Ave W Suite 300, Mansfield

**10:30 AM-12:30 PM** □ **1**<sup>st</sup> **Tuesday of** <u>even months</u> \*Apr 4 \* Aug 1 \* Oct 3

**Lexington Senior Civic Center** 67 E Main St, Lexington

**10:30-11:30 AM \* Jun 6 \* Sep 5** 

**Robert Sturges Memorial Homes** 55 Wood St, Mansfield

**11 AM −12 PM** □ **3**<sup>rd</sup> **Thursdays of <u>even months</u>** • Apr 20 • Jun 15 • Aug 17 • Oct 19

Memorial Homes Apartments 10 Blymyer Ave, Mansfield

**9–10 AM Mondays •** May 8 • Aug 14 • Nov 13



# Community Health Screenings Description of Services

Please see reverse for 2023 screening schedule

Provided by the Public Health Nursing Division for all adults in Richland County.

Screening Services Include:



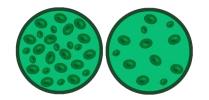
#### **Blood Pressure Reading** Cost: FREE

This simple check screens for hypertension (high blood pressure) and hypotension (low blood pressure). \* High blood pressure is a risk factor for cardiovascular disease.



## Blood Sugar Check Cost: FREE (3-hour fast preferred)

This blood test screens for hyperglycemia (high blood sugar) and hypoglycemia (low blood sugar). One cause of high blood sugar is diabetes. \*



#### Anemia Check Cost: FREE

With a small fingerstick, two blood tests (hemoglobin and hematocrit) check on red blood cells. Low hemoglobin and/or hematocrit can be a sign of anemia. \*



## **Cholesterol Check** <u>Cost</u>: \$12.00. Cash or check only. (Requires 9-12-hour fast)

This blood test measures good cholesterol (HDL), bad cholesterol (LDL), and triglycerides. High cholesterol levels are a risk factor for cardiovascular disease.



#### **Education and Referrals** Cost: FREE

Receive information from a Public Health Nurse about various health issues and how to connect with community resources to assist you with your unique health and wellness needs.

#### QUESTIONS? CALL THE NURSING DIVISION AT 419-774-4540

\* This screening is not intended to diagnose any medical condition.

A healthcare provider should confirm any abnormal results.

For complete Richland Public Health calendar of events, visit richlandhealth.org. Current as of 03/08/2023