WASH HANDS OFTEN!

It’s the best way to stop the spread of disease.

Wash your hands...

Before:
- Your shift begins
- Handling food
- Putting on clean gloves

After:
- Using the toilet
- Handling raw foods
- Taking a break / Smoking
- Coughing / Sneezing
- Eating / Drinking
- Cleaning
- Taking out the trash
- As often as necessary to remove soil and contamination.

Wash your hands for 20 seconds with hot, soapy water!