



**Since 1910,
dedicated to
making
Richland
County a safer
and healthier
place to live
and work for
all ages.**



Solid • Dependable • Proven

What is Public Health?

Public Health is the science of protecting and improving the health of people and their communities. This work is achieved by promoting healthy lifestyles, researching disease and injury prevention, and detecting, preventing and responding to infectious diseases.

Public health professionals work to prevent health and environmental incidents from happening or recurring through implementing educational programs, recommending policies, administering services and conducting research.

Public health also works to limit health disparities. A large part of public health is promoting healthcare equity, quality and accessibility.

Overall, public health is concerned with protecting the health of entire populations. These populations can be as small as a local neighborhood, or as big as an entire country or region of the world.

10 Essentials of Public Health



Martin Tremmel
Health Commissioner

Kevin VanMeter
Fiscal Operations

Rick Grega
HR, Legal, & IT

Dr. Daniel Burwell
Medical Director

Board of Health

The [Board of Health](#) plans or authorizes activities benefiting the department's purpose. Terms are for five years. Board meetings are normally the third Monday of the month at 6 p.m. at 555 Lexington Avenue. Meetings are open to the public and the agenda includes an opportunity for public comment.



District Advisory Council

The [District Advisory Council](#) meets annually in March to bring health concerns and recommendations to the Board of Health and to appoint new members from the county. Members include the chair of each township's Board of Trustees, Village Mayors, Mayors of Mansfield and Ontario, and the Chair of the Richland County Commissioners.

2018 Members

[Townships](#): Blooming Grove • Butler • Cass • Franklin • Jackson • Jefferson • Madison • Mifflin • Monroe • Perry • Plymouth • Sandusky • Sharon • Springfield • Troy • Washington • Weller • Worthington

[Villages](#): Bellville • Butler • Lexington • Lucas • Plymouth • Shiloh

[Cities](#): Mansfield • Ontario

2018 Richland Public Health Directors

Julie Chaya, Director, Community Health & Prevention Science;
Joe Harrod, Director of Environmental Health;
Tina Picman, Director of WIC Richland/Ashland;
Amy Schmidt, Director of Public Health Nursing.

How We Are Organized to Prevent, Promote, and Protect



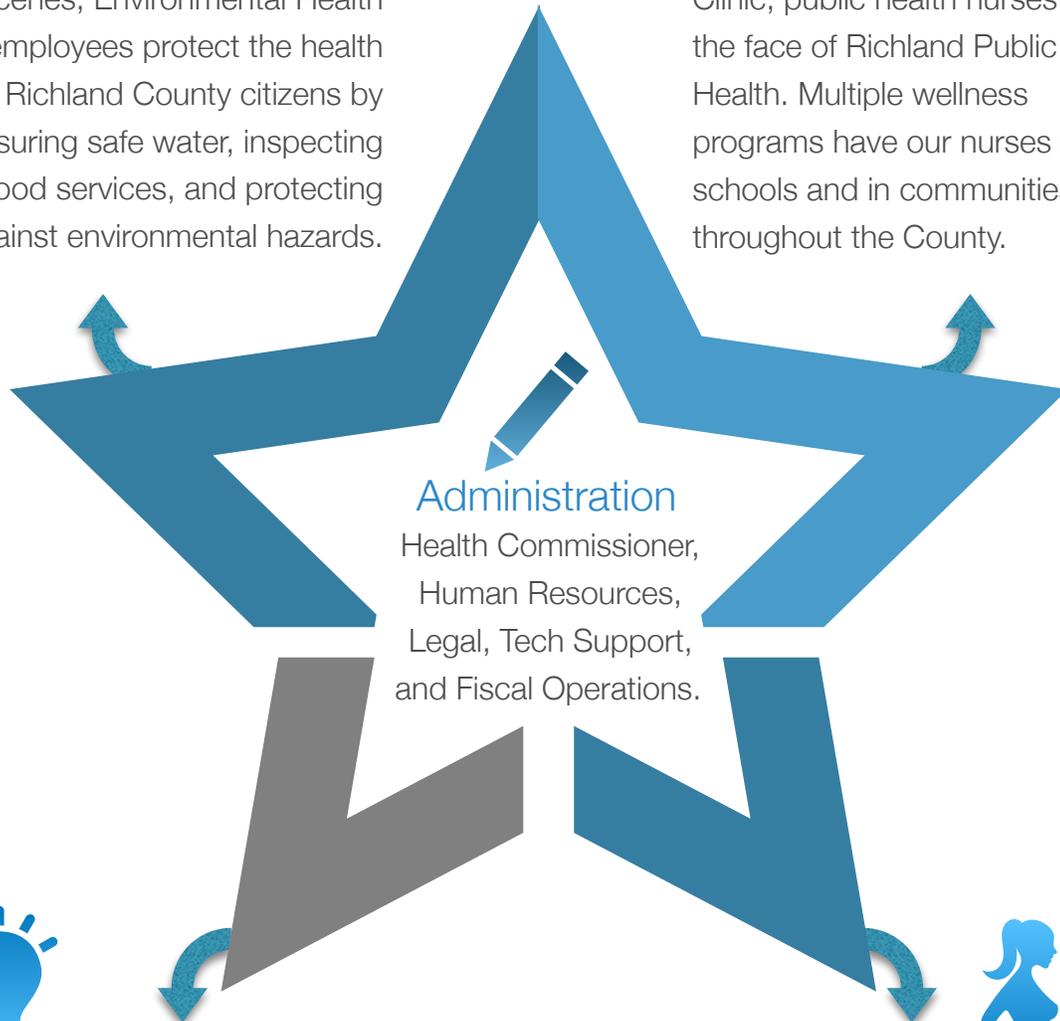
Environmental Health

Often working behind the scenes, Environmental Health employees protect the health of Richland County citizens by ensuring safe water, inspecting food services, and protecting against environmental hazards.



Public Health Nursing

Out in the field and in the Clinic, public health nurses are the face of Richland Public Health. Multiple wellness programs have our nurses in schools and in communities throughout the County.



Administration

Health Commissioner,
Human Resources,
Legal, Tech Support,
and Fiscal Operations.



Community Health & Prevention Sciences

Community outreach with services focused on research-based programs to promote and improve health of individuals and communities. Also the communication and publicity arm of Richland Public Health.



WIC Services

A proven champion of nutritional health for babies and infants. Women, Infants, and Children promotes breastfeeding and healthy food options for prenatal and postpartum women & children to age five.

Office of Vital Statistics

The Vital Statistics Division at Richland Public Health maintains records of all births and deaths in Richland County since 1909 (excluding Shelby). Richland Public Health can provide certified birth certificates for anyone born in Ohio. This division maintains statistics on births, deaths and causes of death to assist in planning health programs and services that meet the needs of our community.



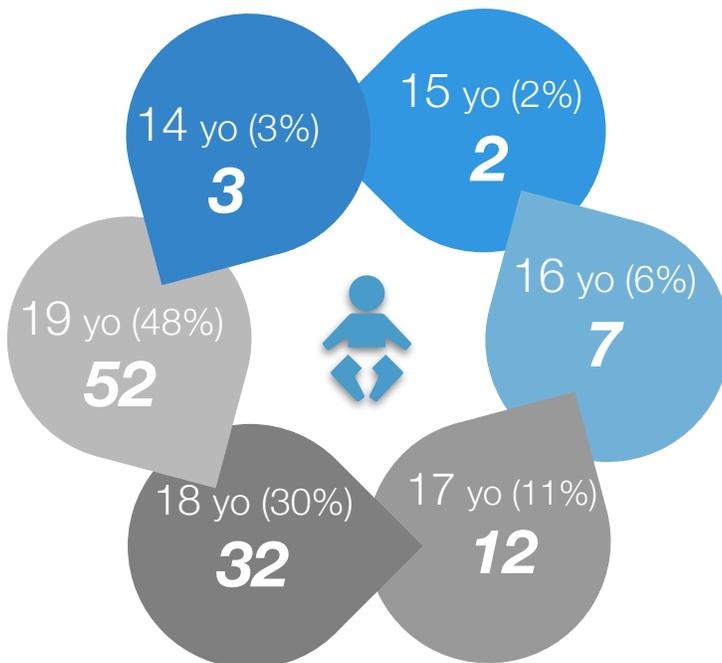
Beginning in 2016, Richland Public Health started offering the purchase of birth certificates online for anyone who was born in Ohio: richlandhealth.org/order-certificates

CERTIFICATES ISSUED IN 2017

Birth Certificates	5,556
Death Certificates	4,425
Burial Permits	996

1,171 Births in Richland County, 2017

Births in Richland County include live births in the City of Shelby as well as non-hospital deliveries. Of the 1,171 births, 190 were at OhioHealth-Shelby and 86 were non-hospital deliveries. 745 births (64%) were “repeat” births (2nd or more births). 575 births (49%) were to unmarried mothers. Births to unmarried mothers was the second highest percentage since records began in 1993. However, that figure does not take into account births to couples within cohabitation unions.*



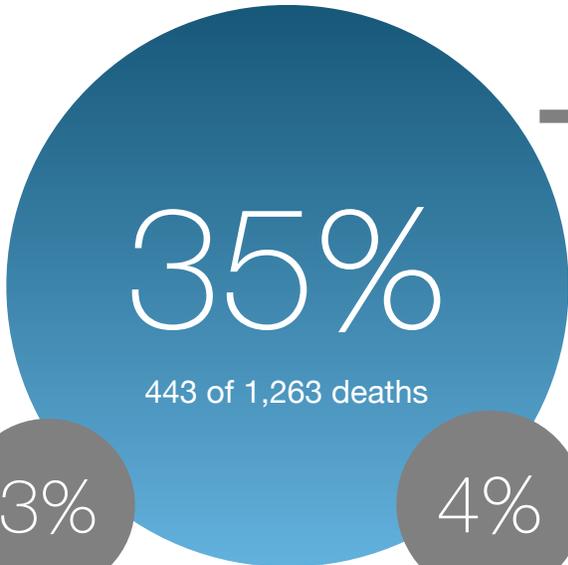
Teen Births

There were 108 total teen births. That is the second lowest percentage (9%) since records began in 1993. 19% of teen births were to minority race mothers. Four of the teen mothers were married.

** Data indicates that more than half (58 percent) of all non-marital births in 2006-2010 occurred within cohabiting unions. (National Health Statistics Report, April 12, 2012, CDC/U.S. Department of Health and Human Services).*

Office of Vital Statistics

Causes of Death, Richland County 2017



Heart Disease

In 30% of the 443 heart disease deaths, hypertension was listed as an underlying cause. High blood pressure can also lead to kidney failure and strokes, the 6th and 7th leading causes of death in Richland County.



Renal/Kidney Disease (52)

Cancer is the cause of 22% of Richland County deaths. 26% of those cancer deaths are from breast, ovarian, cervical, prostate, and colon cancer.

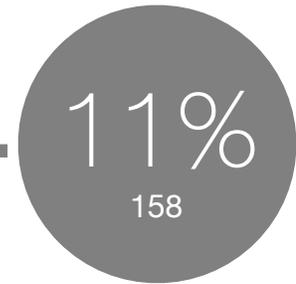


Cancer (all types)



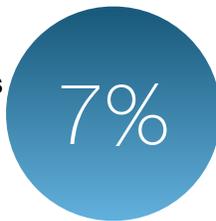
Lung Diseases (96)

All other causes (including natural)
Homicides (6), Infant mortality (6) and pending (4) = 1%



All other causes

Now the 4th leading cause of death, the astronomical rise in Alzheimer's cases is a major concern as Richland County's aging population continues to rise.



Alzheimer's/ Dementia (89)



Accidents (68)

80% of accidental deaths were due to accidental drug overdose (49, mostly opioids). Falls, traffic crashes, and "other" accounted for the rest.



Suicides (15)



Flu & Pnuemonia (36)

Did YOU get your flu shot?

COMMUNITY HEALTH & PREVENTION SCIENCES



Community Health and Preventive Sciences (CHPS) is the art and science of studying and assessing community health needs. This involves organizing and provisioning comprehensive community health services, and doing the work of educating and developing health care programs. The objective of that work is promoting health and preventing diseases. We are committed to reducing the leading preventable causes of illness, disability, and death – and to promoting community health – in Richland County.

PROGRAMS*

- AARP Senior Driver Class
- Advertising & Public Relations
- Bike Loan Program at Libraries
- Bike Loop in Mansfield
- Bike to Work Week
- Blood Pressure Kits at Libraries
- Child Car Seat Program (OBB)
- Communities Preventing Chronic Disease
- Community Fairs and Resources
- Creating Healthy Communities
- Diabetes & Heart Health Education
- Just Walk Richland!
- Monthly Health Report Newsletter
- Public Information Officers
- Public Speakers
- Richland Walks
- Social Media/Website
- Walking Maps
- Weather Safety Information
- Website & Social Media



Community Collaboration: Our staff worked with Richland Academy of the Arts to bring singer/songwriter Crystal Bowersox (2nd from right) to Mansfield for a special concert for children living with diabetes (see next page).
Left to Right: Greg Carter (RAA), Marianne Cooper (RAA), Shannon Nelson (CHPS), Emily Leedy (CHPS), Julie Chaya (CHPS), Crystal Bowersox, Sydney Lange (CHPS).



**Julie Chaya, Director
CH&PS**

Hello,
I'm Julie Chaya, Director of Community Health and Prevention Sciences at Richland Public Health. Our Division changed our name from Health Promotion/Education to better reflect what we do here. Our staff is dedicated to improving health and health care among diverse populations through research, learning, and community partnerships. We are engaged in research and community health activities across the lifespan from maternal-child health to long-term care. Call any of our Health Educators if you have questions about what we can do for you or your business.

Community Health & Prevention Sciences: Bowersox Concert



Singer/Songwriter Crystal Bowersox, an Ohio native, finished runner-up in 2010's *American Idol*. But the story of her success while living with childhood Type 1 diabetes is the one she wanted to tell to kids with similar conditions. Her heartfelt story and inspiration was delivered between her songs in a mini-concert just for those kids and their teachers at Richland Academy of the Arts. The November 2 afternoon concert was sponsored by Richland Public Health.

Crystal Bowersox met Brenna Nelson, a sixth grader at the Spanish Immersion Program (Mansfield City Schools). Brenna, who also has Type 1 diabetes, asked Crystal how she controls her diabetes. Crystal encouraged other kids in the room to support those with diabetes and told them to believe in themselves and they could do anything. Later that evening, Bowersox performed at a sold-out concert at Richland Academy of the Arts.



Community Health & Prevention Sciences: Child Passenger Safety



Two satisfied clients in their new seats.

It's hard to dispute the fact that children are safer in Child Passenger Seats than adult seat belts, but many of us can remember when the only safety device we had in the car was our mother's forearm. Reed Richmond, Richland Public Health's CPS Tech and a member of the CHPS staff, can remember those days, too. As a new grandfather, he's kind of passionate about getting kids in the right seat and the right place. Last year, he assisted in 59 new seat installs through the Ohio Buckles Buckeyes program and assisted families with 42 other CPS checks. For more information about the OBB Program or if you'd like to have your install checked, call Reed at 419-774-4726.

Community Health & Prevention Sciences: Biking Programs



When Mansfield City Council approved the creation of a 5.7 mile Inner City Bike Loop, Richland Public Health's Communities Preventing Chronic Disease grant stepped up to provide painting for the route.

Our Health Educators didn't stop there. During Bike Month in May, Richland Public Health sponsors a "Bike to Work" day. We held "getting to know" rides in rural and city environments. We sponsor advertising to get the word out about the health and environmental benefits of riding a bike instead of using a car.

In 2018, residents in Lexington and Butler will have a chance to borrow bikes from their Public Library. Get out and ride it, Richland.

Community Health & Prevention Sciences: Just Walk Richland!

Just Walk Richland! is a movement that encourages whole health walking in Richland County. These walking groups are open to all in Richland County and include walks on urban city streets, residential neighborhood streets, the Richland B&O trail, and rustic hiking trails. Just Walk Richland! opens the invitation to individuals to walk for their own interests, whether that is for physical, mental or social benefits. Whatever your reason, Just Walk Richland! Connect with us on Meetup: www.meetup.com/JustWalkRichland/



Community Health & Prevention Sciences: Hike for Health



Speaking of walking, for 18 years, Richland Public Health has promoted the **Hike for Health** as a healthy form of fun exercise in Ohio's great outdoors. The science behind exercise and health is irrefutable. But lately there has been more research proving that reconnecting with nature is good for your health, too. Since its start at Malabar State Farm Park in February, the Hike has added an October date and a new location: Gorman Nature Center. For more information about the Hikes, call 419-774-4761.

Community Health & Prevention Sciences: Blood Pressure Cuffs



Through the Communities Preventing Chronic Disease (CPCD) grant, Richland Public Health (RPH) began a project to expand residents' access and ability to self-monitor their blood pressure. RPH collaborated with the county's library systems and the District 5 Area Agency on Aging to create a kit containing a blood pressure monitor/cuff, instructions, educational material about blood pressure, and a blood

pressure tracking card. At all libraries in the county, patrons are able to check out a kit for two weeks at a time and keep the resources that are supplied in the kits at no cost. There is also a kit at the District 5 Area Agency on Aging for onsite usage. The libraries and RPH continue to work collaboratively to maintain the kits.

*Saw it advertised... really nice to be able to check this out at the library! Very useful and I was able to give my healthcare provider a 2-week snapshot of my blood pressure! **Anonymous, Survey Response***

In Richland County, Ohio, the incidence of diagnosed high blood pressure has increased to affect 40% of the adult population, thus surpassing both the statewide (34%) and nationwide (31%) incidence. In 2016, heart disease and stroke accounted for 28% of deaths in Richland County. The program allows for blood pressure monitors to be accessible to any resident in Richland County over the age of 18. Because it is a FREE resource, people who may be unable to purchase their own monitors or would otherwise rely on a single reading from their health care providers now have the opportunity to use a kit at home. Checking a kit out of the library creates opportunities for more frequent and consistent readings, thus allowing users to learn about blood pressure issues sooner than if they were to wait until a physician visit. This program also allows people to take their blood pressure in the comfort and privacy of their own homes, which is not the case with most of the other free public blood pressure monitors. ***This is the Prevention Science behind Community Health.***

*I had been feeling ill recently and wasn't sure what it was, I just knew I felt "not right." I thought it may be my BP, but wasn't sure. I checked out the BP kit, and this actually saved my life... had I not been able to borrow it from the library, I may have not known until it was too late. **Anonymous, Survey Response***

The program launched in April 2016 and over a 21-month period, the blood pressure kits have been checked out a total of 292 times. Due to one library's long wait lists and high demand, an additional kit was added nine months into the program, bringing the total number of available kits to 21 across 10 Richland County libraries.

This RPH collaborative effort was chosen by The Public Health National Center for Innovations as one of its Cross-Sector Partnership Innovations. You can read the full report here: <https://phnci.org/innovations/check-out-a-book-check-out-a-blood-pressure-kit>

Finding Richland Public Health Online

2017 Use Data*

richlandhealth.org

123,000 page views

65,610 original visits

**2017 Google Analytics*

Top Page Views

27,762 Birth Certificate Forms
22,670 News Articles

By Department

17,394 - Environmental Health
16,537 - Vital Statistics
16,211 - WIC
14,666 - Clinic
12,906 - Public Health Nursing
12,708 - CH&PS (HPE)

Most Visited Services

15,408 - Food Services
14,918 - Plumbing, Commercial
14,312 - Immunizations
13,548 - Sewage Treatment
13,116 - Birth & Death Statistics
13,107 - Just Walk Richland!
13,060 - Mosquito Spraying
13,011 - Car Seat Program



63%

...of people reaching out to Richland Public Health online (richlandhealth.org) are doing so on desktop or laptop computers. Making searches easier for them means they can spend their time more productively.



31%

...of people reaching out to Richland Public Health online (richlandhealth.org) are doing so on mobile devices. This means our website has to be responsive and items clients search for have to be easy to find.



6%

...of people reaching out to Richland Public Health online (richlandhealth.org) are doing so on tablets. That percentage may increase, so our website has to adapt to keep up with our clients.



Facebook: "Richland Public Health" - 1,929 "likes"



Twitter: "@richlandhealth1" - 586 "followers"



Instagram: "richlandhealth"



YouTube: "Richland Public Health"



LinkedIn: "Richland Public Health"

ENVIRONMENTAL HEALTH DIVISION

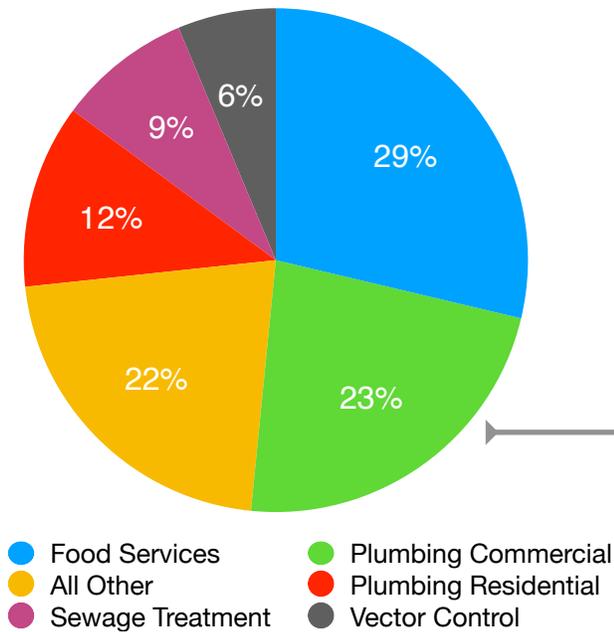


Environmental Health is the branch of public health that focuses on the relationships between people and their environment; promotes human health and well-being; and fosters healthy and safe communities. Environmental Health is a key part of any comprehensive public health system. The field

works to advance policies and programs to reduce chemical and other environmental exposures in air, water, soil, and food in order to protect people and provide communities with healthier environments.

American Public Health Association

Programs with most inspections, investigations, and consultations.



Environmental Health oversees a variety of programs that prevent, protect and educate our community about potentially harmful elements in our environment.

Contacts*	2017
Campgrounds	67
Food	3,158
Emergency Preparedness	10
Housing	7
Indoor Air Quality	48
Institutions	5
Lead	19
Environmental Health Nuisances	91
Environmental Health, Other	63
Plumbing - Commercial	2,515
Plumbing - Residential	1,299
Private Water Systems	632
Public Swimming Pools/Spas	237
Rabies	640
Schools	126
Sewage Treatment Systems	943
Sewage Site Assessments	22
Solid Waste	309
Tattoo & Body Piercing Facilities	115
Vector Control	694
Totals All Contacts	11,000

**Inspections, investigations and consultations*



Joe Harrod, Director Environmental Health

Hi,
I'm Joe Harrod, Director of Environmental Health at Richland Public Health. In the Environmental Health Division we help protect the health and well-being of the residents of Richland County. We do this by providing education and enforcing public health-related laws during our routine inspections. This helps prevent diseases and make environments safe in restaurants, private water systems, schools, and businesses. The next few pages will give you some insight into what we do in Environmental Health.

Environmental Health: Food Safety

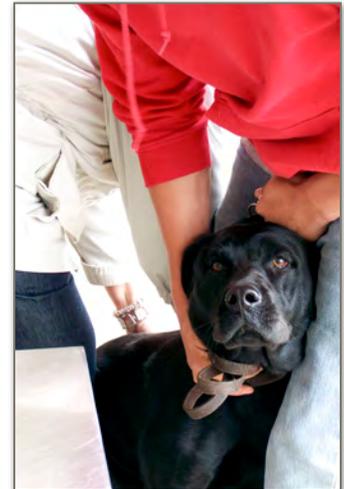


The Food Safety Division at Richland Public Health licenses and routinely inspects food service operations (FSO), retail food establishments (RFE), temporary and mobile FSO/RSE, and vending facilities to ensure public health and safety. When a violation is found, the violation is thoroughly explained, corrective measures are taken, and education is provided to the operators. Thanks to an ongoing working relationship between the Health Department's Sanitarians and the food facility operators in Richland County, our community is protected against food-borne illnesses that may result from unsanitary working conditions, improper food handling, preparation, or storage, unsafe sources and improper cooking, holding or cooling temperatures.

Rob Bowers, Registered Sanitarian, doing a mobile food service inspection at a summer fair.

Environmental Health: Rabies/Animal Control

Our comprehensive investigations of animal bites reported in the county helps prevent and control the spread of rabies. Rabies is an infectious viral disease that affects the nervous system of humans and other mammals. Transmission of the virus to a human can occur through the bite of an infected, rabid animal. Proper vaccination of domestic pets (dogs and cats) should be kept current to discourage transmission and prevent infection. Working with several local veterinarians, Richland Public Health has assisted in sponsoring a FREE rabies clinic to pet owners in Richland County.



Dr. Henry Akers give a rabies shot at the annual FREE rabies vaccine clinic.

Environmental Health: Recreational Water



Richland Public Health licenses and inspects public swimming pools to minimize the risk of recreational water-borne illness and to reduce safety hazards resulting in accidents from improperly maintained pools. Public swimming pools include those located in apartments, hotels, motels, neighborhood associations, parks, health clubs, and other recreational establishments.

Environmental Health: Mosquito Control



The top priority of Richland Public Health's Mosquito Control program is preventing the spread of mosquito-borne diseases like West Nile virus or Zika. Our Mosquito Control Program uses an Integrated Pest Management (IPM) model to effectively and safely manage pests. The US EPA defines IPM as "an effective and environmentally sensitive approach to pest management that relies on a combination of common-sense practices."

Richland Public Health trapped a total of 18,308 mosquitoes in 2017. 491 pooled mosquito samples were tested for West Nile Virus (WNV) and 49 samples tested positive for WNV.

Richland Public Health provided 264.56 miles of treatment for adult mosquito control and a total of 55 gallons of adulticide was applied in Richland County.



Richland Public Health mosquito spraying truck.



Richland Public Health's IPM components include (1) Upper Left: Surveillance/Inspection - Larvae dipper containing mosquito larvae; (2) Above Right: Monitoring - Setting mosquito traps; (3) Top Right: Treatment - Mosquito Spraying truck; (4) Lower Left: Evaluating - Taking samples to send to the Ohio Department of Health for testing. Pictured: Maintenance Aides Stephen Brown and Madison Lotz.

Environmental Health: Plumbing Division



Safe Water for All

Our State-Certified Plumbing Inspectors work with registered plumbers and homeowners to ensure all plumbing installations are in compliance with the Ohio Plumbing Code. Our Chief Plumbing Inspector teaches Plumbing Code CEU Classes for a six-county area. Richland Public Health has residential and commercial jurisdiction in Richland County and Commercial Jurisdiction in Ashland, Crawford, Huron, Knox, and Morrow Counties.



Conducting a residential plumbing inspection is Plumbing Inspector Aaron Streng.

2,515

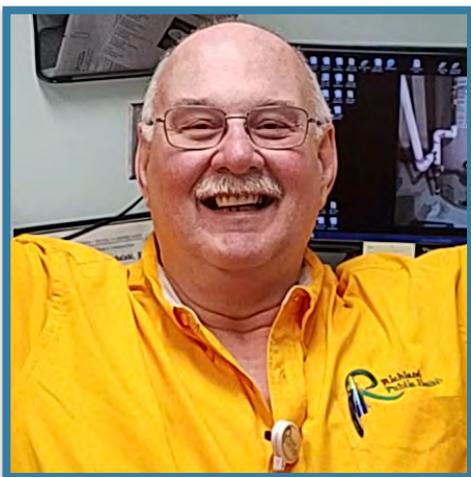
Commercial

1,299

Residential

632

Private Water Systems



This is Frank Brykalski, Chief Plumbing Inspector and all-around good guy. Frank brags that he is a member of the Richland Public Health "Shirt of the Day" Club.

PUBLIC HEALTH NURSING & CLINIC



Public Health Nursing is defined as the practice of promoting and protecting the health of populations using knowledge from nursing, social, and public health sciences. By working with whole communities, public health nurses are able to educate people about health issues, improve community health and safety and increase access to care.



“I assess, plan, implement and evaluate public health programs. I am skilled in creating a healthier community.”
Public Health Nurse “Elevator Speech”

Richland Public Health has two distinct areas of Public Health Nursing Services: the **Public Health Clinic** and **Public Health Nursing**. We are on the front lines: visiting parents of newborns and guiding them as they assume their role as a nurturing parent; working with families who have children with special health care needs; providing health care and health education in the school setting so our students are healthy and ready to learn. Public health nurses and Richland Public Health maintain a high level of emergency preparedness through systematic planning and training for various responses. They implement public health programs that prevent, promote, and protect our health and well being.

PUBLIC HEALTH NURSING	2017
BCMH (client visits)	347
Community Health Screenings	743
Newborn/Prenatal Home Visits	500
<i>Referrals to Community Agencies</i>	180
<i>Cribettes distributed</i>	89
School Nurses (student care hours)	12,559
Communicable Disease Report	
Infectious Diseases (other than flu/STI)	361
<i>Influenza (A & B)</i>	967
<i>Hospitalizations due to Influenza</i>	98
Sexually Transmitted Infection (STI)	799



**Amy Schmidt, Director,
Public Health Nursing**

Hello,

I'm Amy Schmidt, Director of Public Health Nursing at Richland Public Health. Public Health Nurses have the distinction of applying the values and philosophies of nursing and public health together in an effort to impact a community. They work at all levels of intervention with individuals, families, clinics and communities to promote the health of the community and the entire population. Public Health Nurses make a difference in their communities. They provide leadership and ground their work in science. They are conveners, collaborators, and advocates for a healthier community. They are skilled at bringing people together to make change happen in our communities.

PUBLIC HEALTH NURSING & CLINIC



The Public Health Clinic provides non-emergency public health care services to people of all ages. Our clinic is led by registered nurses. These public health nurses provide child and adult immunizations, conduct TB testing, and provide consultation and immunizations to international travelers. The clinic staff also provide testing for STI's and HIV. The public health nurses also staff community based clinics for vaccinations and community health screenings throughout the county.

Left: Clerical Specialist Nikki Franklin and Clerk Chris Parks are the first contacts for most clients at the Clinic intake window.

PUBLIC HEALTH CLINIC	2017
General Health (new/revisit)	1,492
Immunizations (includes TB)	2,977
Influenza Vaccine (Flu Shots)	873
Neighborhood Immunizations (visits)	429
International Travel (visits/consults)	240
Nurses Appointments	252
STD/HIV Testing	217
Total Visits	6,480



Above: Denise Close, RN, prepares for a vaccination.

Public Health Nursing: BCMH

Richland Public Health's Bureau for Children with Medical Handicaps (BCMH) is a program administered through the Ohio Department of Health for families with children with special health care needs. Public Health Nurses assist families to connect with BCMH doctors and other health care providers to ensure that every child with special health care needs will receive comprehensive care and services that are family-centered, community based and culturally sensitive. The public health nurses help families enrolled in this program to obtain payment for the services their children need. Call a public health nurse to see if your child's condition is eligible: 419-774-4540.

Right: A BCMH child with her mother during a home visit.



Public Health Nursing: Newborn Home Visits



FREE Nurse Home Visit for Richland County Moms . . . because your baby didn't come with an instruction manual! Richland Public Health provides a registered nurse from Public Health Nursing to visit you and your newborn child (up to eight weeks old) in your home. The public health nurse will do an assessment for you and your infant and answer questions you may have. Referrals to other community agencies can be made if further assistance is needed.

Some families may also qualify for a FREE “Cribette” provided by a program through “Cribs for Kids” and the Ohio Department of Health.

Newborn home visits are a FREE service in a collaborative effort funded by the Richland County Youth and Family Council.

Call 419-774-4540 to schedule an appointment.

Left: Kristen Grove, RN, packs a Cribette as she prepares for a home visit.

Public Health Clinic: International Travel Services

Services for international travelers are available at the Richland Public Health Clinic through our International Travel Services program.

A public health nurse can provide immunizations for travel needs, travel advice to help you avoid discomfort and disease, documentation of immunizations, and provide helpful answers to your questions.

If you are going to be traveling, you need to know about serious health risks — especially where there is a risk of exposure. Diseases such as tetanus, diphtheria, polio, measles, meningitis, typhoid, hepatitis A, hepatitis B, yellow fever, malaria, influenza, Zika, and traveler's diarrhea pose threats to the unprotected traveler.

Appointments are needed. Please call 419-774-4700 and ask for the International Travel Services program.



Above: Paula Musgrove, RN, talks with a client about her trip to China, where she will be living with a host family.

Public Health Nurses: School Health



Healthy children are successful learners. The public health nurse in schools has a multi-faceted role within the school setting, one that supports the physical, mental, emotional, and social health of students and their success in the learning process. It is the breadth of nursing activities contained within the role of the public health nurse in the schools and the unique non-medical setting that differentiates school nursing from other nursing specialties. Richland Public Health provides public health nurses to nine schools in Richland County. We work collaboratively with the school system to provide the link between health and academic success.

Above: Hearing screenings are one of many duties that public health nurses perform in schools.

Right: Several Public Health Nurses participated in an October video promoting the ABCs of Safe Sleep: **A**lone, on their **B**ack, in a **C**rib, to prevent infant deaths.

Below: Amanda Crawford, RN (also pictured above), and Beth Armstrong, RN, participate in an emergency preparedness drill.

Public Health Nursing: Safe Sleep Education



Public Health Nursing: Emergency Preparedness, Planning & Response



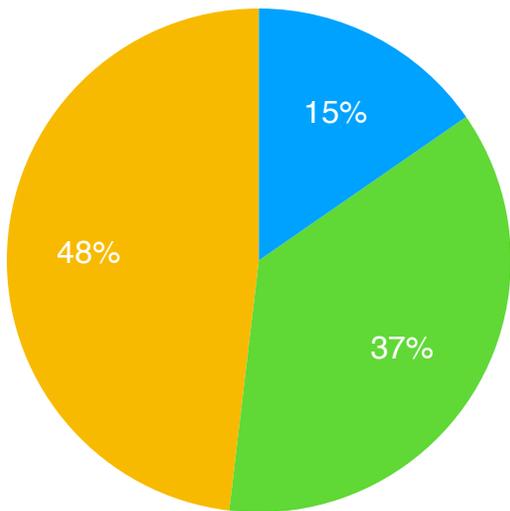
Public health nurses are in the emergency operations center, with the rest of the response community, ready to tackle a public health event or a county emergency of a chemical, biological, or radiological in nature, either through an infectious disease or terrorist threat. Emergency operation plans include mass medication plans to enable organized, prompt, and efficient distribution/administration of medication in the event of a large scale communicable disease outbreak, influenza

pandemic, or bioterrorism event. Richland Public Health employees regularly practice emergency scenario drills.

WIC (WOMEN, INFANTS, CHILDREN)



The Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) is federally funded through the USDA. WIC's mission is to provide supplemental foods, health care referrals, and nutritional information to income eligible pregnant, breastfeeding, postpartum women, and to infants and children up to age 5 who are at nutritional risk. WIC is the nation's premier and most cost effective public health nutrition program. Currently, WIC serves 53 percent of all infants born in the United States.



● New Participants ● Recertifications
● Other Contacts

WIC Services	2017
New Participants (1st time signing up)	2,178
Recertifications	5,181
Other Contacts	6,826
Total Contacts for Ashland & Richland	14,185



A WIC dad with child in the lobby.



**Tina Picman, Director
Richland-Ashland WIC**

Call for an appointment today:
Mansfield Office: 419-774-4560
Ashland Office: 419-289-3359

Hello,
I'm Tina Picman, Director for the Richland/Ashland County WIC Program. I want to welcome you to WIC and its wonderful services. WIC helps young families learn about good nutrition, find health care, and purchase healthy foods available at local grocery stores. In June, 2017, WIC moved from the lower level of RPH to the upper level and is now co-located with the RPH clinic. You can come to your WIC appointment and get your children's immunizations up-to-date all in one visit!

WIC



Santa Claus visits the Christmas Party for the children of WIC clients at Richland Public Health.

Our WIC Program invites you to enjoy the WIC experience — from our friendly staff to the healthy foods WIC provides. WIC has convenient mid-certification appointments for busy families, including completing nutrition education at home via the website www.wichealth.org. Just choose a topic that interests you and complete a quick quiz. Print out or take a screen shot of your completion certificate and bring it to your WIC appointment!

WIC also offers special classes just for kids. These classes include “Story Time” with the Library Lady, the “Kids as Chefs” cooking class, and Halloween and “Christmas with Santa” classes featuring nutritious snacks and crafts. Participating in WIC can be fun for the family!

Another program helpful to WIC participants is the WIC Farmer’s Market Program. During the summer months, WIC provides a \$20 coupon booklet that can be redeemed at approved farm markets for fresh, locally grown fruits, vegetables and herbs. It is a great way to support area farmers and serve your family fresh produce!



OHIO WIC INCOME GUIDELINES*			
Eligible Gross Income (before taxes)			
Family Size	Annual	Monthly	Weekly
1	\$22,311	\$1,860	\$430
2	30,044	2,504	578
3	37,777	4,149	876
4	45,510	3,793	876

**Effective 7/1/2017. If you have more than 4 people in your family, please contact us at 419-774-4560. Richland Public Health is an equal opportunity provider.*



Ohio WIC introduced a new logo for the State program, seen at the left.

Are you expecting and thinking about breastfeeding? Are you a new breastfeeding mom? Congratulations! Breastfeeding is the natural and best way to feed your baby. WIC can help you with learning about the advantages of breastfeeding and, once your baby is born, WIC can provide support through trained health professionals to guide you through the first weeks/months of breastfeeding. Helping you to have a successful, problem free breastfeeding experience is an important WIC service.



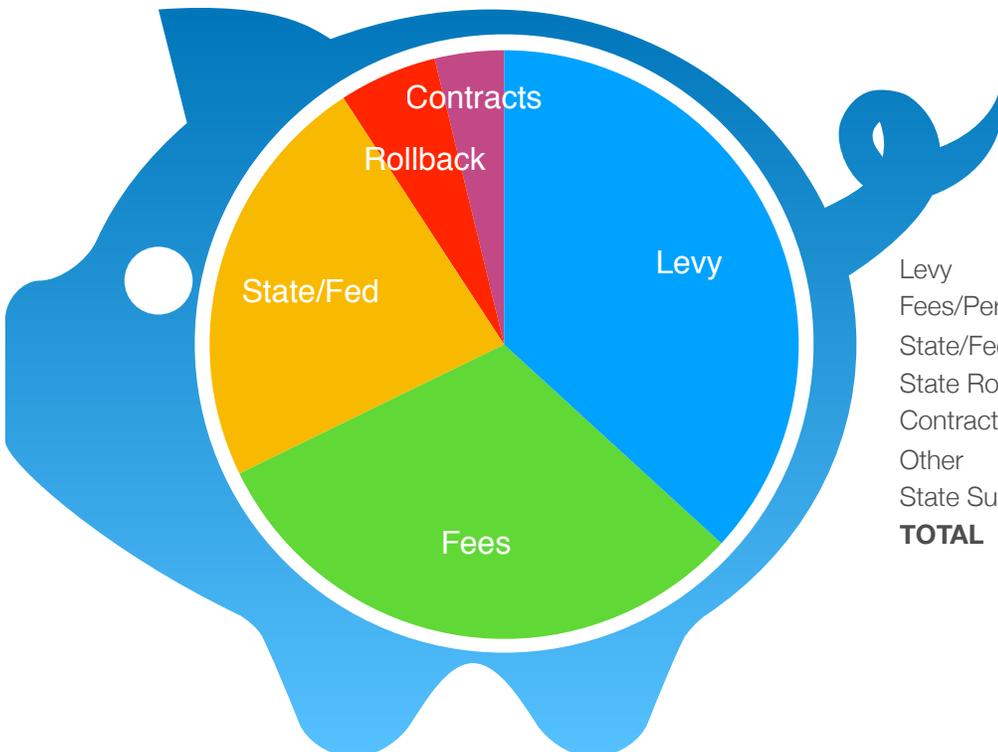
FINANCIAL INFORMATION



Good Stewards of Public Funds

The Board of Health and Administration of Richland Public Health appreciate the trust of the citizens of Richland County in approving our Levies. We are very conscious of making every financial decision in the best interest of serving our citizens.

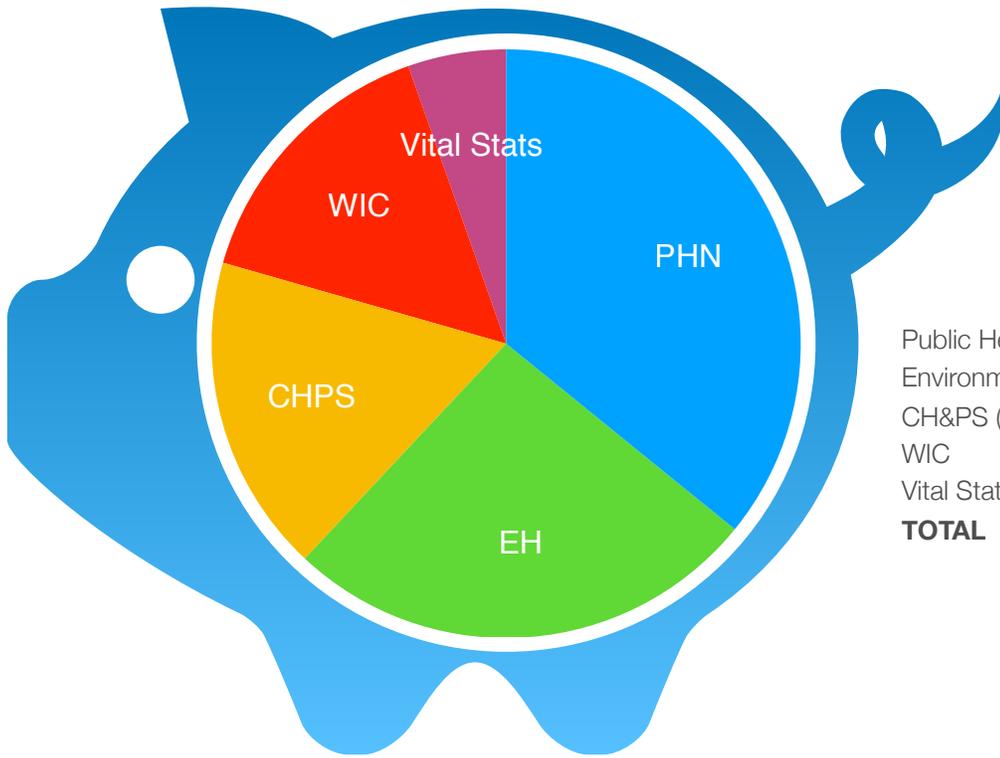
2017 Revenue Sources



Levy	\$2,230,296.18
Fees/Permits	1,877,293.25
State/Federal Grants	1,395,674.84
State Rollback/Utility	326,867.13
Contracts	230,280.11
Other	29,202.43
State Subsidy	21,771.40
TOTAL	\$6,111,385.34

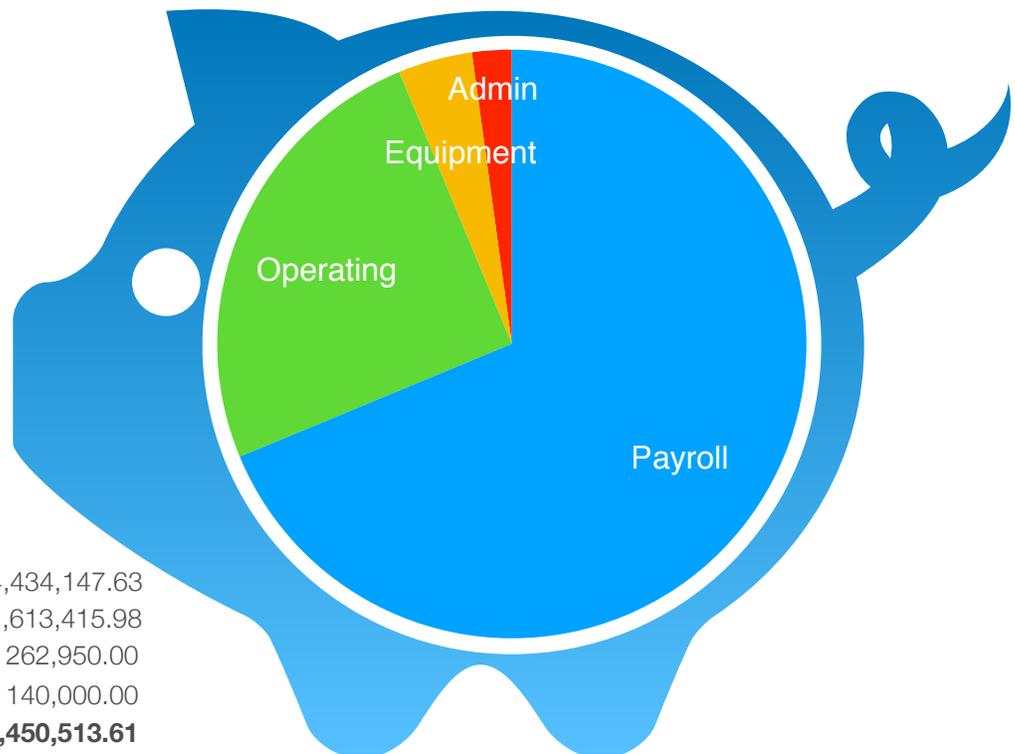
FINANCIAL INFORMATION

2017 Program Expenses



Public Health Nursing	\$2,177,604.28
Environmental Health	1,586,319.09
CH&PS (Health Ed.)	1,060,435.90
WIC	921,184.13
Vital Statistics	327,574.85
TOTAL	\$6,073,118.26

2018 Operating Budget



Payroll/Fringes	\$4,434,147.63
Operating Fees/Permits	1,613,415.98
Equipment/Building	262,950.00
Administrative	140,000.00
TOTAL	\$6,450,513.61