

Public Health Day Awards

The Mansfield/Ontario/Richland County Health Department honored an individual, an organization, and all of its Richland County media partners at its annual Public Health Day breakfast and awards program, April 7.

“Friends of Public Health” awards, recognizing outstanding contributions to the health department’s programs or public health within the community, were presented to Randy



Public Health Day Awards (L-R): Randy Parker from Children Services, and Commander Elvin Burnell and Captain Chuck Taylor representing the Ohio Special Response Team.

Parker with Richland County Children Services and to the Ohio Special Response Team (OSRT). The 14th annual “Media Award” went to all major media outlets in Richland County for their help in covering the H1N1 pandemic flu.

Parker was recognized for his advocacy of the Newborn Home Visitation Program. OSRT was recognized for coordinating security during the early stages of the H1N1 pandemic flu.

The Media Award was presented to a representative from the following news outlets in Richland County: For newspapers: The Bellville Star, The Daily Globe (Shelby), the Tribune-Courier (Madison/Lexington/Ontario), and the Mansfield New Journal; for radio: WVNO/WRGM and WMAN/WSWR; and for TV: WMFD-TV.

In his opening remarks for Public Health Day, Health Commissioner Stan Saalman made special mention of the Health Department’s 100th year in Richland County.

Keynote speaker was Kathryn S. Porter, MD, Senior Medical Officer with the National Health and Nutrition Examination Survey that began its health survey and examination campaign in Richland County that week.

From the Health Commissioner



Stan Saalman

People may think that I alone make the decisions that run the Health Department because I am the Health Commissioner at the Mansfield/Ontario/Richland County Health Department.

The reality is I seldom make major decisions alone regarding how the Health Department and its programs are run. There are many people involved in those decisions. I thought I would share with you information about these important people.

You may know some of the people that make decisions on the local level. First, the Health Department has a medical director, Dr. Dan Burwell, who makes all major policy decisions dealing with direct medical care. Second, there are fourteen members of our Board of Health (listed on the back inside page of this Annual Report). The Mayor and City Council of Mansfield appoint five members. The Mayor and City Council of Ontario appoint two members. The Health District’s District Advisory Council (DAC) appoints another six members. At the recommendation of the Area Agency on Aging, one of the six members is appointed to represent senior citizens. The DAC also appoints the members of the Retail Licensing Council, made up of one person representing each industry that the Health Department inspects. That council also elects one of their members to be on the Board of Health.

The DAC is comprised of Chairpersons from each of the County Township Trustee Boards, the Chairperson of the County Commissioners, and the Mayors of the Villages and Cities (also listed on the preceding page). In March of each year, the Health Department presents its budget and yearly report on services to the DAC.

Grant programs run by the Health Department are tightly controlled by either state or federal regulations and audited annually for compliance.

Most of our Environmental Health programs are tightly controlled by Ohio or federal regulations and/or rules developed by state or federal legislators or administrators. These programs are also audited for compliance by their controlling agency.

My job is to assure the Health Department is operating in accordance with the guidelines of all of the above. Feel free to contact me, or any individual on one of these governing bodies, if you have any concerns about the Health Department services.

Rest assured, when making decisions about running the Health Department, our first consideration is how those decisions affect you. That’s why we like to say, “Your Health is Our Department.”

Stan Saalman, Health Commissioner

Mansfield/Ontario/Richland County Health Department



Our Mission (adopted by the Board of Health, January 25, 1988 and revised April 21, 2008)

The primary mission of the Mansfield/Ontario/Richland County Health Department is to provide all people with quality public health services and programs. These programs are designed to prevent disease and disability, prolong life, and promote health and individual well-being.

This mission is to be achieved through organized community programs that:

- **Prevent and control the spread of chronic and communicable diseases.**
- **Assess, improve and maintain a healthy and safe environment and community**
- **Deliver preventative health services and follow-up care to high-risk individuals and groups.**
- **Inform and educate the public on matters of individual wellness and community health, and**
- **Provide bio-terrorism and emergency related leadership and services to the public.**



Mansfield/Ontario/Richland County Health Department
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 Protecting and Promoting Health with an Ounce of Prevention
An equal opportunity employer/provider of services

Public Health Clinic

The public health clinic is open to all people for the purpose of providing health care, promoting wellness, providing education and treating illness. These health services are provided by our staff doctor, nurse practitioner, staff nurses, social worker, health educator, and clerical staff. These health services are for people of all ages from Richland and surrounding counties.

Clinic Visits in 2010..... Total

Child Health	293
Clinic Influenza Shots	883
General Health	3,655
HIV Testing (clinic tests only).....	162
Immunizations (total clients)	2,837
Adult Vaccine Doses (shots given).....	2,385
Children Vaccine Doses (shots given)	5,832
Satellite Immunizations (total clients).....	596
Travel Immunization Program (total clients)	522
Prenatal/OBGYN	594
Reproductive Health*	933
TB Testing.....	1,105
Total Visits for 2009	11,615

*Includes Women’s Health and STD testing/treatment

BCCP (Breast & Cervical Cancer Project)

Case Managers for the **Breast and Cervical Cancer Project** (BCCP) link low-income, uninsured women age 40 and over to cancer screening and diagnostic services.

BCCP Region 5* Cancer Screenings

2010 Totals	
Pap Smears.....	605
Mammograms	732
Women Enrolled.....	903

*Serving women in Ashland, Crawford, Huron, Knox, Marion, Morrow, Richland, Seneca and Wyandot counties.

Public Health Nursing

Public Health Nurses fulfill a unique role in promoting a healthy community. They are a valuable resource for education, information and referral assistance. Based in the Health Department, they also work in schools, homes and other sites in the city and county. The Public Health Nurses provide services to all ages, from newborns to senior citizens.

Public Health Nursing in 2010..... Total

BCMH Contacts.....	5,912
Community Health Screenings	805
Infectious Disease Investigations*	340
Influenza Shots (seasonal, Sept. - Dec.).....	3,556
H1N1 Vaccines (Jan. - June, 2010)	1,668
Lead Investigations.....	7
Newborn Home Visits.....	204
Referrals to Community Agencies.....	228
School Health Nurses (Hours)	12,098
Senior Health Assessments.....	1,721
Sexually Transmitted Disease Investigations.....	780

*Other than STIs

Communicable Disease Investigations

Communicable Disease Investigations are conducted by Public Health nurses and are lead by our staff epidemiologist. The Health Department investigates disease outbreaks that could affect the health of our communities. Nearly 1,000 investigations were conducted last year.

Infectious Disease 2010 Totals

Infectious Diseases other than STI*	340
*Sexually Trasmitted Infections, Total	639
Chlamydia.....	575
Gonorrhea	192
AIDS/HIV	5
Syphilis.....	8
Total Investigations.....	979

Funding - 2010

SUPPORT: \$6,758,768^{.40}

Levy (38.55%).....	\$2,605,747 ^{.46}
State/Federal Grants (25.77%)	1,741,875 ^{.41}
Fees, Licenses, Permits (19.53%)	1,320,200 ^{.55}
Contracts (10.49%).....	708,683 ^{.79}
State Subsidy (5.34%)	360,604 ^{.16}
All Other Sources (0.32%).....	21,657 ^{.03}

SERVICES: \$5,693,616^{.13}

Public Health Nursing (31.11%).....	\$1,771,422 ^{.75}
Public Health Clinic (24.96%)	1,421,125 ^{.33}
Environmental Health (20.10%)	1,144,383 ^{.42}
WIC (13.77%)	783,911 ^{.45}
Health Promotion/Education (6.21%).....	353,760 ^{.76}
Vital Statistics (3.85%).....	219,012 ^{.22}

GRANT INCOME: \$1,741,875^{.41}

WIC – Nutrition and Education.....	\$735,257 ^{.00}
PHEP*/H1N1 Vaccination	480,752 ^{.83}
Breast & Cervical Cancer Screening	153,588 ^{.00}
Child & Family Health Services.....	147,643 ^{.75}
Immunizations – Satellite areas.....	76,559 ^{.88}
Creating Healthy Communities	56,250 ^{.00}
Women’s Health Services	44,733 ^{.50}
Safe Communities	27,546 ^{.90}
Senior Health Screenings	19,543 ^{.55}

*PHEP = Public Health Emergency Preparedness

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Management Structure

Board of Health

Mansfield: Robert Exten, MD; John F. Leech, DDS; Matthew Maiyer, R.Ph.; Frank Russo, Donald Bartlett; **Ontario:** Barbara Cinadr, RN, Vice Chair; J. Roger Ronk, DVM. **County:** Thelda Dillon; Carol Michaels; Steven Phillips, DVM, Chair; Michael Renner; Jean Swartz; Violet Wetzel; Beauford T. Williams.

District Advisory Council

This council meets annually in March to bring health concerns and recommendations to the Board of Health and to appoint new members from the county. Members include the chairman of each township’s board of trustees, village mayors, mayors of Mansfield and Ontario, and the chair of the county commissioners.

Townships - Bloomingrove: Danny E. Adkins • Butler: Matthew Pickworth • Cass: Joseph Miller • Franklin: John K. McCarron • Jackson: Harvey Traxler • Jefferson: Fred Ackerman • Madison: Homer Hutchinson • Mifflin: John Jaholnycky • Monroe: Michael Switzer • Perry: Peter Haip • Plymouth: Mark Fry • Sandusky: Thomas Glauer • Sharon: Dale Schroeder • Springfield: Michael L. Keith • Troy: Wayne E. Weirick • Washington: Bob Entenmann • Weller: Thomas Oswalt • Worthington: Dale Pore.

Mayors - Bellville: Darrell Banks • Butler: Jeffrey Sellers • Lexington: Eugene Parkison • Lucas: Todd Hall • Mansfield: Don Culliver • Ontario: Larry Collins • Plymouth: Keith Hebble • Shiloh: Timothy Wireman.

Chair, County Commissioners - Gary Utt.

Retail Licensing Council

Michael Renner, Chair (Tattoo & Body Piercing Establishments); Brenda Martin (Food Service); Gayle Meadows (Food Establishment); Bob Chapman (Manufactured Home Parks); Dave Carver (Swimming Pools, Spas & Special Use Pools); Terry Conard (Campgrounds & Parks); Grant Milliron (Solid & Biomedical Waste Facilities); Bo Christiansen (Plumbing Industries).

Health Department Administration

Stan Saalman, MSEPH, JD, RS, Commissioner; **Daniel Burwell**, D.O., Medical Director; **Selby Dorgan**, LSW, Health Promotion/ Education Manager; **Tina Picman**, MS, RDLD, WIC Director; **Rick Grega**, Esq., Human Resources Manager; **Kevin VanMeter**, Fiscal Operations Director; **Amy Vincent**, BSN, RN, Director of Nursing; **Matt Work**, RS, Environmental Health Director.

On the cover: Health Commissioner Stan Saalman speaks at Public Health Day; flu vaccination for a young child at the first flu clinic of 2010; Public Health Nurse Nancy O’Diam at her last flu clinic before her retirement; Long-time plumbing inspector Dean Wells hugs his sign for National Plumber Day.

WIC

WIC (Women, Infants, Children) is the nation’s premier public health nutrition program. With nutritious foods, counseling, and referral to health care, WIC has helped to decrease anemia among pre-school children and improve pregnancy outcomes.

WIC Client Totals for 2010

New Participants	2,089
Recertifications (continuing)	5,500
Other Contacts.....	5,017
Total Contacts	12,606

The total number of WIC coupons issued for 2010 was 178,768. The value of these coupons was \$2,143,214.16, greatly contributing to our Richland County economy. The number of WIC clients active during 2010 averaged 3,525 per month.

SPECIAL GUEST (right): Santa Claus visited the Mansfield WIC offices for a Holiday Party in December. WIC participants were able to have their picture taken with Santa, pick hats and gloves from a donor tree, and sample nutritious “reindeer” snacks.



WIC Stresses Breastfeeding and Support

During 2010, WIC continued its breastfeeding awareness and support efforts. The annual Breastfeeding Mom’s Tea was held in August, honoring WIC moms who have chosen to breastfeed their babies.

WIC Dietitians provide support for moms during the important first few weeks of breastfeeding. Manual breast pumps are available to all moms. Electric breast pumps are provided for special situations like mom/baby separation.

Vital Statistics

The Vital Statistics division maintains records of all births in Richland County and deaths (excluding Shelby) since 1908.

DEATHS (excludes Shelby)

Year	2008.....	2009.....	2010
Total Deaths	1,015	1,067	1,107
Male	484	540	555
Female	531	527	552
Causes of Death.....	2008.....	2009.....	2010
Heart Related	305	364	402
Male.....	165	184	194
Female.....	140	180	208
Cancer	211	227	219
Lung Diseases	109	79	100
Strokes/CVA.....	77	77	71
Flu/Pneumonia	43	40	55
Alzheimers.....	66	77	52
Renal/Kidney Disease.....	57	49	50
Accidents	30	40	39
Accidental Drug OD.....	8	17	15
Traffic-Related.....	15	14	11
Falls.....	4	9	8
Stillbirths.....	6	5	12
Suicide	16	13	11
Homicides.....	2	4	6
AIDS.....	0	0	2
Pending Autopsy.....	2	10	4
Other (not above)	88	77	84

BIRTHS (excludes Shelby)

Year	2008.....	2009.....	2010
Total Births.....	1,360	1,306	1,147
Total to Teens	222	195	142
Unwed Teens.....	198	179	130
Repeat Teens	50	40	16
Total Unwed (All Ages)	478	407	404
Repeat Births (All Ages)	773	760	710
Teen Births % of Total.....	.163	.149	.124
Unwed Births % of Total...	.351	.312	.352

Note: Beginning with 2011, Vital Statistics is able to do birth certificates for anyone born in Ohio (not just Richland County).

Environmental Health

The Environmental Health Services division directs a variety of programs that prevent, protect and educate our community about potentially harmful elements in our environment. Our sanitarians and plumbing inspectors work to keep the public safe from disease.

Environmental Health in 2010....Total*

Campgrounds.....	259
Communicable Diseases	12
Emergency Responses (started in May)	160
Foodborne Investigations.....	56
Food Operations.....	4,490
Hazardous Materials (started in May).....	55
Healthy Homes (started in May).....	209
Indoor Air Quality	394
Lead Contamination.....	495
Manufactured Home Parks	290
Nuisance - food.....	133
Nuisance - housing	239
Nuisance - insects & rodents	208
Nuisance - sewage	99
Nuisance - solid waste.....	320
Nuisance - other	97
Plumbing - residential.....	2,034
Plumbing - commercial	1,809
Plumbing - other	269
Private Water Systems.....	1,286
Rabies Control	679
Schools	258
Sewage Systems (all types).....	2,275
Smoke-free Workplace	458
Solid Waste.....	1,193
Swimming Pools/Spas	520
Tattoo/Piercing Parlors	98
Vector Control.....	807
All Other (not categorized)	2,318
Totals All Contacts.....	21,734

*Inspections, investigations and consultations

An example of the Health Department effectively coordinating activities between divisions is the **story to the right** where Environmental Health worked with Communicable Disease Investigations and Health Education to get this news story out.

Health Promotion/Education

Health Promotion/Education works to help people in Richland County gain more control of their personal health as well as the health and well-being of the community and the environment.

Programs & Presentations in 2010

Child Passenger Safety Seats Checks	86
County/Public Cholesterol Screenings.....	721
Creating Healthy Communities Presentations	13
Fairs, Parades and Health Fair Booths.....	14
Fifth Grade Puberty Talks	9
Health & Wellness Lectures & Presentations	15
Seat Belt Use Surveys (4,982 vehicles).....	38
Senior Driver Refresher Classes Participants	69
Traffic Safety Presentations.....	37

Mosquito-borne Disease Spreads Concern

At the end of September in 2010, long after most people had stopped worrying about mosquitos, the Health Department investigated three confirmed cases of California La Crosse encephalitis/meningitis in Richland County. This was a substantial increase from previous years in our county and in Ohio. Our last case prior to 2010 was in 2007.



In addition to California La Crosse encephalitis/meningitis, West Nile virus, viral infections such as Eastern and Western equine encephalitis, and St. Louis encephalitis can be spread by the bite of an infected mosquito.

Anyone bitten by an infected mosquito can get an infection, although children under age 16 are at greater risk. Symptoms, which may occur five to 15 days after a bite, are usually mild illnesses that include headache, fever, nausea, vomiting and tiredness, although cases can be more severe.

“While mosquitos are most active between dusk and dawn, the mosquitos known to cause California La Crosse encephalitis/meningitis also bite during the daylight hours,” said Matthew Work, Director of Environmental Health at the Mansfield/Ontario/ Richland County Health Department.

The late cases of La Crosse infection have spread the concern that mosquito-borne disease cases may be on the rise in 2011. The Health Department is urging everyone to take precautions against mosquito bites and to eliminate mosquito breeding sites. For more information on what you can do, visit www.richlandhealth.org/health/mosquito.html

Pictures from Public Health 2010



OHIO'S DOCTOR (above): Alvin D. Jackson, M.D. (on left), Director of the Ohio Department of Health, visited the Health Department for a sit down with the media and Health Commissioner Stan Saalman on February 12.



HAPPY 100 (left): The Health Department, founded in 1910, had a 100th birthday party.

HIKE FOR HEALTH (right): For the past 10 years the Health Department has sponsored, along with the Ohio Department of Natural Resources, a hike at Malabar Farm for cardiovascular health. The winter hike in February proved so popular that a second hike was added for the fall. These four college students participated in the Winter Hike, February 20.



11,615
Unique Clinic
Patient Visits

MERCURY SPILL (left): The Health Department suffered its own Public Health Emergency when a mercury spill from a broken manometer caused a two-day shutdown while the building was cleaned and decontaminated.



RABIES VACCINE (left): For the past several years the Health Department has helped promote the free rabies vaccinations provided by Drs. Henry and Jody Akers and Dr. Laurie Hickox. This annual event in May is an opportunity for people to protect their dogs and cats from rabies and provide a barrier of protection for their families.



TRAFFIC SAFETY: The Richland County Safe Communities Coalition, a grant project of the Health Department, participates in safety messages such as Motorcycle Safety Awareness (left), Seat Belt Awareness (below), and DUI Awareness Education (right) which included a Corn Hole toss using "Fatal Vision" goggles (at the Bellville Farmer's Market here with Village of Bellville Chief Ron Willey).

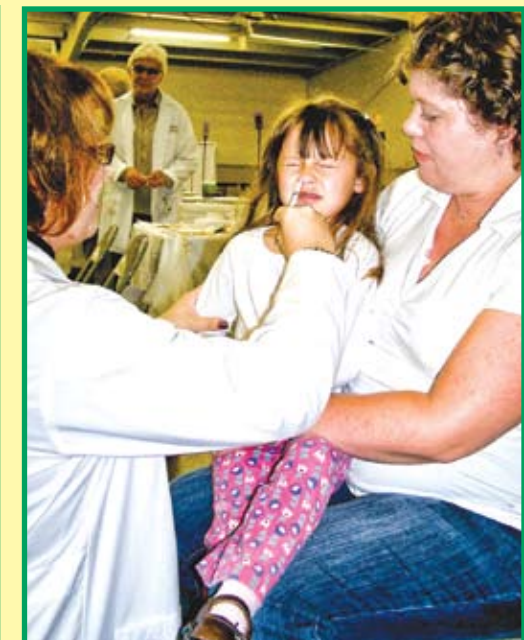


21,734
EH Contacts
or Inspections

NEW TRAILER (right): Hauling supplies to and from community flu shot clinics requires a lot of equipment. In case of an emergency, the Health Department has to be able to move equipment quickly. The newest addition to our preparedness is this supply trailer, which was purchased with grant dollars. The trailer was decorated with the Health Department "bug."



AWARENESS (left): Part of the fight against the spread of AIDS is education and awareness. During May, the Health Department hangs flags outside the building that represent local deaths from the virus.



OH, THOSE FLU SHOTS (left and above): Everyone should get a flu shot. Some of our younger clients grit their teeth for a shot while others need just the nasal flu mist. Of all the services of the Health Department, the annual flu clinics are probably best known.



HEALTHY COMMUNITIES (right): The Health Department's newest grant is for Creating Healthy Communities, focusing on preventative health. At the Juneteenth Celebration in downtown Mansfield, a display reminded attendees that heart disease runs in the "genes."

14,327
Total Flu, H1N1 &
Immunization Doses

MEDIA HEROES: On Public Health Day, April 7, all the members of the area media were honored for their assistance in covering the H1N1 flu stories. Included were representatives from (L-R) Shelby Globe, WMAN/WVNO, Mansfield News Journal, WMFD/WRGM/WVNO, Tribune-Courier, and The Bellville Star.



NHANES (left): The National Health and Nutrition Examination Survey (NHANES) chose Richland County for one of its health survey sites, parking huge mobile examination trailers at the Richland County Fairgrounds for a month. The timing of the exams coincided with National Public Health Week.



MINORITY HEALTH FAIR (left and below): Continuing its successful annual run, the Minority Health Fair brings health services and a variety of county agencies to the Ocie Hill Neighborhood Center in April. Pictured here are tetanus shots and a hearing screening being performed by members of the Health Department nursing staff. A popular activity, pictured below, was the hand massage on the main stage.

