

Management Structure

From the Health Commissioner

Board of Health

Mansfield: Robert Exten, MD; John F. Leech, DDS; Matthew Maiyer, R.Ph.; Frank Russo, Donald Bartlett; **Ontario:** Barbara Cinadr, RN, Vice Chair; J. Roger Ronk, DVM. **County:** Thelda Dillon; Carol Michaels; Steven Phillips, DVM, Chair; Michael Renner; Jean Swartz; Violet Wetzel; Beauford T. Williams.

District Advisory Council

This council meets annually in March to bring health concerns and recommendations to the Board of Health and to appoint new members from the county. Members include the chairman of each township's board of trustees, village mayors, and the chair of the county commissioners.

Townships - Bloomingrove: Kenneth Burrer • Butler: Matthew Pickworth • Cass: Joseph Miller • Franklin: Jeffrey K. Kuhn • Jackson: Larry R. Diebley • Jefferson: Fred Ackerman • Madison: James Boyd • Mifflin: Roger D. Cook • Monroe: Merle Fulton • Perry: Glenn Myers • Plymouth: Charles E. Miller • Sandusky: Thomas Glauer • Sharon: Dale Schroeder • Springfield: Michael L. Keith • Troy: Wayne E. Weirick • Washington: Kay Leitenberger • Weller: Thomas Oswalt • Worthington: Gary D. Smith.
Mayors - Bellville: Darrell Banks • Butler: Jeffrey Sellers • Lexington: Eugene Parkison • Lucas: Todd Hall • Mansfield: Don Culliver • Ontario: Kenneth Bender • Plymouth: Keith Hebble • Shiloh: Christine Donnersbach.
Chair, County Commissioners - Gary Utt.

Retail Licensing Council

Steve Reed, Chair (Food Service); Gayle Meadows (Food Establishment); Bob Chapman (Manufactured Home Parks); Kevin Timmons (Swimming Pools, Spas & Special Use Pools); Terry Conard (Campgrounds & Parks); Grant Milliron (Solid & Biomedical Waste Facilities); Bo Christiansen (Plumbing Industries); Michael Renner (Tattoo & Body Piercing Establishments).

Health Department Administration

Stan Saalman, MSEPH, JD, RS, Commissioner; **Daniel Burwell**, D.O., Medical Director; **Selby Dorgan**, LSW, Health Promotion/Education Manager; **Tina Picman**, MS, RLDL, WIC Director; **Cathy Smith**, Human Resources Manager; **Kevin VanMeter**, Fiscal Operations Director; **Amy Vincent**, BSN, RN, Director of Nursing; **Matt Work**, RS, Environmental Health Director.

Mansfield/Ontario/Richland County



Health Department

555 Lexington Ave. • Mansfield, OH 44907
419-774-4500 • www.richlandhealth.org

Protecting and Promoting Health with an Ounce of Prevention

An equal opportunity employer/provider of services



Like most businesses in 2009, the Mansfield/Ontario/Richland County Health Department started the year facing major financial concerns. Those concerns appeared justified early when we received substantial cuts from the state in three grant-funded programs. We also saw a rapid drop in income to our plumbing inspection program due to a reduction in plumbing jobs in the county. As a result we had to make the hard decision to eliminate our plumbing supervisor position to offset this loss of income. To offset other financial losses and to keep from losing other positions, our management and bargaining unit personnel all agreed to voluntarily undergo wage freezes.

As the year went on the Health Department benefited from several new grants. Two of these grants were directly related to assisting in the public health response for H1N1 Flu, commonly known as “swine flu.” The first was known as Public Health Emergency Preparation (PHEP) and the second as Public Health Emergency Response (PHER). The first grant was basically getting ready for how we were going to distribute the H1N1 vaccine, including the publicity and preparations for the vaccination sites. The second was the actual vaccination clinics that we held. The federal grant money provided by these two grants helped pay for the H1N1 immunization clinics.

Toward the end of the year, the hard work of a few other individuals gave us two more grant opportunities. In our Health Promotion/Education division, Selby Dorgan secured a “Creating Healthy Communities” grant in the amount of \$75,000 for cardiovascular health and obesity intervention. Then Loretta Cornell and Tina Nichols in our Nursing Clinic division wrote for and received a 21-county grant of \$68,500 from the Portsmouth City Health Department to provide Disease Intervention Specialist Coverage directed toward HIV and sexually transmitted disease intervention.

All of this grant writing along with the additional H1N1 flu clinics kept our staff members very busy.

Speaking of flu clinics, we received many, many compliments on how well organized they were, given the hurried circumstances. We could not have run them as smoothly as we did without the many fine volunteers who helped out. I want to thank them. I also want to say thank you to all of those who participated in those clinics for your patience and understanding.

Finally, I'd like to recognize the fact that as the Health Department is celebrating 100 years of service in Richland County, we remain ready to continue to serve and are always focused on being prepared to protect our citizens.

Stan Saalman, Health Commissioner

Mansfield/Ontario/Richland County Health Department



years of service

What does 100 years mean? In the case of the Mansfield/Ontario/Richland County Health Department it means 100 years of service and value to the citizens of the county.

The Health Department began in 1910 in the City of Mansfield to protect and promote the health and welfare of the public. Today it includes all of Richland County, except the City of Shelby.

Our Public Health Clinic provides non-emergency health care services. Public Health Nursing provides health screenings for all ages. Environmental Health protects the public from water and food contamination. WIC provides nutritious food to women, infants and children. It's all about Prevention, Protection, Promotion and Health Education.

For 100 years: Your Health has been Our Department.

H1N1 Dominates Public Health News

A new public health threat emerged in 2009 and dominated the national health news for most of the year. H1N1 (commonly known as swine flu) earned pandemic status from the World Health Organization, and public health departments across the United States began preparing to handle this novel, flu-like virus.

"In an emergency, we are responsible for safely dispensing medicines or vaccines to the public," said Mary Derr RN, Public Health Preparedness Coordinator. "This is exactly the type of threat we have been practicing in order to protect Richland County residents."

Plans first called for everyone to get their regular seasonal flu shot. The Health Department pushed its regular flu schedule up a month in preparation for the coming H1N1 vaccines.

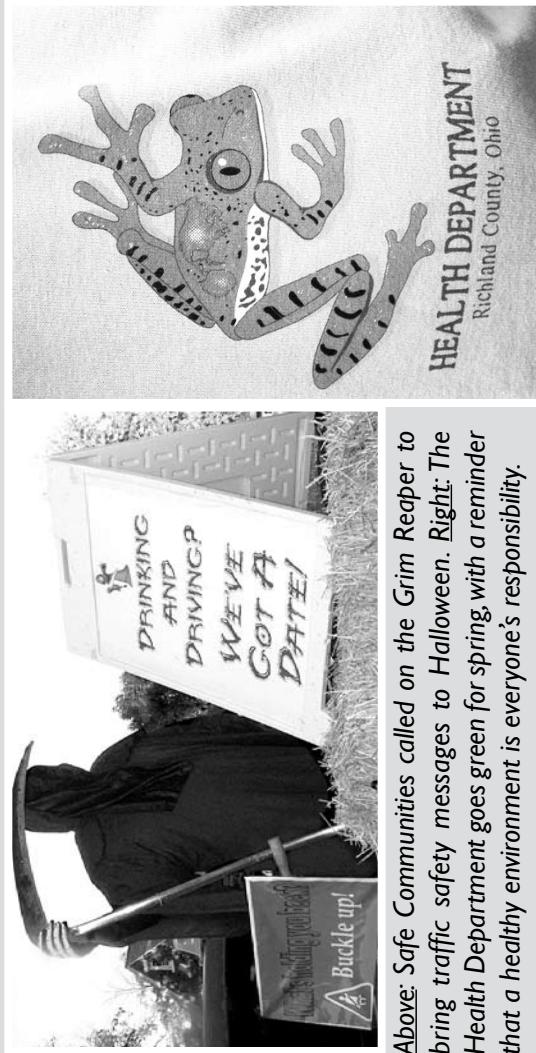
When vaccine began to trickle in, the Health Department followed CDC priority guidelines until the vaccine was eventually available to all citizens. Clinics were usually held at the Richland County Fairgrounds because of access to the buildings and ample parking.

Coordination of the clinics required the assistance of volunteers and many hours of overtime for Health Department staff. H1N1 clinics continued into 2010 and while the threat proved not to be as great as initially feared, the Health Department proved more than capable of meeting the challenge.



Right: Home of the brave. Some of the little troopers who came with their parents to get H1N1 vaccines.

12 / 25 H1N1 Doses at 2009 Clinics



Right: Home of the brave. Some of the little troopers who came with their parents to get H1N1 vaccines.

Above: Safe Communities called on the Grim Reaper to bring traffic safety messages to Halloween. *Right:* The Health Department goes green for spring, with a reminder that a healthy environment is everyone's responsibility.



Below: The Minority Health Fair enjoyed another successful day with its annual April event focused on health issues that disproportionately affect the minority population.



Above: Safe Communities called on the Grim Reaper to bring traffic safety messages to Halloween. *Right:* The Health Department goes green for spring, with a reminder that a healthy environment is everyone's responsibility.



Long lines at the Richland County Fairground Fairhaven Hall for H1N1 vaccinations, didn't mean long waits. From check-in to exit, the process rarely took longer than an hour even when busy.

"Obviously we didn't do these mass vaccination clinics without the assistance of a lot of people and agencies," Stan Saalman, Health Commissioner said. Among the many agencies assisting in the public health effort were Richland County EMA, RSVP, and American Red Cross (Richland Chapter), with security provided by Ohio Special Response Team (OSRT).



Vital Statistics (419-774-4500)

The Vital Statistics division maintains records of all births and deaths in Richland County since 1908 (excluding Shelby).

DEATHS (excludes Shelby)

Year	2006	2007	2008	2009
Total Deaths	1,138	1,069	1,015	1,067
Male	543	540	484	540
Female	595	529	531	527
Causes of Death	2006	2007	2008	2009
Heart Related	393	378	305	364
Male	180	188	165	184
Female	213	190	140	180
Cancer	239	209	211	227
Lung Diseases	102	85	109	79
Strokes/CVA	55	78	77	77
Alzheimers	57	64	66	77
Renal/Kidney Disease	54	49	57	49
Flu/Pneumonia	52	36	43	40
Accidents	36	44	30	40
Suicide	16	13	16	13
Homicides	5	9	2	4

SUPPORT: \$6,732,285

Levy (38.7%)	\$2,601,135
State/Federal Grants (23.6%)	1,588,777
Fees, Licenses, Permits (21.0%)	1,417,594
Contracts (10.9%)	734,826
State Subsidy (5.5%)	371,391
All Other Sources (0.3%)	18,562

SERVICES: \$6,365,587

Public Health Clinic (27.4%)	\$1,742,397
Public Health Nursing (27.3%)	1,741,358
Environmental Health (23.7%)	1,506,708
WIC (13.5%)	859,397
Health Promotion/Education (5.0%)	316,155
Vital Statistics (3.1%)	199,572

GRANT INCOME: \$1,588,777

WIC – Nutrition and Education	\$709,638
Infrastructure/H1N1 Vaccination	340,685
Child & Family Health Services	230,445
Breast & Cervical Cancer Screening	145,647
Immunizations – Satellite areas	68,807
Women's Health Services	46,861
Safe Communities	26,183
Senior Health Screenings	20,511

BIRTHS (excludes Shelby)

Year	2006	2007	2008	2009
Total Births	1,325	1,367	1,360	1,306
Total to Teens	198	214	222	195
Unwed Teens	175	200	198	179
Repeat Teens	32	39	50	40
Total Unwed (All Ages)	429	440	478	407
Repeat Births (All Ages)	766	794	773	760
Teen Births % of Total	149	157	163	149
Unwed Births % of Total	323	322	351	312

Our Mission

(adopted by the Board of Health, January 25, 1988 and revised April 21, 2008)

The primary mission of the Mansfield/Ontario/Richland County Health Department is to provide all people with quality public health services and programs. These programs are designed to prevent disease and disability, prolong life, and promote health and individual well-being. This mission is to be achieved through organized community programs that: • Prevent and control the spread of chronic and communicable diseases. • Assess, improve & maintain a healthy and safe environment & community. • Deliver preventative health services and follow-up care to high-risk individuals and groups. • Inform and educate the public on matters of individual wellness and community health, and • Provide bio-terrorism and emergency related leadership and services to the public.

WIC (419-774-4560)

WIC (Women, Infants, Children) is the nation's premier public health nutrition program. With nutritious foods, counseling, and referral to health care, WIC has helped to decrease anemia among pre-school children and improve pregnancy outcomes.

Supplemental Foods, the new WIC food package, arrived October 1, 2009. Due to shifts in the WIC population and health and life style changes, for the first time in 35 years, new food choices were made available. Fresh, canned or frozen fruits and vegetables, whole grain breads, buns, tortillas, brown rice, and fruit and vegetable baby food are now included in the food WIC offers. WIC continues to offer **Nutrition Counseling** with this program.

Breastfeeding Support is provided by trained counselors. WIC Dietitians teach an informative breastfeeding class once monthly. Manual and electric breast pumps are provided to qualifying moms along with referrals to local breastfeeding specialists when needed.

WIC Client Totals for 2009

New Participants.....	2,397
Recertifications (continuing)	5,918
Other Contacts.....	5,368
Total Contacts.....	13,683
<i>The total number of WIC coupons issued for 2009 was \$158,070. The value of these coupons was \$2,596,598.82, greatly contributing to our Richland County economy. The number of WIC clients active during 2009 averaged 3,752 per month.</i>	



WIC has education classes where kids and parents learn about and sample healthy foods.

Health Promotion/Education (419-774-4544)

Health Promotion/Education works to help people in Richland County take more control over their personal health as well as the health and well-being of the community and the environment.

Child Car Seat Technicians provide help for parents with installing Child Passenger Safety seats. Through the Ohio Buckles Buckeyes program, we provide free car seats to eligible clients.

County Employee Wellness Program performs more than 500 cholesterol checks every year, giving Richland County employees the best indication of their health and health risks thus lowering the cost of insurance.

Senior Driver Improvement Classes for adults 50 and over. We teach the AARP Driver Safety Program, designed to help experienced drivers maintain their safe driving skills.

Traffic Safety Information through the Richland County Safe Communities Coalition, a grant program of the Ohio Traffic Safety Office. Our goal is to increase seat belt use and limit impaired driving.

Health Resource for the Community with health and wellness presentations for groups large and small on a variety of health topics.

Public Health Day Awards

The Mansfield/Ontario/Richland County Health Department honored an individual, an organization, and a media personality at its annual Public Health Day breakfast and awards program.



Public Health Day Awards (L-R): Michelle Moritz, representing the Wellness Committee at the 7th Day Adventist Church, John Dorsey and Rob Meisse.

John Dorsey has been with Richland County Jobs & Family Services for 15 years, during which he served as Healthcheck and Pregnancy Related Services Coordinator. He worked with the Health Department on several committees, including Help Me Grow, Head Start, and the Richland County Child and Family Health Consortium.

The Wellness Committee at the 7th Day Adventist Church has provided free food at the Minority Health Fair for four years. Not only is this an enormous undertaking, but the Wellness Committee makes sure that its menu provides healthy and nutritious food as well. The Committee purchases the food, prepares it, serves it and provides clean up. This is no small undertaking considering that they are serving breakfast and lunch to as many as 400 Minority Health Fair visitors and vendors.

Rob Meisse, who has spent most of his life operating radio and TV stations, received the 13th annual Media Award in recognition for coverage of health-related issues. He is station manager for Mix 106.1 FM WVNO, AM 1440 WRGM, WMFD TV, WOHZ TV and WMFD.com, as well as owner of REM Innovations.

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Programs & Presentations in 2009

Child Passenger Safety Seats Checks	91
County/Public Cholesterol Screenings.....	612
Fairs, Parades and Health Fair Booths.....	15
Fifth Grade Puberty Talks	10
Health & Wellness Lectures & Presentations	31
Seat Belt Use Surveys (4,631 vehicles).....	38
Senior Driver Refresher Classes Participants	76
Traffic Safety Presentations.....	21

Public Health Clinic (419-774-4700)

The public health clinic is open to all people for the purpose of providing health care, promoting wellness, providing education and treating illness. These health services are for people of all ages from Richland and surrounding counties.

SOME OF OUR PROGRAMS

Immunizations are given in the clinic and at Neighborhood Immunization sites throughout Richland County. Children and adults were immunized with more than 9,500 vaccine doses in 2009.

International Travel Program

serves as a resource for people traveling out of the country to make sure they have vaccines and information for any unusual diseases or serious health risks they may encounter. 387 individuals used these services last year.

General Health Services are provided by our doctor and nurses. The clinic saw 3,845 clients for concerns ranging from rashes to diabetes.

Prenatal Services are provided together with Women's Care doctors. Mothers-to-be received the best of care before the baby arrived during their 812 visits to the clinic.

Child/Adolescent Health Physicals make sure the youth of Richland County are staying healthy by screening for speech, development, vision, hearing and lead poisoning. 461 children and adolescents received physicals.

Reproductive Health combines elements of women's health, pregnancy testing and screenings with education, treatment and referral services to provide early detection of health changes and to guard against the spread of sexually transmitted diseases. 1,099 clients were seen last year.

HIV Testing is done in the clinic and at multiple satellite sites. Follow-up education and monitoring helps to prevent this chronic yet deadly disease. 190 confidential tests were performed.



Doesn't hurt a bit: Getting an "immie" shot from the Public Health Clinic.

100% International Immunizations shots at clinics

Clinic Visits in 2009.....Total

	Total
AIDS Medical Clinic.....	50
Child Health	461
Clinic Influenza Shots.....	888
General Health	3,845
HIV Testing (clinic tests only).....	190
Immunizations (total clients)	3,013
Adult Vaccine Doses (shots given)	2,702
Children Vaccine Doses (shots given)	6,846
Satellite Immunizations (total clients).....	487
Travel Immunization Program	387
Nutrition Education.....	3
Prenatal/OBGYN	812
Reproductive Health*	1,099
TB Testing.....	1,455
Total Visits for 2009	12,690

*Includes Women's Health and STD testing/treatment

BCCP (419-774-4747)

Providing cancer screenings for free to qualifying women.

BCCP Region 5 Cancer Screenings

2009 Totals

Pap Smears	1,007
Mammograms.....	1,047
Women Enrolled	1,087

Public Health Nursing (419-774-4540)

Public Health Nurses are a valuable community resource for education, information and referral assistance. They work in schools, homes and various sites in the city and county. The Public Health Nurses provide services to all ages, from newborns to senior citizens.

SOME OF OUR PROGRAMS

Annual Flu Clinics are held throughout the county. 4,492 flu shots were given last year prior to the start of the H1N1 immunizations.

Emergency Mass Immunizations

have been rehearsed in past years to prepare for when the Health Department would be called on to vaccinate the public against a health threat or biological attack. When H1N1 was declared a pandemic, the Health Department responded with numerous clinics throughout the county. 12,259 vaccines were given between October 23 and December 31, 2009.



Flu shots are just one of many services offered to Richland County seniors.

Community Health Screenings

bring the Health Department free health screening services to your neighborhood. 746 Richland County residents took advantage of this service.

Bureau for Children with Medical Handicaps helps identify children with special health care needs and provides their families help with resources and referrals to other agencies as needed. An amazing 6,084 nurse contacts were made last year.

Senior Health Screenings provide health screenings at locations throughout Richland County for those age 60 and above. Seniors took advantage of these free checkups 2,125 times last year.

School Nurses provided by the Health Department for contracting school districts performed more than 11,154 hours of school nurse service last year.

Ohio Benefit Bank is a new program the Health Department started in 2009. Our trained counselors are able to help local residents check their eligibility and apply for benefits such as food assistance, health care coverage, home energy assistance and child care subsidies. In 2009, we helped local residents receive \$13,452 in food stamps.

154 School Health Nurse Hours

Public Health Nursing in 2009 Total

BCMHH Contacts.....	6,084
Community Health Screenings.....	746
Infectious Disease Investigations*	966
Influenza Shots	4,492
H1N1 Vaccines.....	12,259
Lead Investigations	24
Public Health Home Visits	70
Referrals to Community Agencies.....	49
School Health Nurses (Hours)	11,154
Senior Health Assessments.....	2,125
Sexually Transmitted Disease Investigations.....	639
*Other than STIs	

Communicable Disease Investigations

Communicable Disease Investigations are lead by our staff epidemiologist. The Health Department investigates disease outbreaks that could affect the health of our communities. More than 1,600 investigations were conducted last year.

Infectious Disease 2009 Totals

Infectious Diseases other than STI*	966
*Sexually Transmitted Infections, Total	639
Chlamydia.....	448
Gonorrhea	182
AIDS/HIV	4
Syphilis.....	5
Total Investigations.....	1,605

Environmental Health (419-774-4520)

The Environmental Health Services division directs a variety of programs that prevent, protect and educate our community about potentially harmful elements in our environment. Our sanitarians and plumbing inspectors work to keep the public safe from disease.

SOME OF OUR PROGRAMS

Food Service Operations and Retail Food Establishments,

with more than 3,000 inspections and countless consultations each year, our sanitarians assure standards are met for food safety and preparation to keep the public safe from food-bourne illnesses.

Healthy Homes Program ensures that Richland County homes are healthier and safer places to live by identifying and preventing hazards associated with lead poisoning, mold, insect and rodent pests, and radon. Working with Public Health Nursing, nearly 400 Lead Poisoning investigations were conducted to protect our children's health.

The Sewage Treatment System

Program prevents water contamination and public health nuisances. We approve permits and inspect sewage systems to state standards. In 2009 we performed more than 1,300 inspections, investigations and consultations.



Long-time plumbing inspector Dean Wells doing a commercial property inspection.

Private Water Program protects your drinking water by sampling for bacteria and evaluating wells, ponds, cisterns and hauled water tanks. 767 field inspections and consultations were done in 2009.

Mosquito and Vector Control involves spraying in contracted communities as well as education on preventing breeding sites to protect from diseases like West Nile virus. Vector control handles complaints about rats, mice and other types of insects.

Rabies Prevention investigated 509 calls about potential animal bites from both domestic and wild mammals to evaluate risks and prevent deaths from rabies.

Environmental Health in 2009 Total*	
Campgrounds	91
Communicable Diseases.....	14
Foodborne Illness Investigations.....	28
Food Operations.....	3,230
Indoor Air Quality.....	336
Lead Contamination	394
Manufactured Home Parks	243
Nuisance - food	166
Nuisance - housing.....	216
Nuisance - insects and rodents.....	209
Nuisance - sewage	132
Nuisance - solid waste	376
Nuisance - other	93
Plumbing - residential	1,773
Plumbing - commercial.....	1,882
Plumbing - other	188
Private Water Systems	767
Rabies Control.....	509
Schools	151
Sewage System, all types.....	1,376
Smoke-free Workplace.....	389
Solid Waste	701
Swimming Pools/Spas	332
Tattoo/Piercing Parlors	96
Vector Control (insects, rats).....	454
All other types (not categorized).....	624
*Inspections, Investigations, Consultations	14,759