

## From the Health Commissioner



**Stan Saalman**

Last year was a fortunate year for the Mansfield/Ontario/Richland County Health Department; good fortune earned by a lot of hard work.

That may sound like a strange statement when, like other agencies, we received a number of cuts financially: \$45,000 from the Solid Waste Authority; \$14,000 from Ohio Department of Health grants and State Subsidy; and a drop of \$40,000 in health levies as the

local economy worsened.

Our hard-earned good fortune came in the form of \$150,700 dollars in never-before-received "MAC" payments. MAC stands for Medicaid Administrative Claims, the funding available from the Federal Government for administrative costs associated with providing care for those covered by Medicaid. It was funding that had never been collected in Ohio because the State never set up a program acceptable to the Federal Government to collect the funds. Ohio citizens paid in, we provided the care and work, but never received the full payment amount. Eight years ago our Health Department was asked by the State of Ohio to be one of two local health departments to help the State design a pilot program acceptable to the Federal Government to start collecting our share of these funds. Although there was no guarantee of ever receiving any additional money, close to 40 of our staff members took on extra work. They kept additional data on Medicaid claims we submitted and assisted with designing forms, without adding any additional cost and pay, so that we might someday collect the additional funding. We never dreamed it would take this many years to design the program.

Just when we needed it the most, our employees' hard work paid off in 2008. We will not receive \$150,000 every year as that amount was for several years of claims, but we will receive some payment, an estimated \$75,000, from MAC funding each year. At a time when our community needs it the most, this funding will help us continue to provide needed health care to our citizens.

While we benefitted from this good fortune, we also looked forward into 2009 with an eye toward offsetting potential losses in revenue due to the economic downturn. Through attrition, we eliminated two positions; cut our 2009 budgets by 10% in programs not funded by grants or required as state mandates, and put off any spending that was desirable but not absolutely necessary. At the Mansfield/Ontario/Richland County Health Department, we take our mission and commitment to Richland County citizens seriously. As always, your health is our department.



### **The Nation's Premier Nutrition Program**

WIC provides nutrition counseling, coupons for nutritious foods and referral to health care and social services agencies. These services are available to income eligible pregnant, breastfeeding and post-partum women, infants and children up to age five who are at health risk. Our WIC office received the Best Practices in Nutrition Award in May of 2008.

### **Breastfeeding Support**

is provided by CLC-trained counselors. WIC Dietitians teach an informative breastfeeding class once monthly. Manual and electric breast pumps are provided to qualifying moms along with referrals to local breastfeeding specialists when needed.

### **Nutrition Counseling**

by registered and licensed Dietitians. A wide variety of nutrition contacts are offered, including one-on-one client-centered counseling, special classes, nutrition quizzes, and educational bulletin boards.

### **Lead Testing**

from March through June last year was offered to children between 11 months to 36 months old. These tests, done at the same time as the WIC hemoglobin test, helped hundreds of moms become aware of their children's lead status.

**WIC: 419-774-4560**

### **CONTACTING THE HEALTH DEPARTMENT**

[www.richlandhealth.org](http://www.richlandhealth.org) • 419-774-4500



Mansfield/Ontario/Richland County  
**Health Department**

555 Lexington Ave. • Mansfield, OH 44907

Protecting and Promoting Health with an Ounce of Prevention



# Mansfield/Ontario/Richland County Health Department

**T**his annual report summarizes highlights of the past year and the numbers that affect our programs. The color pages have a quick look at the services at the Health Department, while the other pages highlight last year and our statistics. We hope you'll take the time to read the information and take advantage of our services. Please call us if we can answer any of your questions: 419-774-4500.

*Stan Saalman, Health Commissioner*

## What is Public Health?

**Public health is the local government's efforts to protect everyone's health and well-being. Your local public health department works to meet the health needs of your community.**

**The Mansfield/Ontario/Richland County Health Department has services focused on:**

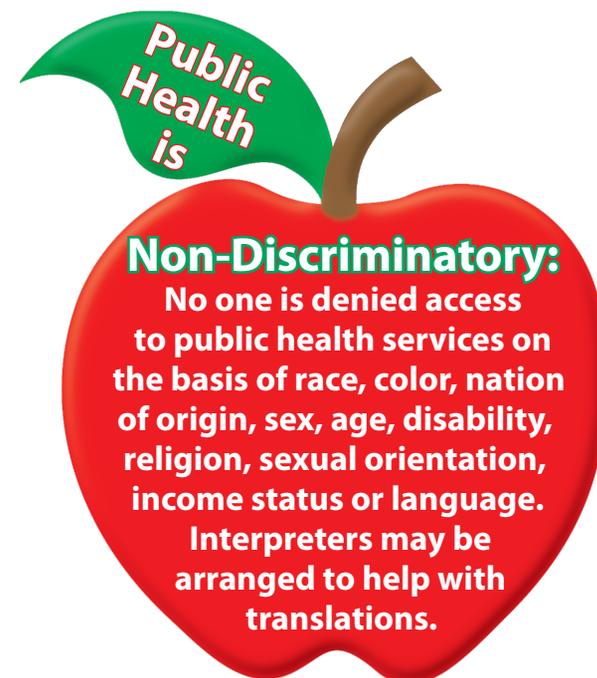
- **Disease and injury prevention**
- **Access to health care**
- **Environmental protection**
- **Health monitoring**
- **Emergency preparedness and response**
- **Health promotion**
- **Enforcement of health and safety codes**
- **Access to County birth and death certificates**



### Our Mission

The primary mission of the Mansfield/Ontario/Richland County Health Department is to provide citizens of all ages with quality public health services and programs. These programs are designed to prevent disease and disability, prolong life, and promote health and individual well-being. This mission is to be achieved through organized community programs that:

- **Prevent and control the spread of communicable and chronic diseases**
- **Maintain and improve a healthy, safe environment**
- **Deliver preventative health services and follow-up care to high-risk people and groups**
- **Inform and educate about individual wellness and community health**
- **Provide bio-terrorism and emergency-related leadership and services to the public.**



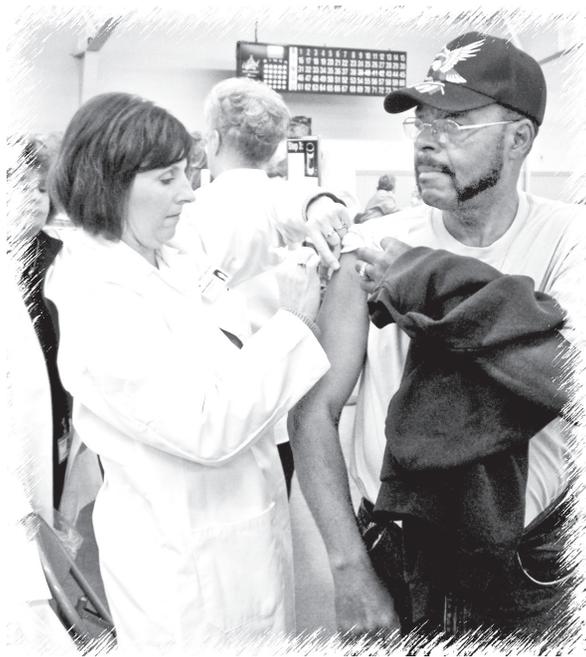
# Stories & Statistics from 2008

## Mass Immunization Drill

Testing its ability to rapidly distribute large supplies of medicine to local communities, the Health Department joined with community response partners and local volunteers in conducting an emergency preparedness drill in late October 2008.

The drill tested the organization of patient flow and staffing levels for meeting the diverse needs of patients.

"In an emergency, we would be responsible for safely dispensing medicines or vaccines to the public," said Mary Derr RN, Public Health Preparedness Coordinator. "These drills are a part of our ongoing commitment to protect the health and safety of Richland County residents.



A public health nurse administers a flu vaccine. An "Emergency Preparedness Drill" in October tested mass immunization organization and patient flow.

## Medicaid Administrative Claim

After nine years of extra work by nearly 40 staff members, the Mansfield/Ontario/Richland County Health Department received the first payout from the MAC program: Medicaid Administrative Claims. That payment came to \$150,700.

The Health Department was asked to be a pilot program for the Ohio Department of Health in designing a program acceptable to the Federal Government to collect funds associated with the administrative cost of providing care for those covered by Medicaid.

This hard work by our staff will now help provide funding to continue needed health care for our citizens.

## Public Health Nurse Recognized

Beth Armstrong, RN, a public health nurse, was recognized by the Area Agency on Aging as a Master Trainer for the "Matter of Balance" program. The eight-week program aims to prevent falls by seniors with improved balance through flexibility exercises and awareness of their environment. The goal is to create a "fall-free" lifestyle.



Beth Armstrong works with a client during the annual Minority Health Fair.

## Health Screenings Making Neighborhood Stops

Nurses from both the clinic and public health nursing are now making visits at locations throughout Richland County to bring health services closer to the neighborhoods of Richland County residents who may not be able to make it to either Mansfield or the Health Department. Services now include Community Health Screenings, Neighborhood Immunizations, and Senior Health Screenings. As a result of these programs, health check-ups and vaccines for children and adults are available at 28 community sites. Schedules are available at the Health Department or on our website.



## Pioneer Students Drive Home Seat Belt Message

Students from Pioneer Career and Technology Center helped the Richland County Safe Communities Coalition and the Health Department drive home the message of the importance of seat belt use. Five groups of students from different disciplines did demonstrations on the school's front lawn to convince their fellow



students to wear their seat belts. The presentations were well received and students and school faculty went home with an important message to share.

Pioneer students look on as a student EMT talks to a "victim" about seat belt use.

## Public Health Day Awards

The Mansfield/Ontario/Richland County Health Department honored three individuals, two agencies, and a media personality at its annual Public Health Day breakfast and awards program.

"Friends of Public Health" awards were presented to former Mansfield Mayor Lydia Reid and RSVP coordinator Kathi Cutlip.

MedCentral Health System's Cardiac Surgery Program was recognized for being among the top five of all hospitals in the United States for cardiac surgery.

Malabar Farm State Park and Louis Andres, Park Manager since 1992, were honored for commitment to healthier lifestyles. Malabar Farm's Visitor Education Center was singled out for its many "green" technologies and educational exhibits relating to alternative energy, recycling, and sustainability.

Brigitte Coles, who has been with WMFD-TV in Mansfield since 2004, received the 12th annual Media Award.



Public Health Day Awards were presented to (L-R): Lydia Reid, Jim Meyer (MedCentral CEO), Brigitte Coles, Louis Andres, and Kathi Cutlip (daughter Raylene Adams accepting).

# Funding & Management Structure - 2008

## SUPPORT: \$6,536,884

Levy (40.2%) .....	\$2,632,327
State/Federal Grants (22.6%).....	1,479,841
Fees, Licenses, Permits (21.1%).....	1,379,649
Contracts (10.2%) .....	655,343
State Subsidy (5.6%).....	370,683
All Other Sources (0.3%) .....	19,041
Carryover from 2007: \$3,125,796	

## SERVICES: \$6,166,979

Public Health Clinic (29.3%).....	\$1,806,903
Public Health Nursing (25.0%).....	1,545,305
Environmental Health (23.7%).....	1,460,559
WIC (13.1%) .....	806,689
Health Promotion/Education (4.9%) .....	299,653
Vital Statistics (4.0%) .....	247,870

## GRANT INCOME: \$1,479,841

WIC – Nutrition and Education.....	\$693,933
Child & Family Health Services .....	369,341
Breast & Cervical Cancer Screening .....	197,485
Infrastructure .....	148,039
Immunizations – Satellite areas .....	60,000
Women’s Health Services.....	58,500
Senior Health Screenings .....	28,888
Safe Communities .....	23,655

## Health Department Administration

**Stan Saalman**, MSEP, JD, RS, Commissioner; **Daniel Burwell**, D.O., Medical Director; **Richard Bartelheim**, Fiscal Operations Director; **Selby Dorgan**, LSW, Health Promotion/Education Manager; **Matt Work**, RS, Environmental Health Director; **Tina Picman**, MS, RDLD, WIC Director; **Cathy Smith**, Human Resource Manager; **Amy Vincent**, BSN, RN, Director of Nursing.

*Colophon: Fonts are Comic Sans (Health Department font), Myriad Pro and Warnock Pro; Layouts done using Adobe InDesign CS3 using a MacPro running Leopard. Pre-press on a Ricoh 3235 and final printing by the Mansfield News Journal. For additional copies or inquiries, contact Reed Richmond, Health Educator, 419-774-4544.*

## Board of Health

**Mansfield:** Robert Exten, MD; John F. Leech, DDS; Matthew Maiyer, R.Ph.; Frank Russo; David Smith, Vice-Chair; **Ontario:** Barbara Cinadr, RN; J. Roger Ronk, DVM. **County:** Thelda Dillon; Carol Michaels; Steven Phillips, DVM, Chair; Michael Renner; Jean Swartz; Violet Wetzel; Beauford T. Williams.

## District Advisory Council

This council meets annually in March to bring health concerns and recommendations to the Board of Health and to appoint new members from the county. Members include the chairman of each township’s board of trustees, village mayors, and the chair of the county commissioners.

**Townships** - Bloomingrove: Danny Adkins • Butler: Marvin Stuart • Cass: Joseph Miller • Franklin: Kenneth Levering, Jr. • Jackson: Dean Myers • Jefferson: Fred Ackerman • Madison: Homer Hutcheson • Mifflin: John Jaholnycky • Monroe: Merle Fulton • Perry: Glenn Myers • Plymouth: Mark Fry • Sandusky: Thomas Glauer • Sharon: Dale Schroeder • Springfield: Robert Currens • Troy: Dean Strohmingner • Washington: Bob Entenmann • Weller: Thomas Oswald • Worthington: Dale Pore.

**Mayors** - Bellville: Darrell Banks • Butler: Jeffrey Sellers • Lexington: Eugene Parkison • Lucas: Todd Hall • Mansfield: Don Culliver • Ontario: Kenneth Bender • Plymouth: Keith Hebble • Shiloh: Christine Donnersbach.

**Chair, County Commissioners** - Ed Olson.

## Retail Licensing Council

Steve Reed, Chair (Food Service); Gayle Meadows (Food Establishment); Bob Chapman (Manufactured Home Parks); Mike Kenyon (Swimming Pools, Spas & Special Use Pools); Terry Conrad (Campgrounds & Parks); Grant Milliron (Solid & Biomedical Waste Facilities); Bo Christiansen (Plumbing Industries); Michael Renner (Tattoo & Body Piercing Establishments).



Mansfield/Ontario/Richland County  
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# Environmental Health

The Environmental Health Services division directs a variety of programs that prevent, protect and educate our community about potentially harmful elements in our environment. Our sanitarians and plumbing inspectors are out keeping the public safe from disease.

## Environmental Health in 2008 .... Total\*

Air Pollution.....	171
Campgrounds.....	28
Communicable Diseases.....	8
Foodborne Illness Outbreaks.....	10
Food Services (all types & restaurants).....	3,089
Lead Contamination.....	287
Manufactured Home Parks.....	126
Nuisance - food, housing, sewage & other.....	449
Nuisance - solid waste.....	550
Rabies Control - dogs & cats.....	184
Rabies Control - wild & others.....	48
Plumbing - residential.....	1,463
Plumbing - commercial.....	1,498
Plumbing - other.....	397
Schools/Institutions.....	203
Sewage System, all types.....	924
New residential, sewage.....	461
Smoke-free Workplace.....	192
Solid Waste.....	425
Swimming Pools.....	318
Tattoo/Piercing Parlors.....	19
Vector Control (insects, rats).....	185
Water Supply, all types.....	405
New residential, water.....	337
All other types (not categorized).....	358
*Inspections, Investigations, Consultations.....	<b>12,281</b>

## Communicable Disease Program

The Communicable Disease Program investigates and monitors more than 50 reportable diseases from AIDS to West Nile virus on a yearly basis. Surveillance includes on-going data collection from various sources and investigation includes contacting those infected and their health care providers to be sure that all who have been infected receive treatment with a goal of prevention and control of public health problems. Assessing a potential public health concern means assuring the health of the individual case and those close to them and the evaluating potential risks to the greater population.

# WIC: Women, Infants & Children

WIC (Women, Infants, Children) is the nation's premier public health nutrition program. With nutritious foods, nutrition counseling, and referral to health care, WIC has helped to decrease anemia among pre-school children and improve pregnancy outcomes.

## WIC Client Totals for 2008

New Participants.....	2,456
Recertifications (continuing participation).....	5,598
Other Contacts.....	6,604
Total Contacts.....	14,658

The total number of WIC coupons issued for 2008 was 148,316. The value of these coupons was \$2,579,875.70, greatly contributing to our Richland County economy. The number of WIC clients active during 2008 averaged 3,599 per month.

# Health Promotion

Health Promotion/Education works to help people in Richland County take more control over their personal health as well as the health and well-being of the community and the environment.

## Programs & Presentations in 2008

Child Passenger Safety Seats Checks.....	66
County Wellness/Public Cholesterol Screenings.....	657
Fairs, Parades and Health Fair Booths.....	17
Fifth Grade Puberty Talks.....	10
Health & Wellness Lectures & Presentations.....	34
Seat Belt Use Surveys.....	38
Senior Driver Refresher Classes (4) Participants.....	53
Traffic Safety Presentations.....	23

## Breast and Cervical Cancer Project

Providing cancer free screenings to qualifying women. Call 419-774-4747 to talk with a case manager.



## BCCP Region 5\* Cancer Screenings

### 2008 Totals

Pap Smears.....	1,015
Mammograms.....	1,062
Women Enrolled.....	1,062

\*Serving women in Ashland, Crawford, Huron, Knox, Marion, Morrow, Richland, Seneca & Wyandot. Call 1-800-655-4707.

# Vital Statistics

The Vital Statistics division maintains records of all births and deaths in Richland County since 1908 (excluding Shelby). For information on obtaining a birth or death certificate, check the web site at [www.richlandhealth.org](http://www.richlandhealth.org) or call 419-774-4500.

## DEATHS (excludes Shelby)

### Vital Statistics ..... 2005 .. 2006...2007 .. 2008

**Total Deaths** ..... 1,108 ... 1,138... 1,069 ... 1,015

Male ..... 542 ..... 543 ..... 540 ..... 484

Female ..... 566 ..... 595 ..... 529 ..... 531

### Causes of Death ..... 2005 .. 2006...2007 .. 2008

Heart Related ..... 399 ..... 393 ..... 378 ..... 305

Male ..... 195 ..... 180 ..... 188 ..... 165

Female ..... 204 ..... 213 ..... 190 ..... 140

Cancer ..... 168 ..... 238 ..... 209 ..... 211

Lung ..... 64 ..... 100 ..... 70 ..... 73

Breast ..... 16 ..... 25 ..... 14 ..... 23

Colon ..... 20 ..... 16 ..... 28 ..... 21

Prostate ..... 8 ..... 10 ..... 11 ..... 12

Other ..... 60 ..... 88 ..... 86 ..... 82

Lung Diseases ..... 119 ..... 102 ..... 85 ..... 109

Strokes/CVA ..... 63 ..... 55 ..... 78 ..... 77

Alzheimers ..... 21 ..... 57 ..... 64 ..... 66

Renal/Kidney Disease ..... 29 ..... 54 ..... 49 ..... 57

Flu/Pneumonia ..... 63 ..... 52 ..... 36 ..... 43

Accidents ..... 23 ..... 35 ..... 44 ..... 30

Suicide ..... 13 ..... 14 ..... 13 ..... 16

Homicides ..... 4 ..... 5 ..... 9 ..... 2

## BIRTHS (excludes Shelby)

### Vital Statistics ..... 2005 ... 2006...2007 ... 2008

**Total Births** ..... 1,269 ... 1,325 ... 1,367 ... 1360

To Caucasian Teens ..... 132 ..... 151 ..... 164 ..... 165

To Minority Teens ..... 55 ..... 47 ..... 50 ..... 57

Total to Teens ..... 187 ..... 198 ..... 214 ..... 222

Unwed Teens ..... 178 ..... 175 ..... 200 ..... 198

Repeat Teens ..... 28 ..... 32 ..... 39 ..... 50

Total Unwed (All Ages) ..... 485 ..... 429 ..... 440 ..... 478

Repeat Births (All Ages) ..... 746 ..... 766 ..... 794 ..... 773

Teen Births % of Total ..... .147 ..... .149 ..... .157 ..... .163

Unwed Births % of Total ... .382 ..... .323 ..... .322 ..... .351

# Public Health Nursing

Public Health Nurses are a valuable community resource for information and medical assistance. They work in schools, homes and various sites in the city and county. The Public Health Nurses provide care to all ages, from newborns to senior citizens.

## Public Health Nursing in 2008 ..... Total

BCMh Contacts ..... 5,489

Community Health Screenings ..... 1,074

Hearing Clinic Visits ..... 95

Infectious Disease Investigations\* ..... 1,088

Influenza Shots ..... 4,501

Lead Investigations ..... 19

Newborn Home Visits ..... 463

Help Me Grow Referrals ..... 101

School Health Nurses (Hours) ..... 9,394

Senior Health Assessments ..... 1,856

Sexually Transmitted Disease Investigations ..... 707

\*Other than STDs.

# Public Health Clinic

The purpose for the Public Health Clinic is to be of service to all people by providing health care, promoting wellness, providing education and treating illness. Health services are for people of all ages who are residents of Richland County.

## Clinic Visits in 2008 ..... Total

AIDS Medical Clinic ..... 75

Child Health ..... 457

Clinic Influenza Shots ..... 984

General Health ..... 3,386

HIV Testing (clinic tests) ..... 220

Immunizations ..... 3,146

Satellite Immunizations ..... 521

Travel Immunizations ..... 468

Nutrition Education ..... 20

Prenatal/OBGYN ..... 689

Reproductive Health\* ..... 1,034

TB Testing ..... 1,844

**Total Visits for 2008 ..... 12,844**

\*Includes Women's Health and STD testing and treatment.



### **Immunizations**

are given in the clinic and at Neighborhood Immunization sites throughout Richland County. Children and adults were immunized with more than 9,700 vaccine doses in 2008.

### **International Travel Program**

serves as a resource for people traveling out of the country to make sure they have vaccines or information for any unusual diseases they may encounter. 468 individuals used these services last year.

### **General Health Services**

are provided by our doctor and nurses. The clinic saw 3,386 clients for concerns ranging from rashes to diabetes.

### **Prenatal Services**

are provided together with Women's Care doctors. Mothers-to-be received the best of care before the baby arrived during their 689 visits to the clinic.

### **Child/Adolescent Health Physicals**

make sure the youth of Richland County are staying healthy by screening for speech, development, vision, hearing and lead poisoning. 457 children and adolescents received physicals.

### **Reproductive Health**

combines elements of women's health, pregnancy testing and screenings with education and treatment to guard against the spread of sexually transmitted diseases. 1,034 clients were seen last year.

### **HIV Testing**

is done in the clinic and at multiple satellite sites. Follow-up education and monitoring helps to prevent this chronic yet deadly disease. 220 confidential tests were performed.

**Public Health Clinic: 419-774-4700**

[www.richlandhealth.org](http://www.richlandhealth.org)



### **Newborn Home Visits**

are provided for free for every baby born in Richland County. 463 visits done last year answered parents' questions while checking the growth and development of the baby. 814 referrals were made to other services.

### **Community Health Screenings**

bring the Health Department general health services to your neighborhood for free health screenings. More than 1,000 Richland County residents took advantage of this service.

### **Bureau for Children with Medical Handicaps**

helps identify children with special health care needs and provides families of those children help with resources and referrals to other agencies as needed. An amazing 5,489 nurse contacts were made last year.

### **Senior Health Screenings**

provide health screenings at locations throughout Richland County for those age 60 and above. More than 1,800 checkups were provided for our seniors.

### **Communicable Disease Investigations**

are lead by our staff epidemiologist. The Health Department investigates disease outbreaks that could affect the health of our communities. Nearly 1,800 investigations were conducted last year.

### **Annual Flu Clinics**

are held throughout the county. Nearly 5,500 flu shots were given last year.

### **School Nurses**

provided by the Health Department for contracted school districts performed more than 9,000 hours of service last year.

**Public Health Nursing: 419-774-4540**



**🍏 Food Services and Retail Food Establishments**

with more than 1,000 inspections and countless consultations, our sanitarians assure standards for food safety and preparation are met to keep the public safe from food-borne illnesses.

**🍏 Lead Contamination Investigations**

means working with Public Health Nursing to find out where children may be at risk from exposure to lead. 309 contacts or investigations were performed in 2008.

**🍏 Sewage Treatment System Program**

prevents water contamination and public health nuisances. We approve permits and inspect sewage systems to state standards. In 2008 we performed 530 inspections, investigations and consultations.

**🍏 Plumbing Inspections**

to assure that plumbing is up to code for both residential and commercial properties to prevent illnesses from cross-contamination of our drinking water supply. Our inspectors performed 2,096 calls in 2008.

**🍏 Private Water Program**

protects drinking water by sampling for bacteria and evaluating wells, ponds, cisterns and hauled water tanks. 479 field inspections and consultations were done in 2008.

**🍏 Mosquito and Vector Control**

involves spraying in contracted communities as well as education on preventing breeding sites to protect from diseases like West Nile virus. Vector control handles complaints about rats, mice and other types of insects.

**🍏 Rabies Prevention**

investigates animal bites from both domestic and wild mammals to evaluate risks and prevent deaths from rabies.

**🍏 Promoting the Health Department Services**

through media releases, advertising, posters, flyers, billboards, stickers, reports, presentations and our website, Health Education keeps everyone up-to-date on what's happening at the Health Department.

**🍏 Child Car Seat Technicians**

provide help for parents with installing Child Passenger Safety seats. Through the Ohio Buckles Buckeyes program, we provide free seats to eligible clients.

**🍏 County Employee Wellness Program**

performs nearly 500 cholesterol checks every year, giving Richland County employees the best indication of their health and health risks and lowering the cost of insurance.

**🍏 Senior Driver Improvement Classes**

for adults 50 and over, we teach the AARP Driver Safety Program, designed to help experienced drivers maintain their safe driving skills.

**🍏 Traffic Safety Information**

through the Richland County Safe Communities Coalition, a grant program of the Ohio Traffic Safety Office. Our goal is to increase seat belt use and limit impaired driving.

**🍏 Health Resource for the Community**

with health and wellness presentations for groups large and small on a variety of health topics. Call us to arrange a health talk on subjects like heart health, nutrition, diet and exercise, and driving safety. We are also a community partner for health resources for many groups & agencies.

**🍏 Health Fair Booths**

for presentations to audiences at County and local festivals as well as school and community health functions. And don't forget our Annual Hike for Health at Malabar Farm.

**Environmental Health: 419-774-4520**

**Health Promotion & Education: 419-774-4544**