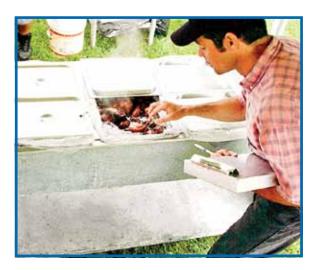
Programs in

Prevention • Protection • Promotion Services for You







Mansfield/Ontario/Richland County Health Department

Proud of more than 100 years of service but focused on tomorrow's challenges.

It's all about Prevention, Protection, Health Promotion and Education.

That's why we like to say: "Your Health is Our Department."





2011 Annual Report

www.richlandhealth.org

Please note the web page links throughout this report for more information about each program and/or service.

Public Health Clinic

The public health clinic is open to all people for the purpose of providing health care, promoting wellness, providing education and treating illness. These health services are provided by our staff doctor, nurse practitioner, staff nurses, social worker, health educator, and clerical staff. These health services are for people of all ages from Richland and surrounding counties.

www.richlandhealth.org/
departments-and-services/public-health-clinic

Clinic Visits in 2011	Total
Child Health	424
Clinic Influenza Shots (seasonal, Sept Dec.)	549
General Health	3,786
HIV Testing (clinic tests only)	129
Immunizations (total clients)	2,829
Adult Vaccine Doses (shots given)	
Children Vaccine Doses (shots given)	6,337
Satellite Immunizations (total clients)	665
#Travel Immunization Program (total clients)	
Prenatal/OBGYN	600
Reproductive Health*	828
TB Testing	1,052
Total Visits for 2011	11,464
*Includes Women's Health and STD testing/treatment	-

#Going someplace exotic? Learn about shots you might need: www.richlandhealth.org/departments-and-services/public-health-clinic/ international-travel-program-immunizations

BCCP (Breast & Cervical Cancer Project)

Case Managers for the **Breast and Cervical Cancer Project** (BCCP) link low-income, uninsured women age 40 and over to cancer screening and diagnostic services.

www.richlandhealth.org/pages/departments-and-services/public-health-nursing/breast-and-cervical-cancer-project

Public Health Nursing

Public Health Nurses fulfill a unique role in promoting a healthy community. They are a valuable resource for education, information and referral assistance. Based at the Health Department, they also work in schools and other sites in the city and county. Public Health Nurses provide services to all ages, from newborns to senior citizens.

www.richlandhealth.org/
departments-and-services/public-health-nursing

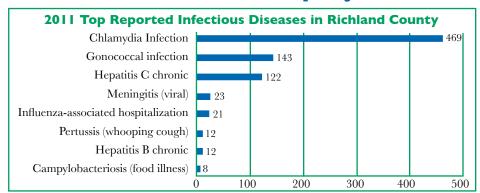
Public Health Nursing in 2011	Total
BCMH Contacts	
Community Health Screenings	932
Infectious Disease Investigations*	
Influenza Shots (seasonal, Sept Dec.)	2,960
HINI Vaccines (2010 variety)	129
Lead Investigations	25
Newborn Home Visits	185
Referrals to Community Agencies	196
School Health Nurses (Hours)	11,743
# Senior Health Screenings	1,604
Sexually Transmitted Disease Investigations	677
*Other than STIs	
\	

#Promoting healthy seniors age 60 and up! Learn more at:
www.richlandhealth.org/departments-and-services/public-health-nursing/
senior-health-screenings

Communicable Diseases

by Public Health Nurses and are lead by our staff epidemiologist. The Health Department investigates disease outbreaks that could affect the health of our communities. More than 1,000 investigations were conducted last year.

www.richlandhealth.org/communicable-disease-reporting



Environmental Health

The Environmental Health Services division provides services that prevent, protect and educate our community about potentially harmful effects and diseases in our environment. Our sanitarians, plumbing inspectors and other staff work to keep the public safe from disease, illnesses and injuries.

www.richlandhealth.org/
departments-and-services/environmental-health

Environmental Health in 2011....Total* Campgrounds......109 Emergency Responses (started in May)200 # Food Operations 4,721 Hazardous Materials (started in May)......27 Healthy Homes (started in May)......311 Lead Contamination......446 Manufactured Home Parks189 Nuisance - food.......96 Nuisance - solid waste......352 Plumbing - other575 Smoke-free Workplace510 *Inspections, investigations and consultations

#What do "Food Operations" cover? Learn more here: www.richlandhealth.org/departments-and-services/ environmental-health/food-services

Health Promotion/Education

Health Promotion/Education works to help people in Richland County gain more control of their personal health as well as the health and well-being of the community and the environment.

www.richlandhealth.org/departments-and-services/health-promotioneducation

Programs & Presentations in 2011

Child Passenger Safety Seats Checks	121
County/Public Cholesterol Screenings	722
Creating Healthy Communities Presentations	20
Fairs, Parades and Health Fair Booths	13
Fifth Grade Puberty Talks	8
Health & Wellness Lectures & Presentations	15
Seat Belt Use Surveys (4,915 vehicles, 86% use)	38
Senior Driver Refresher Classes Participants	
Traffic Safety Presentations	36



Seat Belts: As part of a Safe Communities Coalition activity, every public high school in Richland County endorsed seat belt awareness with a local law enforcement unit. Posters can be seen at:

 $www.richlandhealth.org/departments-and-services/\\health-promotioneducation/safe-communities/teen-driver$

Emergency Preparedness

The Health Department is the lead agency in the event of a county emergency of a biological nature, either through an infectious disease or terrorist threat. But you should also be prepared in case of other emergencies.

There is a prominent link on the Health Department website to our Emergency Preparedness page. That page contains information on making emergency plans, preparing for emergencies, and dealing with health crisis situations such as floods, tornadoes, pandemic flu or power outages as well as links to some of our favorite resources. There is also an entire section of viewable and downloadable two-page handouts from the American Public Health Association broken into convenient categories.

Emergency Preparedness is one of the essentials in the Health Department's prevention message of "An Ounce of Prevention is Worth a Pound of Cure."

www.richlandhealth.org/emergency-preparedness

Sevents & Health Statistics The Health Department works behind the scape prestiging.

the scene practicing emergency

scenarios to be prepared in case of a natural or man made (bioterrorist) event. The Emergency Preparedness box

on our website has extensive resources and links.

The plumbing division oversees the licensing of plumbing contractors, reviews plans, issues plumbing permits and inspects both residential and commercial plumbing installations.

www.richlandhealth.org/departments-and-services/ environmental-health/plumbing-services

Health Education/Promotion runs the County Wellness program which has expanded for the new year. Last year, 721 County employees checked-up with blood screenings.

www.richlandhealth.org/departments-and-services/ health-promotioneducation/county-wellness-program

Started in 1997, the Minority Health Fair has become a popular spring event to promote health services to the minority community. More than 50 Richland County agencies and businesses provide information and services on a fun-filled day of activities and health screenings for the entire family.



Ohio. Last year, 4,741 birth certificates were generated in our offices.

www.richlandhealth.org/ departments-and-services/vital-statistics-2

Can't get to the Health Department for a check-up? 932 clients took advantage of health screenings in their own neighborhood through our Community Health Screenings.

www.richlandhealth.org/departments-and-services/ public-health-nursing/community-health-screenings

> Richland County veterinarians Drs. Henry and Jody Akers and Dr. Laurie Hickox have volunteered their time, staff and vaccine to help promote Environmental Health's annual free rabies clinic in May. The vaccine provides an important safety barrier between pets and people and wild animals that may carry the disease.

Environmental Health's Rabies & Animal Control had 686 calls and contacts last year. All rabies concerns are then investigated by a registered sanitarian. Vaccinate your pets to keep your family safe.

http://www.richlandhealth.org/departments-and-services/ environmental-health/rabiesanimal-control

for Children with Medical Bureau Handicaps (BCMH) supports the work of the Public Health Nurses on behalf of families with children who have special health care needs.

www.richlandhealth.org/departments-and-services/public-health-nursing/ bureau-for-children-with-medical-handicaps-bcmh

health organistics

The Public Health Clinic offer children and adult immunizations by appointment at the Clinic and through the Neighborhood Immunizations Clinics throughout the county. Immunizations Clinics throughout the county.

> www.richlandhealth.org/departments-and-services/ public-health-clinic/neighborhood-immunizations



It's possible that most people know the Health Department for its annual flu shot program. The flu shot represents the Health Department's delivery of the prevention and protection message at its most basic level. But immunizations are a year round and life-long process. The Health Department makes sure all ages are protected with shots for children and adults at Neighborhood Immunization sites, Community Health Screening locations, and Senior Health Screenings. We also offer travel immunizations with our International Travel Program.

The Health Department's Vital Statistics processed 3,856 death certificates last year Certificates for Richland County (excluding Shelby). There were also 814 burial permits processed.

www.richlandhealth.org/ departments-and-services/vital-statistics-2

The Public Health Clinic offers testing for Tuberculosis (TB), sexually transmitted infections, HIV and Hepatitis C. 1,052 TB tests were conducted last year.

http://www.richlandhealth.org/departments-and-services/ public-health-clinic/tb-and-std-testing

Working closely with law enforcement and safety officials, the Health Department's Safe Communities grant works to reduce traffic fatalities with issues such as seat belt use, impaired driver awareness and motorcycle safety. Sobriety checkpoints, impaired corn hole tossing and the annual "First Ride" event help promote the goals of the Richland County Safe Communities Coalition.

We teach the AARP Driver Safety Program. It's a refresher course for drivers 50 years old enior Drivers and older designed to keep experienced drivers on the road longer and safer.

www.richlandhealth.org/departments-and-services/ health-promotioneducation/aarp-driver-course

We work with home owners and businesses on new or existing sewage treatment systems, including soil & site evaluations, inspections, investigation of failing systems, and licensing of septic companies.

www.richlandhealth.org/departments-and-services/ environmental-health/sewage-treatment-systems

For more than a decade, the Health Department has worked with Malabar Farm and the Ohio Department of Natural Resources to promote cardiovascular health with a hike through the woods. Two hikes are now sponsored: one to see the fall colors and the other to venture in the winter elements.



WIC

WIC (Women, Infants, Children) is the nation's premier public health nutrition program. With nutritious foods, counseling, and referral to health care, WIC has helped to decrease anemia among pre-school children and improve pregnancy outcomes.

www.richlandhealth.org/ departments-and-services/wic

WIC Client Totals for 2011

New Participants	2,054
Recertifications (continuing)	5,210
Other Contacts	54,163
Total Contacts	11,427

The total number of WIC coupons issued for 2011 was 174,453. The value of these coupons was \$2,204,380.18, greatly contributing to our Richland County economy. The number of WIC clients active during 2011 averaged 3,319 per month.



Precious cargo: Santa held one of the Health Department's youngest clients at the WIC Christmas event.

Breastfeeding Peer Helpers & CLC Dietitians

In July 2011, WIC hired its first breastfeeding peer helpers. As part of a nationwide effort to promote and support breastfeeding, the peer helpers will work directly with WIC moms prenatally and after birth. Peer helpers can tell WIC moms about their own breastfeeding experiences and give them information they need to make an educated decision on how to feed their baby. If moms choose to breastfeed, the peer helpers provide support and guidance through the early weeks of breastfeeding. Peer helpers are also involved with distributing breast pumps to moms who are returning to work or school.

In addition to breastfeeding peer helpers, the WIC program has four registered dieticians who have successfully completed the Certified Lactation Counselor course. With this specialized training, these dietitians can help breastfeeding moms who are having problems and know when referrals are necessary.

With the breastfeeding peer helpers and the CLC trained dietitians, WIC hopes to increase the breastfeeding initiation and duration rates of WIC moms.

Vital Statistics

The Vital Statistics division maintains records of all births in Richland County and deaths (excluding Shelby) since 1908.

www.richlandhealth.org/departments-and-services/vital-statistics/birth-and-death-statistics

DEATHS (excludes Sh	nelby)		
Year		2010	2011
Total Deaths			
Male	•	•	
Female	527	552	510
Causes of Death	2009	2010	2011
Heart Related	364	402	398
Male			
Female			
Cancer			
Lung Diseases			
Strokes/CVA			
Flu/Pneumonia			
Alzheimers			
Renal/Kidney Disease			
Accidents			
Accidental Drug OD			
Falls			
Traffic-related			
Stillbirths	5	12	I
Suicide	13	11	12
Homicides	4	6	4
AIDS	0	2	I
Pending Autopsy	10	4	3
Other (not above)	77	84	97

BIRTHS (excludes Shelby)

Year	2009.	2010 2011	
Total Births	1,306.		,
Total to Teens	195 .	142 126)
Unwed Teens	179 .	130120)
Repeat Teens	40 .	26)
Total Unwed (All Ages)	407 .	404465)
Repeat Births (All Ages)	760 .	679	1
Teen Births % of Total	.149.		,
Unwed Births % of Total	.312.		;

Note: Starting with 2011, Vital Statistics is able to do birth certificates for anyone born in Ohio (not just Richland County).

Funding - 2011

SUPPORT: \$6,758,768.40

Levy (38.55%)	\$2,605,747.46
State/Federal Grants (25.77%)	1,741,875 ^{.41}
Fees, Licenses, Permits (19.53%)	I ,320,200 ^{.55}
Contracts (10.49%)	708,683 ^{.79}
State Subsidy (5.34%)	360,604 ^{.16}
All Other Sources (0.32%)	21,657 ^{.03}

SERVICES: \$5,693,616^{.13}

Public Health Nursing (31.11%)	\$1,771,422 ^{.75}
Public Health Clinic (24.96%)	1,421,125 ^{.33}
Environmental Health (20.10%)	1,144,383 ^{.42}
WIC (13.77%)	783,911 ^{.45}
Health Promotion/Education (6.21%)	353,760 ^{.76}
Vital Statistics (3.85%)	219,012 ^{.22}

GRANT INCOME: \$1,741,875.41

WIC - Nutrition and Education	\$735,257 ^{.00}
PHEP*/HINI Vaccination	480,752 ^{.83}
Breast & Cervical Cancer Screening	153,588 ^{.00}
Child & Family Health Services	147,643 ^{.75}
Immunizations – Satellite areas	76,559 ^{.88}
Creating Healthy Communities	56,250.00
Women's Health Services	44,733 ^{.50}
Safe Communities	27,546 ^{.90}
Senior Health Screenings	19,543 ^{.55}
*PHEP = Public Health Emergency Preparedness	

www.richlandhealth.org/ about-us/mission-statement

www.richlandhealth.org/ about-us/what-is-public-health

Colophon: Fonts are Rockwell, Gill Sans, Brush Script and Baskerville; Layouts done in Adobe InDesign CS5 using a MacPro running Lion. Pre-press on a Ricoh Aficio MP C3300 and final printing by the <u>Mansfield News Journal</u> For additional copies or inquiries, contact Reed Richmond, Health Educator, 419-774-4544 or www.richlandhealth.org.

Management Structure

Board of Health

Mansfield: Robert Exten, MD; John F. Leech, DDS; Matthew Maiyer, R.Ph.; Frank Russo, Donald Bartlett; **Ontario**: Barbara Cinadr, RN, Vice Chair; J. Roger Ronk, DVM. **County**: Thelda Dillon; Carol Michaels; Steven Phillips, DVM, Chair; Michael Renner; Jean Swartz; Violet Wetzel; Beauford T. Williams.

District Advisory Council

This council meets annually in March to bring health concerns and recommendations to the Board of Health and to appoint new members from the county. Members include the chairman of each township's board of trustees, village mayors, mayors of Mansfield and Ontario, and the chair of the county commissioners.

Townships - Bloomingrove: Danny E. Adkins • Butler: Matthew Pickworth • Cass: Joseph Miller • Franklin: John K. McCarron • Jackson: Harvey Traxler • Jefferson: Fred Ackerman • Madison: Homer Hutchinson • Mifflin: John Jaholnycky • Monroe: Michael Switzer • Perry: Peter Haip • Plymouth: Mark Fry • Sandusky: Thomas Glauer • Sharon: Dale Schroeder • Springfield: Michael L. Keith • Troy: Wayne E. Weirick • Washington: Bob Entenmann • Weller: Thomas Oswalt • Worthington: Dale Pore.

Mayors - Bellville: Darrell Banks • Butler: Jeffrey Sellers • Lexington: Eugene Parkison • Lucas: Todd Hall • Mansfield: Don Culliver • Ontario: Larry Collins • Plymouth: Keith Hebble • Shiloh: Timothy Wireman.

Chair, County Commissioners - Gary Utt.

Retail Licensing Council

Michael Renner, Chair (Tattoo & Body Piercing Establishments); Brenda Martin (Food Service); Gayle Meadows (Food Establishment); Bob Chapman (Manufactured Home Parks); Dave Carver (Swimming Pools, Spas & Special Use Pools); Terry Conard (Campgrounds & Parks); Grant Milliron (Solid & Biomedical Waste Facilities); Bo Christiansen (Plumbing Industries).

Health Department Administration

Stan Saalman, MSEPH, JD, RS, Commissioner; Daniel Burwell, D.O., Medical Director; Selby Dorgan, LSW, Health Promotion/ Education Manager; Tina Picman, MS, RDLD, WIC Director; Rick Grega, Esq., Human Resources Manager; Kevin VanMeter, Fiscal Operations Director; Amy Vincent, BSN, RN, Director of Nursing; Matt Work, RS, Environmental Health Director.

www.richlandhealth.org/ about-us

Public Health Day Awards



Left: Friends of Public Health Awards (L-R) went to Sietske deFijter, Dave Kracker, and Keith Markley.

Below: Receiving the Media Award are Greg Heindel (L) and Martha Fort, accepting the award posthumously for Mark Yarman.

The Health Department honored three individuals and two media personalities at its annual Public Health Day breakfast and awards program on April 6.

"Friends of Public Health" awards, recognizing outstanding

contributions to the health department's programs or public health within the community, were presented to Sietske deFijter with the Ohio Department of Health, Dave Kracker with the Pat Kracker Breast Cancer Fund, and Keith Markley of FEMA and former head of the Richland County Emergency Management Agency. The 15th annual "Media Award" went to Greg Heindel and posthumously to WMFD-TV videographer Mark Yarman.

Sietske deFijter, with the Bureau of Infectious Diseases at the Ohio Department of Health, was honored for her contributions to Richland County's public welfare by helping coordinate work to reduce infectious diseases in group efforts with the Health Department and its community partners.

Dave Kracker was honored for founding the Pat Kracker Breast Cancer Fund in memory of his wife, who died from breast cancer. The Pat Kracker Fund provides financial aid to promote the early detection of breast cancer and to support expenses related to breast cancer diagnosis.

Keith Markley was honored for his eight years of service with the Richland County Office of Homeland Security and Emergency Management Agency and for his assistance with the Health Department in emergency situations, as well as help in developing Mansfield/Ontario/Richland County Health Department emergency management plans.

The Media Award was presented to a media personality Greg Heindel for his coverage of the Health Department and health-related issues in Richland County. Mark Yarman, who died in January after a valiant struggle against cancer, was honored for his coverage of the Health Department during his time as a videographer with WMFD-TV.



From the Health Commissioner



Stan Saalman

In 2011, the Mansfield/Ontario/Richland County Health Department and numerous community partners began an effort to evaluate the state of health of the citizens of Richland County. The project started small but grew as more and more community agencies, schools and organizations joined the project. The resulting Community Health Assessment, which is now complete, is probably the most comprehensive

evaluation of the health of the citizens of Richland County that has ever been compiled. The report is available on our website: www.richlandhealth.org

This valuable tool will be used by us and other community partners to target services, support grant applications and guide decisions associated with the social and physical health problems identified in our community.

Individuals representing all ages of Richland County residents filled out questionnaires. The following are some highlights of the results of those surveys:

- 45% of women with incomes below \$25,000 had mammograms in the past year while only 30% of women with incomes above \$25,000 had mammograms in the past year.
- 13% of Richland County youth had seriously contemplated suicide in the past year; 6% admitted actually attempting suicide in the past year.
- 12% of children in grades 6-12 said they had been threatened or injured with a weapon in the past 12 months.
- 32% of adults stated they had engaged in binge drinking of alcohol in the past month compared to a state average of 17%.
- 19% of adults admitted to currently being smokers compared to a state average of 23%.
- 33% of adults said they got a flu shot in the past 12 months.
- 38% of adults were obese compared to the state average of 30%; 35% were overweight compared to 36% in the state of Ohio.
- 53% of children 13-18 said they had been bullied in the past month and 21% said they had purposely hurt themselves at some time in their life.
- 52% of parents of kids 0-11 reported that their child had an asthma attack in the past year.

There is a lot more data in the 150-page report that can be viewed or downloaded online.

www.richlandhealth.org/upload/documents/ HealthAssessmentRichlandCounty2011.pdf