



Hi Ho! Hiram "Hi" Energy here.
One thing you should know about the
Health Department is . . .

Our Mission!

PREVENT AND CONTROL THE SPREAD OF
COMMUNICABLE AND CHRONIC DISEASES.

MAINTEIN AND IMPROVE A HEALTHY, SAFE
ENVIRONMENT.

DELIVER PREVENTATIVE HEALTH SERVICES AND
FOLLOW-UP CARE TO HIGH-RISK PEOPLE AND GROUPS.

INFORM AND EDUCATE ABOUT INDIVIDUAL WELLNESS
AND COMMUNITY HEALTH.

PROVIDE BIO-TERRORISM AND EMERGENCY-RELATED
LEADERSHIP AND SERVICES TO THE PUBLIC.

The rest of these "black and
white" pages have stories and stats
about Health Department
services!



Public Health Day Awards

Health Commissioner Stan Saalman recognized the many individuals and agencies that protect public health in Richland County at the Public Health Day breakfast, April 5.

"Friends of Public Health" awards went to Grant Milliron and the Richland County Dental Clinic.

Milliron received his award for efforts to maintain the environmental health of the Mansfield community. Milliron, owner of Milliron Industries, has been involved with sanitary waste disposal and recycling work for many years. His achievements have resulted in a cleaner more ecologically safe environment.

Receiving an award as a group was the Richland County Dental Clinic. The group of dentists from the Mansfield Dental Society volunteer their time to give free dental exams and corrective procedures for children whose parents have no insurance to pay for these services and who also meet income qualifications. Skip Allman of United Way, which helps fund the Clinic, accepted the award on behalf of all the dentists who volunteer their time.

The ninth annual "Media Award" for coverage of health-related issues was presented to David Benson, staff writer for the Mansfield News Journal.



Public Health Awards (l-r): Grant Milliron, Stan Saalman and Skip Allman for the Dental Clinic.

Vital Statistics

The Vital Statistics division at the Mansfield/Ontario/Richland County Health Department maintains records of all births and deaths in Richland County since 1908.

The department keeps statistics on Richland County births and teen births, causes of death, and incidences of disease. This information assists in planning health programs and services that meet the needs of our communities.

Vital Statistics	2002	2003	2004	2005
Births (excludes Shelby)	1,280	1,338	1,323	1,269
To Teens	167	165	188	172
To Single Mothers	506	508	502	461
Deaths (excludes Shelby)	1,110	1,094	1,117	1,108
Male	530	538	584	542
Female	580	556	533	566
Causes of Death	2002	2003	2004	2005
Heart Related	436	399	402	399
Cancer	232	211	256	168
Lung Diseases	69	89	99	119
Strokes/CVA	71	63	63	63
Flu/Pneumonia	42	43	42	63
Renal/Kidney Disease	28	31	29	29
Accidents	25	31	23	23
Alzheimers	27	12	27	21
Suicide	13	22	9	13
Homicides	7	7	4	3

Public Health Nursing

Our varied programs in Public Health Nursing offer a full range of services available from the Health Department covering everyone from babies to seniors.

Public Health Nursing in 2005	Total
Senior Health Assessments	1,981
Specialty Clinics	196
Children Immunized	659
Influenza Shots	8,484
COMFORT/Help Me Grow Visits (Newborn)	1,697
BCMh Home Visits	2,314
BCMh/Help Me Grow Visits	175
Lead Investigations	18
School Health Nurses (Hours)	7,847
Communicable Disease Investigations	247
Sexually Transmitted Disease Investigations	774

Flu Vaccine Response

After a chaotic 2004 flu season brought on by a vaccine shortage, no one knew what to expect in 2005. However, the Health Department had an ample supply of shots. The first clinic was moved to the Richland County Fairgrounds to handle the expected crowds and a record 1,214 vaccinations were done the first day. Eventually, 9,104 shots were given in 2005 by both Public Health Nursing at satellite locations and by nurses at the Public Health Clinic. Shots continued into 2006 until the supply was exhausted.

"This year went very smoothly and we really appreciated the cooperation of the public" said Kathy Rogols, Director of Nursing.

What they're saying about our annual Flu Clinics:

"Thank you for making it easy for an elderly, handicapped person receive a flu shot. Everything was so well organized at the Depot in Lexington that the experience was not unpleasant. Thank you for being helpful and having everything so well planned."

Helen E. Griebing, Mansfield.

Public Health Clinic

At the Health Department, non-emergency medical services are provided by the Public Health Clinic. We assisted individuals in 12,277 visits last year.

Clinic Visits in 2005	Total
Adult Medical Clinic	71
Breast & Cervical Health Screening (BCCP)	592*
Child Health	562
Clinic Influenza Shots	620
General Health	3,305
HIV Testing (clinic tests)	302
Immunizations	3,009
Satellite Immunizations	589
Travel Immunizations	827
Lactation (breastfeeding) Consultation	8
Nutrition Consultation	38
Prenatal	687
Reproductive Health°	920
TB Testing	1,304
Total Visits for 2005	12,277
*Women assisted with the cost of exams. Although on state-wide hold from April through September, BCCP still served just 55 fewer clients than last year.	
°Includes Women's Health and STD testing and treatment.	




What they're saying about our Clinic Nurses:

"Just wanted to let you know the professionalism, courtesy and timely responses your staff utilized in performing the physicals and immunizations for the storm clean-up applicants were much appreciated. Your cooperation in working with our ever-changing time frames meant so much to our carrying out our enrollment and start-up."

Darryl B. Eyster, Richland-Crawford OneStop

Environmental Health

The Environmental Health Services division conducts a variety of programs that prevent, protect, and educate our communities about potentially harmful elements in our environment.



"Ever wonder who makes sure your fast food is safe? What about water and septic? Hoo, boy: these guys and gals are BUSY!"

Environmental Health 2005	Total*
Air Pollutions	126
Campgrounds	42
Communicable Diseases	7
Foodborne Illness Outbreaks	5
Food Establishments (grocery stores)	513
Food Services (all types & restaurants)	2,670
Lead Contamination	288
Manufactured Home Parks	190
Nuisance - food	27
Nuisance - other	389
Nuisance - sewage	130
Nuisance - solid waste	226
Rabies Control - dogs & cats	308
Rabies Control - wild & others	39
Plumbing - residential	1,849
Plumbing - commercial	1,414
Plumbing - other	143
Schools/Institutions	93
Sewage System, all types	797
New residential, sewage	489
Solid Waste	262
Swimming Pools	223
Vector Control (insects, rats)	316
Water Supply, all types	192
New residential, water	641
All other types (not categorized)	541
*Inspections, Investigations, Consultations	11,920

What they're saying about our EH Staff:

"Dear John (Harbeck). Thank you for discussing the importance of food safety. Students gave positive comments on their learning about safety issues and the benefits to them. You are appreciated for the time and dedication you gave and to the commitment in making Richland County a safer place to live."

Karen Miller, CACY, Informed Teens Coordinator



Hi here bringing you some more great information about the Health Department.

Check out our WIC program below. For more health information, contact the friendly people at Health Promotion!

WIC: Women, Infants & Children

Women, Infants, Children (WIC) is a health and nutrition program for pregnant and breast-feeding women, families with infants, and children under age five.

WIC provides nutrition education, referral to health care, a breast pump program and coupons redeemable for nutritious foods at approved grocery stores and Farmer's Markets.

The total number of WIC coupons issued for 2005 was 132,212. The value of these coupons was \$2,192,802.60, a significant boost to our Richland County economy. WIC participants served during 2005 averaged 3,252 per month.

Highlights for 2005 were:

- Special National Nutrition Month activities in March
- WIC Tea for Breast-feeding Moms in August
- Third Birthday Party for WIC children
- Baby Shower for prenatal WIC participants
- Special activities for Halloween and Christmas

WIC Client Totals for 2005	
New Participants.....	2,223
Recertifications.....	4,982
Other Contacts	5,557
Total Contacts	12,762

What they're saying about our WIC workers:
"They care about people. Always nice and willing to answer questions. They provide good nutrition information and are very helpful."
Client response to WIC staff evaluation

What they're saying about our Public Health Nurses:
"I am writing in regards to your satellite sites. They are convenient for me because it is around the corner from where I live. Shelly (Adkins) and Nancy (O'Diam) are super people and they made getting shots not so bad for my daughter, and for me it was a pleasure to see them every time. Keep up the good work. You're doing a wonderful job."
Susan Harry, Mansfield

"Mary Derr is amazing and the help that she has been is beyond anything I have experienced with public help. She is caring and always has time for us." "Racheal Baxter has done a good job evaluating our son and telling us ways to improve his progress." "Mollie Geissler does a great job for us answering questions and is very nice."
Various comments from BCMH families

Health Promotion

The Health Promotion/Education division provides our community with a variety of programs that address healthy lifestyles and disease prevention. This division organizes public and county cholesterol screenings and provides health information and resources.

Health Promotion Services

County Wellness Program:
539 county employee cholesterol screenings,
176 screenings at local worksites.

Safe Communities Grant:
Child Car Seat Safety Checks; Seat Belt Education;
DUI Awareness Education; Senior Driver Course

Education materials:
Brochures and Videos
Health Presentations
Maintain Health Department Web Site



County Wellness Program
Health Promotion and Education coordinates cholesterol screenings for the public and county employees through its county wellness program. 715 screenings were done at local worksites and county agencies in 2005.

What they're saying about our Wellness Program:
"Dana (Eichelberger) was so knowledgeable. She interacts so well with the group. The material she presented was easy to understand and very informative. Lots of fun."
County participant in Lunch-n-Learn presentation

What they're saying about our Health Educators:
"Thank you so much for donating all the child car seat information for our Safety Week. Hopefully together we helped out a lot of people."
Julie Deel, Mechanics Savings Bank, Mansfield
"Don't believe these two (co-teachers of class) can improve. Very polished. This is at least the fourth class I have attended and these are the best instructors ever!"
Comment sheet from Senior Driving Refresher Class, Butler

CONTACTING THE HEALTH DEPARTMENT	
Main Number.....	419-774-4500
Environmental Health	419-774-4520
Public Health Nursing	419-774-4540
Health Promotion/Education.....	419-774-4544
WIC.....	419-774-4560
Public Health Clinic.....	419-774-4700
Internet Website.....	www.richlandhealth.org

Funding/Organization, 2005

SUPPORT: \$5,303,385

Levy (41.2%).. ..	\$2,184,344
Fees, Licenses, Permits (29.3%)... ..	1,552,347
State/Federal Grants (20.6%)	1,092,790
Contracts (8.2%)	438,450
State Subsidy (.7%)	35,454

Carryover from 2005: \$2,622,440



SERVICES: \$5,405,171

Public Health Nursing (28.9%)	\$1,561,856
Public Health Clinic (26.3%)	1,419,429
Environmental Health (26.2%)	1,417,740
WIC (10.3%)..	558,878
Health Promotion/Education (5.0%)	267,641
Vital Statistics (3.3%)	179,627



GRANT INCOME: \$1,092,790

WIC - Nutrition and Education	\$476,068
Infrastructure	186,084
Child & Family Health Services	152,091
Breast & Cervical Cancer Screening.	130,000
Immunizations - Satellite areas... ..	30,305
Women's Health Services.....	30,000
Safe Communities	22,964
Senior Health Screenings.....	19,366



District Advisory Council - 2005

This council meets annually in March to bring health concerns and recommendations to the Board of Health and to appoint new members from the county. Members include the chairman of each township's board of trustees, village mayors and the president of the county commission.

Townships - Bloominggrove: Kenneth Burrer, Jr. • Butler: Matthew Pickworth • Cass: Joseph Miller • Franklin: John McCarron • Jackson: Ruby Korbas • Jefferson: Bob McConkie • Madison: Larry Ferguson • Mifflin: Russell Reed • Monroe: Roger Maglott • Perry: Walter Berg • Plymouth: Ivan King • Sandusky: Daniel Gorbett • Sharon: Edward Schumacher • Springfield: Michael Frye • Troy: Wayne Weirick • Washington: Bob Entenmann • Weller: Roger Fulk • Worthington: Gary Smith. **Mayors** - Bellville: Carolyn Studenmund • Butler: Don Gillespie • Lexington: Eugene Parkison • Lucas: John Finley • Mansfield: Lydia Reid • Ontario: Thom Durbin • Plymouth: Keith Hebble • Shiloh: Timothy Wireman. **Chair, County Commissioners** - Ed Olson.

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From the Commissioner



On October 31, 1918, with our nation in the grip of a pandemic flu that would kill half a million in the U.S., our Board of Health issued the following:

- 1) No public meeting be held inside any building.
- 2) All billiard and pool rooms and bowling alleys be closed.
- 3) All factories, stores, offices and other places of business...shall not have a person employed therein or thereon who is suffering from a severe cold...or influenza.
- 4) There shall be no crowding, congregating or loafing in any store or other place of business...
- 5) All special sales of goods or wares are prohibited if they cause any crowding.

Last year, our health department was advised by Centers for Disease Control and the Ohio Department of Health to make preparations and plans to respond to a potential new pandemic flu. Though we had been on alert for a potential pandemic flu outbreak for several years, that threat became imminent with the global spread of Avian (bird) Flu that has been shown to have a fatality rate above 35% when contracted by a person.

Our health department has developed plans and will continue our preparations into 2006. We will also begin educating other agencies, businesses, government officials and citizens about planning and preparations they should begin doing.

While we pray we will never need these plans to face a new pandemic flu like the one in 1918, we know there is always value in emergency planning. There will always be new communicable diseases that will require responses to protect the public health. We will be prepared and respond accordingly.

BOARD OF HEALTH - 2005

Mansfield: Robert Exten, MD; Jeffrey Fogt; John F. Leech, DDS; Matthew Maiyer, R.Ph.; Frank Russo; Ontario: Daniel Burwell, DO, Chair; Barbara Cinadr, RN. **County:** Angela Thompson; Carol Michaels, Sr. Rep.; Steven Phillips, DVM; Holbrook Riles, Jr., DO, Vice-Chair; John Studenmund, JD; Jean Swartz; Violet Wetzell.

ADMINISTRATION

Stan Saalman, MSEP, JD, RS, Commissioner; Jerome E. Hurley, MD, Medical Director; Joe Evans, RS, MPH, Environmental Health Director; Kathy Rogols, BSN, RN, Director of Nursing; Tina Picman, MS, RDLD, WIC Director; Richard Bartelheim, Fiscal Operations Director; Selby Dorgan, LSW, Health Promotion/Education Director.

Now you know how we operate and what we do. Here's the place! Call or visit.

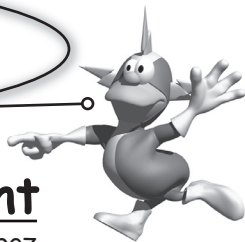


Mansfield/Ontario/Richland County

Health Department

555 Lexington Ave. • Mansfield, OH 44907
419-774-4500 • www.richlandhealth.org

Protecting and Promoting Health with an Ounce of Prevention
An equal opportunity employer/provider of services



"Goodbye."

Now, back to our Superhero!

THE CONTINUING ADVENTURES OF

HEALTH DEPARTMENT SUPERHERO

A PRODUCTION OF
THE MANSFIELD/ONTARIO/
RICHLAND COUNTY HEALTH
DEPARTMENT

2005 ANNUAL REPORT

It looks quiet... but looks can be deceiving.

HEALTH DEPARTMENT SUPERHERO SWOOPS OVER HIS NOT SO SECRET HIDEOUT AT 555 LEXINGTON AVE. AND STERKEL BLVD. IN MANSFIELD.

Wait. What's this! >>>

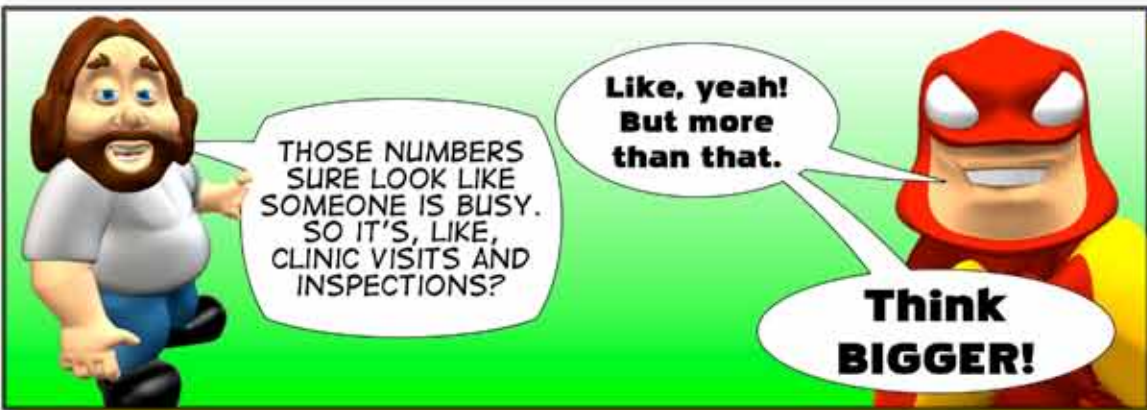
Pardon, citizen. Why the tiptoeing?

I'M BEING QUIET. ISN'T THIS A HOSPITAL ZONE WITH SICK PEOPLE?

While it's true that we help sick people get better in our PUBLIC HEALTH CLINIC, we're different from a hospital. We don't do emergency health care, BUT we do a lot more than most people could possibly imagine. One of our biggest duties is making sure Richland County citizens like yourself don't get sick in the first place. We call it "an ounce of prevention."

Let my sidekick "Hi Energy" help explain inside.

Mansfield/Ontario/Richland County
HEALTH DEPARTMENT
Protecting and Promoting Health with an Ounce of Prevention





SO THE HEALTH DEPARTMENT DOES MORE THAN MOST PEOPLE THINK?



NOW YOU'RE GETTING IT!

From Public Health and Clinic Nurses to Sanitarians and Social Workers ... there's a lot more than meets the eye!

It's all about Prevention, Protection, Education and Treatment.





Essentially, everyone working in public health is a superhero. And when Richland County citizens care about public health, they're superheroes, too.

This has been a publication by the Mansfield/Ontario/Richland County Health Department



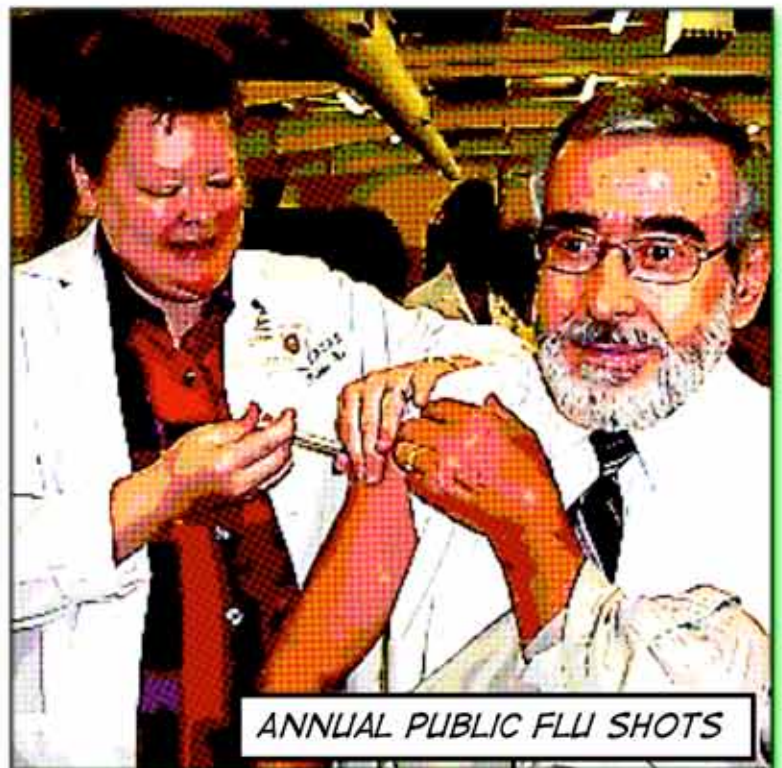
For more information or additional copies, contact Health Promotion at 419-774-4544.



HIKE FOR HEALTH



PLUMBING INSPECTIONS



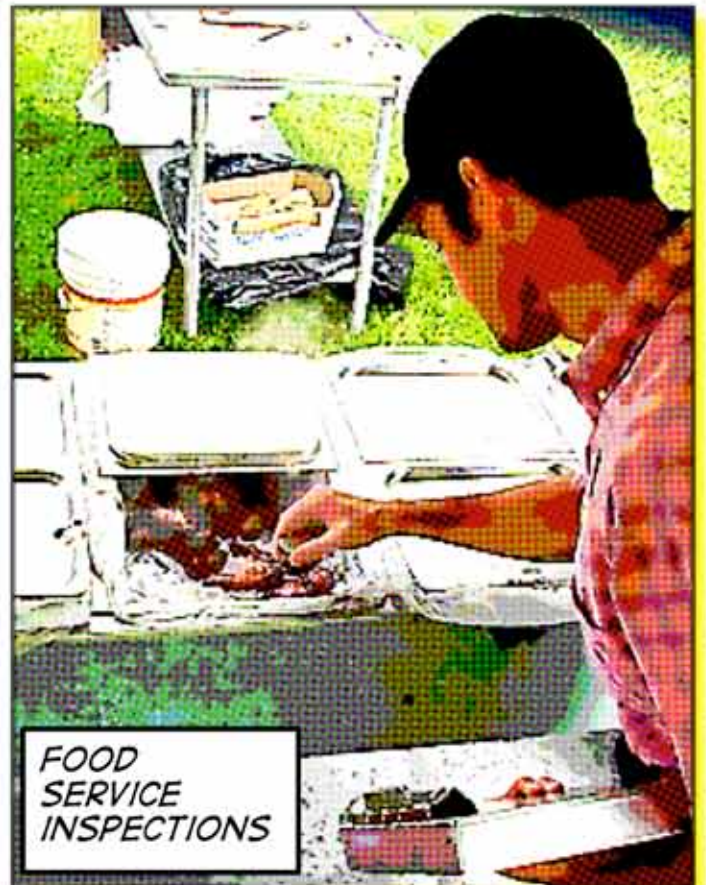
ANNUAL PUBLIC FLU SHOTS



NEWBORN HOME VISITS



BUREAU FOR CHILDREN WITH MEDICAL HANDICAPS



FOOD SERVICE INSPECTIONS



LEAD TESTING FOR CHILDREN



Here are more details about your health department. >>>